

# Facilitating cardiac rehabilitation behaviours; a randomised controlled trial

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 27/02/2020	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0436130485

# Study information

## Scientific Title

Facilitating cardiac rehabilitation behaviours; a randomised controlled trial

## Study objectives

To evaluate the effect of an information leaflet informed by beliefs about causes of myocardial infarction (MI) upon patients' cardiac rehabilitation behaviours and treatments for MI.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Quality of life

## Participant information sheet

## Health condition(s) or problem(s) studied

Myocardial infarction

## Interventions

Random allocation to

1. Treatment a
  2. Treatment b (different leaflets)
- Qualitative methodology: Interviews; Questionnaire.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

1. Attendance at cardiac rehabilitation
2. Changes in health related behaviours including

- 2.1. smoking
- 2.2. diet
- 2.3. exercise
- 2.4. changes in anxiety and depression
- 2.5. return to work/hobbies

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/04/2003

**Completion date**

01/10/2004

## Eligibility

**Key inclusion criteria**

Patients who have had a first myocardial infarction.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/04/2003

**Date of final enrolment**

01/10/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
Department of Psychiatry & Behavioural Sciences  
Leeds  
United Kingdom  
LS1 3EX

## **Sponsor information**

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Leeds Teaching Hospitals NHS Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Thesis results</a>	PhD thesis			No	No