# A prospective cohort study of laparoscopic sleeve gastrectomy for weight loss in obese patients on haemodialysis: proof of concept

Submission date	Recruitment status	Prospectively registered	
21/06/2011	No longer recruiting	Protocol	
Registration date	Overall study status	Statistical analysis plan	
21/06/2011	Completed	[X] Results	
Last Edited	Condition category	Individual participant data	
18/12/2015	Urological and Genital Diseases		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

Miss Helen MacLaughlin

### Contact details

King's College Hospital Denmark Hill London United Kingdom SE5 9RS

# Additional identifiers

Protocol serial number 10025

# Study information

### Scientific Title

A prospective cohort study of laparoscopic sleeve gastrectomy for weight loss in obese patients on haemodialysis: proof of concept

### Study objectives

Obesity can cause chronic kidney disease and lead to kidney failure. However, obese patients are less likely to be eligible for kidney transplantation - the best treatment option for patients with kidney failure. Weight loss surgery is an effective treatment for weight loss but has not yet been studied systematically in patients with kidney failure.

This research aims to find out whether weight loss surgery is an effective and safe treatment for obesity in patients with kidney failure on haemodialysis.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

10/H0716/55

### Study design

Non-randomised, interventional, treatment

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Renal and Urogenital

### **Interventions**

- 1. 15 volunteer haemodialysis patients with a body mass index > 35 will have keyhole surgery to reduce the size of their stomach to limit food intake and hunger. 2. The weight loss surgery procedure selected is the sleeve gastrectomy
- 3. In this operation, the size of the stomach is permanently reduced to one-third of its original size by removing some of the stomach to form a smaller, tube shaped stomach.
- 4. Another 15 patients with a body mass index >35 who choose not to have keyhole surgery will also be studied as a comparison group
- 5. Weight loss, achieving the body mass index criteria for listing for kidney transplantation, quality of life, changes in blood pressure and blood fats and the safety of the operation will be measured over 1 year

### **Intervention Type**

Drug

### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Orlistat

### Primary outcome(s)

- 1. BMI <35 kg/m2
- 2. Measured at timepoint(s) of 6 and 12 months

### Key secondary outcome(s))

No secondary outcome measures

### Completion date

30/09/2011

# Eligibility

### Key inclusion criteria

- 1. On haemodialysis for at least 90 days
- 2. Male or female, aged > 18 years
- 3. BMI >  $35 \text{ kg/m}^2$
- 4. Previously attempted weight loss (surgery arm only)
- 5. Fit for anesthesia and surgery (surgery arm only)
- 6. Written informed consent

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

All

### Key exclusion criteria

- 1. Pregnancy
- 2. History of chronic liver disease
- 3. Previous bariatric surgery, gastric surgery or large hiatus hernia
- 4.Psychiatric illness, including anxiety, mood and untreated eating disorders
- 5. Malnutrition (assessed by subjective global assessment)
- 6. Infection or course of antibiotics within the last month
- 7. Peritoneal dialysis

### Date of first enrolment

07/02/2011

### Date of final enrolment

30/09/2011

# Locations

### Countries of recruitment

### United Kingdom

England

Study participating centre Denmark Hill London United Kingdom

United Kingdoi SE5 9RS

# Sponsor information

# Organisation

Kings College London

### **ROR**

https://ror.org/0220mzb33

# Funder(s)

# Funder type

Charity

### **Funder Name**

**British Renal Society** 

## Alternative Name(s)

**BRS** 

# **Funding Body Type**

Private sector organisation

# Funding Body Subtype

Associations and societies (private and public)

### Location

**United Kingdom** 

# **Results and Publications**

# Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2012		Yes	No