

The effects of exercise upon health related quality of life in multiple sclerosis patients

Submission date 30/09/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 30/09/2005	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 17/04/2014	Condition category Nervous System Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0138156179

Study information

Scientific Title

Study objectives

To examine the effects of a supervised exercise program in patients with MS

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Multiple sclerosis (MS)

Interventions

Patients are randomised to:

1. Supervised exercise program
2. Care as usual

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Health related quality of life
2. Physical function
3. Expanded Disability Status Scale (EDSS)
4. Immune function

Secondary outcome measures

No secondary outcome measures

Overall study start date

01/04/2005

Completion date

31/03/2006

Eligibility

Key inclusion criteria

50 adult MS patients

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

50 adults

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/2005

Date of final enrolment

31/03/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
The Dept of Primary Care and General Practice
Birmingham
United Kingdom
B15 2TT

Sponsor information

Organisation
Department of Health

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type
Government

Funder Name
Midland Research Practices Consortium (MidReC) (UK)

Funder Name
Royal Hallamshire Hospital (UK) - Neurology Department

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2013		Yes	No