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Midwife-led debriefing after operative birth

Submission date	Recruitment status	[ ] Prospectively registered
04/11/2005	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
09/11/2005	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
02/11/2022	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
HS330

Study information

Scientific Title
Midwife-led debriefing after operative birth

Study objectives
The provision of a midwife-led debriefing session to women after an operative birth will reduce maternal depression at six months postpartum.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from La Trobe University Human Ethics Committee (ref: P1995/39).

Study design
Randomised controlled trial with off-site telephone randomisation determined by computer generated, adaptive biased coin randomisation schedules for each research midwife.

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Prevention

Participant information sheet

Health condition(s) or problem(s) studied
Maternal depression

Interventions
The intervention was a debriefing session for women with a research midwife during their postnatal stay. The key elements of the session involved:
1. Identifying emotional responses
2. Encouraging their expression and legitimising them
3. Provision of active listening
4. Reflection
5. Encouragement of the expression of womens experiences
6. Acceptance of distress, anger and pain
7. Naming and normalising the experience
8. Avoidance of offering solutions

Women in both arms of the trial received a pamphlet on sources of assistance for mothers on discharge from hospital after an operative birth.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Prevalence of maternal depression at six months postpartum measured by the Edinburgh Postnatal Depression Scale and overall maternal health status measured by the 36-item short form (SF-36) health status measure.

Secondary outcome measures
1. Satisfaction with care
2. Experience of the birth
3. Maternal health problems
4. For women participating in debriefing, their opinion about its helpfulness

Overall study start date
01/03/1996

Completion date
30/10/1998

Eligibility

Key inclusion criteria
Women giving birth by caesarean section, or with the assistance of forceps or vacuum extraction.

Participant type(s)
Patient

Age group
Adult

Sex
Female

Target number of participants
1040

Key exclusion criteria
1. Women who had stillbirths or babies weighing less than 1500 g
2. Women who were ill or whose babies were ill
3. Women whose private obstetricians had refused permission to approach them
4. Women who had insufficient English to participate

Date of first enrolment
01/03/1996

Date of final enrolment
30/10/1998

Locations

Countries of recruitment
Australia

Study participating centre
Mother & Child Health Research
Carlton
Australia
3053

Sponsor information

Organisation
National Health and Medical Research Council

Sponsor details
Office of NHMRC (MDP 100)
GPO Box 9848
Canberra, ACT
Australia
2601
+61 (0)2 6289 1555
research@nhmrc.gov.au

Sponsor type
Research council

Website
http://www7.health.gov.au/nhmrc/index.htm

ROR
https://ror.org/011kf5r70

Funder(s)

Funder type
Research council

Funder Name
National Health and Medical Research Council

Alternative Name(s)
NHMRC

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
Australia

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan
Not provided at time of registration

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		28/10/2000		Yes	No
Results article		01/03/2006		Yes	No