# Interrupted or continuous slowly absorbable Sutures - Evaluation of abdominal Closure Techniques

Submission date Recruitment status [X] Prospectively registered 03/02/2004 No longer recruiting [X] Protocol Statistical analysis plan Overall study status Registration date 08/03/2004 Completed [X] Results [ ] Individual participant data Last Edited Condition category 14/02/2012 Surgery

# Plain English summary of protocol

Not provided at time of registration

# Contact information

### Type(s)

Scientific

#### Contact name

Prof Markus W Büchler

#### Contact details

Im Neuenheimer Feld 110 Heidelberg Germany 69120 +49 (0)622 156 6200 markus.buechler@med.uni-heidelberg.de

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

KSC 04/2003

# Study information

### Scientific Title

### **Acronym**

**INSECT-Trial** 

### Study objectives

Patients undergoing primary median laparotomy for an elective surgical intervention.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

The final protocol was approved by the ethics committee of the University of Heidelberg, Medical School.

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Abdominal surgery

#### **Interventions**

A standardised surgical approach for opening of the abdomen is performed in all patients with a midline incision of at least 15 cm length.

The randomisation will proceed when the operation has been finished and the abdominal wall cavity should be closed. The treatment groups are:

- 1. Two continuous groups use the same technique with a 4 to 1 ratio (suture to incision length)
- 2. Two loops will be used in each patient and tied together in the middle of the incision
- 3. One interrupted suture group: vicryl sutures are used with standard pointed needles

The stitches are performed from the cranial end to the middle of the incision and then from the caudal end also to the middle of the incision. Once all the stitches are made, each suture is tied with at least four knots. The subcutaneous tissue is not sutured and no subcutaneous drainage is used in all patients. The skin is closed with clips or single stitches of a non-absorbable monofilament suture material. The postoperative treatment is standardised.

### Intervention Type

Procedure/Surgery

#### Phase

Not Applicable

### Primary outcome measure

The frequency of incisional hernias between three different abdominal fascia closure methods after one year postoperatively.

### Secondary outcome measures

Frequencies of early and late onset complications such as burst abdomen, postoperative pulmonary complications, wound infections and incisional hernias after three years postoperatively.

### Overall study start date

01/07/2004

### Completion date

31/08/2007

# **Eligibility**

### Key inclusion criteria

- 1. Aged equal or greater than 18 years
- 2. Expected survival time more than 12 months
- 3. Patients undergoing primary and elective median laparotomy (patients with prior laparoscopy or abdominal operation via paramedian incision (e.g. appendectomy) may be included in the trial)
- 4. Body mass index (BMI) less than 35
- 5. Expected length of incision greater than 15 cm
- 6. Patient must be able to give informed consent
- 7. Patient has given informed consent

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

#### Sex

Both

### Target number of participants

600

### Key exclusion criteria

- 1. Peritonitis
- 2. Emergency surgery
- 3. Participation in another intervention-trial with interference of intervention and outcome of this study
- 4. Coagulopathy: a group of disorders of the blood clotting (coagulation) system in which bleeding is prolonged and excessive with abnormal values in the blood laboratory
- 5. Severe psychiatric or neurologic diseases
- 6. Lack of compliance
- 7. Drug- and/or alcohol-abuse according to local standards
- 8. Current immunosuppressive therapy (more than 40 mg of a corticoid per day or azathioprin)
- 9. Chemotherapy within 2 weeks before operation
- 10. Radiotherapy of the abdomen completed longer than 8 weeks before operation
- 11. Inability to follow the instructions given by the investigator or the telephone interviewer (insufficient command of language, dementia, lack of time)
- 12. Lack of informed consent

### Date of first enrolment

01/07/2004

### Date of final enrolment

31/08/2007

# Locations

### Countries of recruitment

Germany

Study participating centre Im Neuenheimer Feld 110 Heidelberg Germany 69120

# Sponsor information

### Organisation

BBD Aesculap GmbH (Germany)

### Sponsor details

Am Aesculap Platz Tuttlingen Germany 78532

### Sponsor type

Industry

### **ROR**

https://ror.org/04nxj7050

# Funder(s)

### Funder type

Industry

### Funder Name

BBD Aesculap GmbH (Germany)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Protocol article	Protocol	08/03/2005	Yes	No
Other publications	Sub-study on the ethical review process	01/02/2007	Yes	No
Results article	results	01/04/2009	Yes	No
Results article	results	08/02/2012	Yes	No