

Evaluating a school-based programme to prevent offending behaviour among young people

Submission date 16/06/2021	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 16/06/2021	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 15/03/2023	Condition category Other	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

The programme to be evaluated here is a universal life skills education programme. It is designed to help young people make safer and healthier choices and reduce offending behaviours including hate, knife, drug and alcohol-related crime. The aim of this study is to find out whether the DARE25 programme is associated with more prosocial behaviour among participating Year 6 pupils.

Who can participate?

Year 6 pupils at recruited primary schools in England

What does the study involve?

Participating schools are randomly allocated to the intervention group or the control group. In the treatment group Year 6 pupils will participate in ten one-hour lessons delivered by a trained DARE officer. The lessons will take place in the child's regular classroom. The class teacher and classroom assistants will be present, although the session is led by the DARE officer. The lessons will involve a combination of role play, age-related scenarios, group skills sessions, discussion groups, reading and writing exercises and/or other interactive methods. The control group schools operate on a 'business-as-usual' basis and receive the DARE 25 programme after the end of the study.

What are the possible benefits and risks of participating?

Pupils may benefit from improved confidence in decision making. The intervention is delivered in school with the class teacher present. This environment reduces the risk of harm to participating pupils.

When did the study start and how long does it last?

October 2019 to July 2021

Who is funding the study?

Youth Endowment Foundation (UK)

Who is the main contact?

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Contact information

Type(s)

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

Evaluation of DARE 25: a clustered randomised controlled trial of a school-based programme to prevent offending behaviour among young people

Acronym

DARE 25

Study objectives

That completion of the DARE25 programme is associated with more prosocial behaviour among participating Year 6 pupils as measured by the primary and secondary outcome measures.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 23/10/2020, by the Sheffield Hallam University ethical review committee (Sheffield Hallam University, Sheffield, S1 1AY, UK; Tel: not available; ethicssupport@shu.ac.uk), ref: ER27796305

Study design

Cluster randomized trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Offending behaviours including hate, knife, drug and alcohol-related crime

Interventions

This efficacy trial uses a two-arm, two-level design, with pupils clustered into schools. The unit of randomisation is the school. Schools were randomly allocated to the treatment or control group at two separate times: December 2020 for Cohort A, and March 2021 for Cohort B. Delivery was scheduled for Spring (Cohort A) and Summer (Cohort B) terms of 2021, but due to COVID-19 school closures all delivery was moved to the Summer term (April-July 2021).

In the treatment group Year 6 pupils will participate in ten one-hour lessons delivered by a trained DARE officer. The lessons will take place in the child's regular classroom. The class teacher and classroom assistants will be present, although the session is led by the DARE officer. The lessons will involve a combination of role play, age-related scenarios, group skills sessions, discussion groups, reading and writing exercises and/or other interactive methods. This is followed by a graduation ceremony that is held in school.

The control group schools operate on a 'business-as-usual' basis and receive the DARE 25 programme after the end of the study.

Intervention Type

Behavioural

Primary outcome(s)

Prosocial behaviour measured using the Strengths and Difficulties Questionnaire (SDQ) at baseline and 3-8 months later

Key secondary outcome(s)

Prosocial behaviour measured using the Problem Behaviour Frequency Scale (PBFS) at baseline and 3-8 months later

Completion date

28/07/2021

Eligibility**Key inclusion criteria**

The intervention is aimed at Year 6 pupils and is intended to be delivered in class. In recruited schools it is expected that the entire Year 6 cohort participates, with the exception of pupils withdrawn by their parents or carers. As such, there was no screening of individual participants.

Participant type(s)

Other

Healthy volunteers allowed

No

Age group

Child

Sex

All

Total final enrolment

3881

Key exclusion criteria

Not in Year 6 during the 2020/21 school year

Date of first enrolment

01/11/2020

Date of final enrolment

30/03/2021

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre
Sheffield Hallam University
Arundel Building
Sheffield
United Kingdom
S1 1AY

Sponsor information

Organisation
Youth Endowment Fund

Funder(s)

Funder type
Charity

Funder Name
Youth Endowment Fund

Results and Publications

Individual participant data (IPD) sharing plan

Personal data will be kept securely in a password protected folder accessible only to members of the evaluation team. The SHU evaluation team will comply with General Data Protection Regulation (GDPR legal basis: public task Article 6 (1e)) and the SHU Data Protection Policy Statement. Please refer to the link for more information: <https://www.shu.ac.uk/about-this-website/privacy-policy/privacy-notices/privacy-notice-for-research>

After the evaluation is finished (in 2022), the pupil data collected (name, unique pupil number, date of birth) will be sent to the Department for Education (at which point Sheffield Hallam University cease to be responsible for the data), where it will be stored in a pseudonymised form to allow future research into the relationship between participating in DARE 25, educational attainment and criminal records. All personal data will be deleted at this stage. No pupils will be individually identifiable in the data archived. For more detail please see:

https://youthendowmentfund.org.uk/wp-content/uploads/2020/10/YEF_Data_Guidance_Participants_Nov2020.pdf

IPD sharing plan summary
Stored in repository

Study outputs

Output type

[Funder report results](#)

[Participant information sheet](#)

Details	Date created	Date added	Peer reviewed?	Patient-facing?
	01/09/2022	15/03/2023	No	No
		08/07/2021	No	Yes