

# Randomised controlled trial comparing two treatment methods for symptomatic haemorrhoidal disease

<b>Submission date</b> 05/05/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/06/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/01/2020	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Mr Malcolm Loudon

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

A randomised trial of stapled haemorrhoidopexy versus rubber band ligation in the treatment of circumferential symptomatic grade II haemorrhoids

## Study objectives

Treatment with stapled haemorrhoidopexy produces better symptom control and less recurrent disease compared to rubber band ligation; both are considered to treat the disease in a similar mechanism of fixing the haemorrhoidal cushion without excising them.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Grampian Research Ethics Committee on the 11th August 2002 (ref: 01/0297).

## Study design

Single centre, randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Circumferential grade II symptomatic haemorrhoids

## Interventions

1. Rubber band ligation
2. Stapled haemorrhoidopexy

Both arms are treated as a one-off to begin with and then reviewed at six weeks. As per the protocol, If there is a recurrence of disease, a repeat treatment can be given. The rubber band ligation can be repeated up to four times at six-week intervals, before being declared failure of treatment. Similarly, the stapled haemorrhoidopexy will be repeated up to two more times before declared as failure of treatment.

Total follow-up is up to one year including 6-week and 26-week follow-ups in between.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Disease recurrence at six weeks and one year.

**Secondary outcome measures**

1. Symptom score (validated and published already)
2. Cleveland continence score
3. Quality of life score (36-item Short Form health survey [SF-36], EuroQoL instrument [EQ-5D] and Hospital Anxiety and Depression Scale [HAD] scores)
4. Cost effectiveness
5. Sphincter damage

All secondary outcomes were assessed at 6 weeks, 26 weeks and one year.

**Overall study start date**

20/10/2002

**Completion date**

02/04/2005

**Eligibility****Key inclusion criteria**

Circumferential grade II symptomatic haemorrhoids irrespective of age and gender.

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

60

**Key exclusion criteria**

1. Associated anaorctal sepsis
2. Associated colonic malignancy or inflammatory bowel disease
3. Associated anal sphincter pathology

**Date of first enrolment**

20/10/2002

**Date of final enrolment**

02/04/2005

**Locations****Countries of recruitment**

Scotland

United Kingdom

**Study participating centre****Ward 50**

Aberdeen

United Kingdom

AB25 2ZN

**Sponsor information****Organisation**

University of Aberdeen Medicines Assessment Research Unit (MARU)

**Sponsor details**

c/o Mr MA Loudon and Mr AJM Watson

Grampian Hospitals NHS Trust

Aberdeen Royal Infirmary

Ward 50

Foresterhill

Aberdeen

Scotland

United Kingdom

AB25 2ZN

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.nhsgrampian.org>

**ROR**

<https://ror.org/016476m91>

**Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Ethicon Endo-Surgery (Europe) GmbH (Germany)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2010		Yes	No