

# Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Indonesia

**Submission date**  
09/02/2006

**Recruitment status**  
No longer recruiting

**Registration date**  
09/06/2006

**Overall study status**  
Completed

**Last Edited**  
15/08/2008

**Condition category**  
Mental and Behavioural Disorders

- ☐ Prospectively registered
- ☐ Protocol
- ☐ Statistical analysis plan
- ☒ Results
- ☐ Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

N/A

# Study information

## Scientific Title

### Study objectives

A psychosocial school-based program is capable of reducing conflict-related psychosocial symptoms, and increasing children's strength to deal with armed-conflict related psychosocial difficulties

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ongoing at ethical review board of Vrije Universiteit Amsterdam as of 09/06/06

### Study design

Cluster randomisation of schools to intervention (structured school-based psychosocial program) or waitlist condition (receiving treatment after the research)

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Multiple impact of armed conflict on psychosocial wellbeing (post-traumatic stress disorder)

### Interventions

Classroom-based structured, manualized psychosocial intervention, called the class-room based intervention (CBI), as designed by the Center for Trauma Psychology (Boston, Massachusetts) versus the waitlist condition.

The CBI entails a 15-session program that encompasses working with the trauma narrative, creative techniques (drama, music), and specifically designed games. The waitlist condition simply entails the provision of treatment after the research is finished.

### Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Post-traumatic stress disorder (PTSD) and depressive symptoms

**Secondary outcome measures**

1. Anxiety
2. Aggression
3. Daily functioning
4. Social support
5. Sociometric measurements (sociogram)
6. Coping
7. Family functioning
8. Hope
9. School functioning (grades, absenteeism)

**Overall study start date**

15/03/2006

**Completion date**

31/05/2007

**Eligibility****Key inclusion criteria**

Children screened for exposure to traumatic events, post-traumatic stress symptoms or depressive anxiety symptoms, with the use of symptom checklists

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Both

**Target number of participants**

110 per treatment arm (10 selected groups); total 240 children

**Key exclusion criteria**

Serious psychopathology and psychiatric disorders (mutism, retardation, psychotic symptoms) or incapability to function in a group (conduct disorders, harming others), as judged by local psychosocial counsellors

**Date of first enrolment**

15/03/2006

**Date of final enrolment**

31/05/2007

**Locations****Countries of recruitment**

Indonesia

Netherlands

**Study participating centre**

c/o HealthNet TPO

Amsterdam

Netherlands

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**Sponsor information****Organisation**

HealthNet TPO (The Netherlands)

**Sponsor details**

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**Sponsor type**

Charity

**Website**

<http://www.healthnettpo.org>

**ROR**

<https://ror.org/0088fq38>

**Funder(s)****Funder type**

Charity

**Funder Name**

Plan International (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	13/08/2008		Yes	No