

# Randomised double-blind controlled trial of Perhexiline in heart failure with preserved ejection fraction syndrome (HFpEF)

<b>Submission date</b> 12/05/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/05/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 02/10/2017	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
7196

# Study information

## Scientific Title

Randomised double-blind controlled trial of Perhexiline in heart failure with preserved ejection fraction syndrome (HFpEF)

## Acronym

Perhexiline in HFpEF

## Study objectives

This study is investigating the effect of perhexiline on patients with heart failure and preserved ejection fraction (HFpEF). Heart failure is a condition that is defined by the heart's impaired energetic status. The trialists hypothesise that by improving the heart's energetic status with the metabolic modulating drug perhexiline, we will improve the patients exercise capacity. This improvement in exercise capacity will be due to improved cardiac energetics and improved diastolic function.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

MREC approved (ref: 08/H1207/84)

## Study design

Multicentre randomised interventional treatment trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Topic: Cardiovascular; Subtopic: Cardiovascular (all Subtopics); Disease: Cardiovascular

## Interventions

Perhexiline/placebo randomised in a 50:50 fashion. The perhexiline is started at 100 mg per oral twice daily (bd) and titrated according to serum levels. The medication is ceased after 3 months of therapy.

Follow-up length: 3 months  
Study entry: single randomisation only

**Intervention Type**

Drug

**Phase**

Phase III

**Drug/device/biological/vaccine name(s)**

Perhexiline

**Primary outcome measure**

Peak oxygen consumption (VO2 max)

**Secondary outcome measures**

Symptomatic status (Modified Minnesota Living with Heart Failure Questionnaire)

**Overall study start date**

01/03/2009

**Completion date**

30/09/2012

**Eligibility****Key inclusion criteria**

Heart failure normal ejection fraction diagnosed by signs or symptoms of heart failure and limitation on metabolic exercise testing

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Planned sample size: 50

**Key exclusion criteria**

1. Renal or liver impairment
2. Atrial fibrillation
3. Contraindication to magnetic resonance imaging (MRI)
4. Contraindication to perhexiline

**Date of first enrolment**

01/03/2009

**Date of final enrolment**

30/09/2012

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**University of Birmingham**

Birmingham

United Kingdom

B15 2TT

## **Sponsor information**

**Organisation**

University Hospital Birmingham NHS Foundation Trust (UK)

**Sponsor details**

Department of Cardiothoracic Surgery

Edgbaston

Birmingham

England

United Kingdom

B15 2PR

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.uhb.nhs.uk/>

**ROR**

<https://ror.org/014ja3n03>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

British Heart Foundation (BHF) (UK)

**Alternative Name(s)**

the\_bhf, The British Heart Foundation, BHF

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration