# Deep brain stimulation (DBS) of the nucleus accumbens in treatment-refractory patients with obsessive-compulsive disorder (OCD)

Submission date Recruitment status [ ] Prospectively registered 07/06/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 07/06/2006 Completed [X] Results [ ] Individual participant data Last Edited Condition category 30/05/2013 Mental and Behavioural Disorders

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

**Protocol serial number** N/A

# Study information

Scientific Title

# **Study objectives**

DBS in the nucleus accumbens can lead to long-term improvement of obsessive-compulsive symptoms and functioning, without unacceptable side-effects.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomized, placebo-controlled trial

# Primary study design

Interventional

# Study type(s)

Treatment

# Health condition(s) or problem(s) studied

Obsessive-compulsive disorder (OCD)

#### **Interventions**

Stereotactic implantation of bilateral DBS electrodes in the nucleus accumbens. Placebo: no stimulation.

# **Intervention Type**

Other

#### **Phase**

Not Specified

# Primary outcome(s)

- 1. Change on the Y-BOCS
- 2. Number of responders, defined as a decrease on the Y-BOCS >35%

# Key secondary outcome(s))

- 1. Hamilton Depression Rating Scale (HDRS-17)
- 2. Hamilton Anxiety Scale (HAS)
- 3. Symptom Checklist 90 (SCL-90)
- 4. Quality of life enjoyment and satisfaction questionnaire
- 5. Sheehan Disability Scale (SDS)
- 6. Clinical Global Impression (CGI)
- 7. Y-BOCS checklist

# Completion date

01/07/2007

# **Eligibility**

#### Key inclusion criteria

- 1. Primary diagnosis: OCD (300.3) according to Diagnostic and Statistical Manual of Mental Disorders Fourth Edition (DSM-IV) criteria using the mini-international neuropsychiatric interview (MINI) plus interview as a diagnostic instrument
- 2. Illness duration >5 years
- 3. Yale-Brown obsessive-compulsive scale (Y-BOCS) total >27, measured twice at least two weeks apart
- 4. Disabling severity with substantial functional impairment according to the DSM-IV criterion C and a global assessment of function (GAF) score of <45
- 5. Age 18 65 years
- 6. Written informed consent
- 7. Able to fully understand the consequences of the procedure (intelligence quotient [IQ] >80)
- 8. Dutch speaking and able to answer all study questions
- 9. Capable to make his or her own choice without coercion
- 10. Treatment refractory is defined as no response or insufficient response (still fulfilling the inclusion criteria) following:
- a. Two treatments with a selective serotonin reuptake inhibitor (SSRI) at a maximum dose for and least 12 weeks
- b. One treatment with clomipramine at the maximum dose for at least 12 weeks, with assessment of clomipramine/desmethylclomipramine plasma levels to control for sufficient bioavailability
- c. At least one augmentation trial with an a typical antipsychotic for 8 weeks in combination with an SSRI
- d. At least one (cognitive) behavioural therapy trial for 16 weeks in combination with an effective drug for the treatment of OCD

# Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

Adult

# Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

Any of the following unstable physical conditions: Parkinson's disease, dementia, epilepsy, schizophrenia or history of psychosis, alcohol or substance abuse during last 6 months, current tic disorder, antisocial personality disorder, body dismorphic disorder, pregnancy, use of psychiatric medication other than stable use of one SSRI or clomipramine, one benzodiazepine, one atypical antipsychotic.

#### Date of first enrolment

# Date of final enrolment 01/07/2007

# Locations

# Countries of recruitment

Netherlands

Study participating centre
Academic Medical Center (AMC)
Amsterdam
Netherlands
1100 DD

# Sponsor information

#### Organisation

Academic Medical Center (AMC) (The Netherlands)

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

# Funder type

University/education

#### Funder Name

Academic Medical Center (AMC)

#### Alternative Name(s)

Academic Medical Center, AMC

#### **Funding Body Type**

Private sector organisation

# **Funding Body Subtype**

Universities (academic only)

#### Location

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2010		Yes	No
Results article	results	01/02/2014		Yes	No