

# Effect of Stem-Kine Food Supplement on Circulating Stem Cells

<b>Submission date</b> 08/02/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 25/02/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/08/2011	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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Wichita  
United States of America  
67219

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
2009-02

## Study information

**Scientific Title**

# Effect of Stem-Kine Food Supplement on Circulating Stem Cells: an observational trial

## Acronym

ESFSCSC

## Study objectives

The food supplement Stem-Kine may cause a modulation of circulating stem cell numbers in healthy volunteers

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Institutional Review Board of The Center for Improvement of Human Health International, Wichita, Kansas, USA approved on the 29th of July 2009 (ref: 2009-02)

## Study design

Observational

## Primary study design

Observational

## Secondary study design

Cohort study

## Study setting(s)

Other

## Study type(s)

Other

## Participant information sheet

Not available in web format, please use contact below to request a patient information sheet.

## Health condition(s) or problem(s) studied

Healthy Volunteers

## Interventions

Ingestion of the commercially-available food supplement Stem-Kine:

Two 8 ml blood draws in heparinized Vacutainer tubes are collected by venipuncture before administration of Stem-Kine supplementation (day 0) and at days 1, 2, 7, and 14. Study participants are required to ingest two capsules of Stem-Kine (700mg/capsule) in the morning and two in the evening for 14 days.

Comparison is made pre- and post- treatment all recruited subjects.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Alteration in circulating hematopoietic and endothelial progenitor cells.

Blood samples taken pre-supplementation (day 0), and at days 1, 2, 7, and 14 are analyzed by flow cytometry and colony forming assays

**Secondary outcome measures**

Changes in overall health/mood, based on self reporting

**Overall study start date**

01/08/2009

**Completion date**

01/12/2009

## Eligibility

**Key inclusion criteria**

1. Healthy adults, ages 20-72
2. Signed informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

18

**Key exclusion criteria**

1. Systemic immune-compromised state
2. Ongoing infection or disease conditions
3. Significant abnormalities in biochemistry or complete blood count panels

**Date of first enrolment**

01/08/2009

**Date of final enrolment**

01/12/2009

## Locations

**Countries of recruitment**

United States of America

**Study participating centre**  
3100 North Hillside Avenue  
Wichita  
United States of America  
67219

## Sponsor information

**Organisation**  
Medistem Inc (USA)

**Sponsor details**  
9255 Towne Centre Drive, Suite 450  
San Diego  
United States of America  
92122

**Sponsor type**  
Industry

**ROR**  
<https://ror.org/03andxb27>

## Funder(s)

**Funder type**  
Charity

**Funder Name**  
Allan P Markin (Canada) - individual funder

**Funder Name**  
The Aidan Foundation (USA)

**Funder Name**  
The Center For The Improvement Of Human Functioning International (USA)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration