

Acupuncture for osteoarthritis of the knee: a pilot for a randomised controlled trial

Submission date 22/06/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 04/10/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/02/2010	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Acronym

AOK

Study objectives

That a full-scale randomised controlled trial is feasible, and that the design can be optimised on the basis of the pilot

Ethics approval required

Old ethics approval format

Ethics approval(s)

York Local Research Ethics Committee (reference no.:06/Q1108/30), approval received on 09/06/2006.

Study design

A pilot for a randomised controlled trial.

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Osteoarthritis of the knee

Interventions

Group one: acupuncture plus usual General Practitioner (GP) care

Group two: usual GP care alone

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

The impact of acupuncture on osteoarthritis of the knee will be measured using the WOMAC™ knee and hip osteoarthritis index, the Knee injury and Osteoarthritis Outcome Score (KOOS) and the Oxford knee score

Secondary outcome measures

Quality of life will be assessed using the EuroQOL 5D Instrument (EQ-5D)

Overall study start date

01/07/2006

Completion date

31/12/2008

Eligibility

Key inclusion criteria

Patients over 50 years old who have consulted in primary care with a diagnosis of osteoarthritis of the knee and are experiencing ongoing pain and stiffness in the knee

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

30

Key exclusion criteria

1. Currently receiving acupuncture
2. Pending litigation related to the knee
3. Under cancer care review
4. Haemophilia
5. Rheumatoid arthritis
6. Total knee or hip surgery on the affected side

Date of first enrolment

01/07/2006

Date of final enrolment

31/12/2008

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Department of Health Sciences
York
United Kingdom
YO10 5DD

Sponsor information

Organisation
University of York (UK)

Sponsor details
Research Support Office
Heslington
York
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United Kingdom
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smf3@york.ac.uk

Sponsor type
University/education

Website
<http://www.york.ac.uk/research>

ROR
<https://ror.org/04m01e293>

Funder(s)

Funder type
Research council

Funder Name
Medical Research Council Health Services Research Collaboration, Research Initiative Grant (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/10/2009		Yes	No