

# A double-blind placebo-controlled trial of intra-articular triamcinolone with and without physiotherapy in adhesive capsulitis

**Submission date**  
15/07/2002

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
15/07/2002

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
03/10/2007

**Condition category**  
Musculoskeletal Diseases

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Ian Ryans

### Contact details

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## Additional identifiers

### Protocol serial number

M0567

## Study information

### Scientific Title

**Study objectives**

To assess the effectiveness of intra-articular triamcinolone injection and physiotherapy singly or combined in the treatment of adhesive capsulitis of the shoulder.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Adhesive capsulitis of the shoulder

**Interventions**

1. Intra-articular triamcinolone and physiotherapy
2. Intra-articular triamcinolone without physiotherapy
3. Intra-articular placebo and physiotherapy
4. Intra-articular placebo without physiotherapy

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Triamcinolone

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/04/2002

**Eligibility****Key inclusion criteria**

Painful shoulder for more than 4 weeks and less than 6 months with greater than 25% limitation of active and passive range of movement in external rotation and abduction as compared with the contralateral shoulder.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/1998

**Date of final enrolment**

01/04/2002

**Locations****Countries of recruitment**

United Kingdom

Northern Ireland

**Study participating centre****Rheumatology Department**

Dundonald

United Kingdom

BT16 1RH

**Sponsor information****Organisation**

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

## Funder(s)

### Funder type

Charity

### Funder Name

Arthritis Research Campaign (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	01/04/2005		Yes	No