# Randomised, multicentre, open clinical trial assessing the effectiveness and safety of simplification to atazanavir + ritonavir versus continuation of a stable antiretroviral regimen on lopinavir/ritonavir

Submission date	Recruitment status  No longer recruiting	Prospectively registered	
12/09/2005		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
20/01/2006	Completed	[X] Results	
<b>Last Edited</b> 04/08/2009	Condition category Infections and Infestations	[] Individual participant data	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Jose Gatell

#### Contact details

Infectious Diseases and HIV Unit Hospital Clinic Villarroel 170 Barcelona Spain 08036

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

# Secondary identifying numbers

**ATAZIP** 

# Study information

#### Scientific Title

# **Study objectives**

Comparison of the effectiveness and tolerability when switching lopinavir/ritonavir to atazanavir + ritonavir in HIV-1-infected patients on lopinavir/ritonavir and viral load <200 copies/ml.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Multicentre randomised open-label controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

# Participant information sheet

# Health condition(s) or problem(s) studied

Chronic human immunodeficiency virus (HIV) infection.

#### **Interventions**

- 1. Continue current therapy
- 2. Switch lopinavir/ritonavir to atazanavir 300 mg + ritonavir 100 mg once a day (QD)

# Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

# Atazanavir + ritonavir and lopinavir/ritonavir

# Primary outcome measure

Proportion of patients with two consecutive viral load determinations above 200 copies/ml (polymerase chain reaction [PCR] estándar, Amplicor Monitor Roche) during the study period (12 months after randomization).

# Secondary outcome measures

- 1. Mean increase in CD4 counts
- 2. Incidence of adverse events (clinical and laboratory) leading to treatment discontinuation
- 3. Changes in lipid profile (cholesterol, triglyceride) and insulin resistance
- 4. Anthropometric changes
- 5. Incidence of C events (CDC 1993)
- 6. Death for any cause

# Overall study start date

15/02/2004

# Completion date

31/12/2006

# **Eligibility**

# Key inclusion criteria

- 1. Male and female
- 2. HIV-1 infection
- 3. Age 18 and above
- 4. On antiretroviral therapy including lopinavir/ritonavir for at least 6 months
- 5. Viral load <200 copies/ml for at least 3 months
- 6. Written informed consent

# Participant type(s)

Patient

# Age group

Adult

# Lower age limit

18 Years

#### Sex

Both

# Target number of participants

300

#### Key exclusion criteria

- 1. Pregnancy, breastfeeding, intention to become pregnant during study period
- 2. Aspartate aminotransferase (ASAT) or alanine aminotransferase (ALAT) >/= 5 x upper limit of normal (ULN); creatinine >/= 2.0 mg/dl; total bilirubin >/= 3 x ULN

- 3. Alcoholism or drug abuse potentially impairing adherence or increasing risk of pancreatitis or hepatitis
- 4. Any formal contraindication to receive the study drugs
- 5. Active heart conduction alterations or long QTc or electrocardiogram (ECG) suggesting atrioventricular (AV) block
- 6. Patients with five or more mutations of resistance to protease inhibitors (PIs)
- 7. Patients with more than two virological failures to PIs

#### Date of first enrolment

15/02/2004

# Date of final enrolment

31/12/2006

# Locations

# Countries of recruitment

Spain

# Study participating centre Infectious Diseases and HIV Unit

Barcelona Spain 08036

# Sponsor information

# Organisation

Sponsor not yet defined (Spain)

# Sponsor details

Infectious Diseases and HIV Unit Hospital Clinic Villarroel 170 Barcelona Spain 08036

# Sponsor type

Not defined

# Funder(s)

# Funder type

# Industry

#### **Funder Name**

Bristol-Myers Squibb (BMS)

# Alternative Name(s)

Bristol-Myers Squibb Company, BMS

# **Funding Body Type**

Government organisation

# Funding Body Subtype

For-profit companies (industry)

# Location

United States of America

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2009		Yes	No