

# Deep brain stimulation (DBS) of the nucleus accumbens in treatment-refractory patients with obsessive-compulsive disorder (OCD)

<b>Submission date</b> 07/06/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/06/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/05/2013	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr P.R. Schuurman

### Contact details

Academic Medical Center (AMC)

Department of Neurosurgery

P.O. Box 22660

Amsterdam

Netherlands

1100 DD

+31 (0)20 5669111

p.r.schuurman@amc.nl

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

### Scientific Title

### Study objectives

DBS in the nucleus accumbens can lead to long-term improvement of obsessive-compulsive symptoms and functioning, without unacceptable side-effects.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomized, placebo-controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Obsessive-compulsive disorder (OCD)

### Interventions

Stereotactic implantation of bilateral DBS electrodes in the nucleus accumbens.  
Placebo: no stimulation.

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

1. Change on the Y-BOCS
2. Number of responders, defined as a decrease on the Y-BOCS >35%

## **Secondary outcome measures**

1. Hamilton Depression Rating Scale (HDRS-17)
2. Hamilton Anxiety Scale (HAS)
3. Symptom Checklist 90 (SCL-90)
4. Quality of life enjoyment and satisfaction questionnaire
5. Sheehan Disability Scale (SDS)
6. Clinical Global Impression (CGI)
7. Y-BOCS checklist

## **Overall study start date**

27/03/2006

## **Completion date**

01/07/2007

# **Eligibility**

## **Key inclusion criteria**

1. Primary diagnosis: OCD (300.3) according to Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV) criteria using the mini-international neuropsychiatric interview (MINI) plus interview as a diagnostic instrument
2. Illness duration >5 years
3. Yale-Brown obsessive-compulsive scale (Y-BOCS) total >27, measured twice at least two weeks apart
4. Disabling severity with substantial functional impairment according to the DSM-IV criterion C and a global assessment of function (GAF) score of <45
5. Age 18 - 65 years
6. Written informed consent
7. Able to fully understand the consequences of the procedure (intelligence quotient [IQ] >80)
8. Dutch speaking and able to answer all study questions
9. Capable to make his or her own choice without coercion
10. Treatment refractory is defined as no response or insufficient response (still fulfilling the inclusion criteria) following:
  - a. Two treatments with a selective serotonin reuptake inhibitor (SSRI) at a maximum dose for and least 12 weeks
  - b. One treatment with clomipramine at the maximum dose for at least 12 weeks, with assessment of clomipramine/desmethylclomipramine plasma levels to control for sufficient bioavailability
  - c. At least one augmentation trial with an atypical antipsychotic for 8 weeks in combination with an SSRI
  - d. At least one (cognitive) behavioural therapy trial for 16 weeks in combination with an effective drug for the treatment of OCD

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

16

**Key exclusion criteria**

Any of the following unstable physical conditions: Parkinson's disease, dementia, epilepsy, schizophrenia or history of psychosis, alcohol or substance abuse during last 6 months, current tic disorder, antisocial personality disorder, body dysmorphic disorder, pregnancy, use of psychiatric medication other than stable use of one SSRI or clomipramine, one benzodiazepine, one atypical antipsychotic.

**Date of first enrolment**

27/03/2006

**Date of final enrolment**

01/07/2007

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

**Academic Medical Center (AMC)**

Amsterdam

Netherlands

1100 DD

## **Sponsor information**

**Organisation**

Academic Medical Center (AMC) (The Netherlands)

**Sponsor details**

P.O. Box 22660

Amsterdam

Netherlands

1100 DD

**Sponsor type**

University/education

**ROR**

<https://ror.org/03t4gr691>

## Funder(s)

### Funder type

University/education

### Funder Name

Academic Medical Center (AMC)

### Alternative Name(s)

Academic Medical Center, AMC

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Universities (academic only)

### Location

Netherlands

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/10/2010		Yes	No
<a href="#">Results article</a>	results	01/02/2014		Yes	No