# Acupuncture for osteoarthritis of the knee: a pilot for a randomised controlled trial

Submission date Recruitment status Prospectively registered 22/06/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 04/10/2006 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 18/02/2010 Musculoskeletal Diseases

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

Dr Hugh MacPherson

#### Contact details

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## Additional identifiers

**Protocol serial number** N/A

## Study information

Scientific Title

**Acronym** 

## **Study objectives**

That a full-scale randomised controlled trial is feasible, and that the design can be optimised on the basis of the pilot

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

York Local Research Ethics Committee (reference no.:06/Q1108/30), approval received on 09/06/2006.

## Study design

A pilot for a randomised controlled trial.

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Osteoarthritis of the knee

#### **Interventions**

Group one: acupuncture plus usual General Practitioner (GP) care

Group two: usual GP care alone

## Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome(s)

The impact of acupuncture on osteoarthritis of the knee will be measured using the WOMAC™ knee and hip osteoarthritis index, the Knee injury and Osteoarthritis Outcome Score (KOOS) and the Oxford knee score

## Key secondary outcome(s))

Quality of life will be assessed using the EuroQOL 5D Instrument (EQ-5D)

## Completion date

31/12/2008

# **Eligibility**

## Key inclusion criteria

Patients over 50 years old who have consulted in primary care with a diagnosis of osteoarthritis of the knee and are experiencing ongoing pain and stiffness in the knee

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

### Age group

Adult

#### Sex

All

## Key exclusion criteria

- 1. Currently receiving acupuncture
- 2. Pending litigation related to the knee
- 3. Under cancer care review
- 4. Haemophilia
- 5. Rheumatoid arthritis
- 6. Total knee or hip surgery on the affected side

#### Date of first enrolment

01/07/2006

#### Date of final enrolment

31/12/2008

## Locations

#### Countries of recruitment

United Kingdom

England

Study participating centre
Department of Health Sciences
York
United Kingdom

YO10 5DD

# Sponsor information

## Organisation

University of York (UK)

#### **ROR**

https://ror.org/04m01e293

# Funder(s)

## Funder type

Research council

#### Funder Name

Medical Research Council Health Services Research Collaboration, Research Initiative Grant (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/10/2009		Yes	No