# A randomised, double-blinded, placebocontrolled trial using cardiovascular magnetic resonance (CMR) scanning to assess remodelling and regression of fibrosis in cardiomyopathy with eplerenone

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
28/09/2007	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
28/09/2007	Completed	Results
Last Edited	Condition category	Individual participant data
12/10/2017	Circulatory System	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

## Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

EudraCT/CTIS number

IRAS number

### ClinicalTrials.gov number

## Secondary identifying numbers

N0201163398

# Study information

#### Scientific Title

A randomised, double-blinded, placebo-controlled trial using cardiovascular magnetic resonance (CMR) scanning to assess remodelling and regression of fibrosis in cardiomyopathy with eplerenone

## Study objectives

To demonstrate regression of fibrosis in patients with cardiomyopathy who are treated with eplerenone using cardiovascular magnetic resonance. This trial compares patients taking the drug eplerenone with patients who don't and whether it reduces the amount of fibrosis (scarring) of the heart.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Riverside Research Ethics Committee Charing Cross Hospital (UK), 09/10/2006, ref 06/Q0401/50

### Study design

Randomised double-blinded placebo-controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Cardiovascular: Cardiomyopathy

#### **Interventions**

Eplerenone vs placebo

# Intervention Type

Drug

#### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Eplerenone

#### Primary outcome measure

Reduction in amount of fibrosis as determined by CMR Late enhancement

### Secondary outcome measures

- 1. Improvement in myocardial oxygen consumption (MVO2)
- 2. Reduction in major adverse cardiovascular events

### Overall study start date

27/10/2006

#### Completion date

26/10/2008

# **Eligibility**

#### Key inclusion criteria

Stable patients with an established diagnosis of cardiomyopathy as assessed by history, examination and typical ECG/Echo findings who are on maximally tolerated doses of appropriate drugs with no changes being made to the prescription in the 2 months preceding the start of the trial.

## Participant type(s)

**Patient** 

## Age group

Adult

#### Sex

Both

## Target number of participants

140

#### Key exclusion criteria

- 1. Patients already established on treatment with an aldosterone antagonist
- 2. Patients with contraindications to eplerenone (hyperkalaemia, renal failure)
- 3. Critically ill patients requiring respiratory and/or circulatory support
- 4. Pacemaker or ICD
- 5. Implanted ferromagnetic cerebrovascular clips
- 6. Pregnant women (precautionary only)
- 7. Intolerance of confined spaces
- 8. Inability to lie supine for 60 minutes

9. Unwilling or unable to give written informed consent

10.Atrial fibrillation or ventricular bigeminy

11. Any contraindication to CMR.

12. Recent MI

13. HCM patients who have received surgical/alcohol ablation treatment

#### Date of first enrolment

27/10/2006

#### Date of final enrolment

26/10/2008

## Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre Royal Brompton & Harefield NHS Trust

London United Kingdom SW3 6NP

# **Sponsor information**

### Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

## Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

## Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

## Funder type

Government

#### **Funder Name**

Royal Brompton and Harefield NHS Trust (UK), No External Funding, NHS R&D Support Funding

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration