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Acupuncture for osteoarthritis of the knee: a pilot for a randomised controlled trial

Submission date	Recruitment status	[ ] Prospectively registered
22/06/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
04/10/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
18/02/2010	Musculoskeletal Diseases	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Acronym
AOK

Study objectives
That a full-scale randomised controlled trial is feasible, and that the design can be optimised on the basis of the pilot

Ethics approval required
Old ethics approval format

Ethics approval(s)
York Local Research Ethics Committee (reference no.:06/Q1108/30), approval received on 09/06/2006.

Study design
A pilot for a randomised controlled trial.

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
GP practice

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Osteoarthritis of the knee

Interventions
Group one: acupuncture plus usual General Practitioner (GP) care
Group two: usual GP care alone

Intervention Type
Other

Phase
Not Specified

Primary outcome measure

The impact of acupuncture on osteoarthritis of the knee will be measured using the WOMAC™ knee and hip osteoarthritis index, the Knee injury and Osteoarthritis Outcome Score (KOOS) and the Oxford knee score

Secondary outcome measures
Quality of life will be assessed using the EuroQOL 5D Instrument (EQ-5D)

Overall study start date
01/07/2006

Completion date
31/12/2008

Eligibility

Key inclusion criteria
Patients over 50 years old who have consulted in primary care with a diagnosis of osteoarthritis of the knee and are experiencing ongoing pain and stiffness in the knee

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
30

Key exclusion criteria
1. Currently receiving acupuncture
2. Pending litigation related to the knee
3. Under cancer care review
4. Haemophilia
5. Rheumatoid arthritis
6. Total knee or hip surgery on the affected side

Date of first enrolment
01/07/2006

Date of final enrolment
31/12/2008

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Department of Health Sciences
York
United Kingdom
YO10 5DD

Sponsor information

Organisation
University of York (UK)

Sponsor details
Research Support Office
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Sponsor type
University/education

Website
http://www.york.ac.uk/research

ROR
https://ror.org/04m01e293

Funder(s)

Funder type
Research council

Funder Name
Medical Research Council Health Services Research Collaboration, Research Initiative Grant (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/10/2009		Yes	No