

# Development and pilot testing of the Question Prompt List (QPL) intervention to meet information needs of advanced cancer patients

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<b>Registration date</b> 12/05/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 13/12/2019	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-study-looking-new-way-helping-people-advanced-cancer-get-the-information-they-need-qpl-pilot-study>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

7138

## Study information

### Scientific Title

Development and pilot testing of the Question Prompt List (QPL) intervention to meet information needs of advanced cancer patients

## **Acronym**

Question Prompt List

## **Study objectives**

Information provision persists as a primary unmet need in advanced cancer. Some interventions can be costly (e.g. group intervention or personalised, tailored interventions). This intervention has been demonstrated, in its original Australian format, to improve the number of questions asked and to reduce unmet information needs. We intend that a cheap, feasible, acceptable and potentially efficacious intervention (based on the Australian intervention) modeled to the UK setting from the Australian example will be designed, and a full randomised controlled trial (RCT) protocol will be generated that can provide patient and carer based outcomes to assess efficacy. Further, having piloted the intervention, a learning effect among clinicians in a subsequent full trial may be minimised. The patient-centred, low-cost, easily produced and disseminated intervention could be easily incorporated into advanced cancer care services.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

MREC approved (ref: 09/H1102/21)

## **Study design**

Multicentre observational process of care qualitative study

## **Primary study design**

Observational

## **Study type(s)**

Quality of life

## **Health condition(s) or problem(s) studied**

Topic: National Cancer Research Network; Subtopic: All Cancers/Misc Sites; Disease: All

## **Interventions**

The Questionnaire Prompt List (QPL) is an innovative intervention designed to address these unmet needs among patients and carers. It is brief, patient/carers-centred and controlled by them, very low cost, and proven to be efficacious. It provides patients and carers with a list of topics and specific questions that they may wish to raise with their clinician should they wish, and offers both wording and topics to facilitate ability to pose questions of current or potential future concern.

Follow up length: 1 month

Study entry: registration only

## **Intervention Type**

Other

## **Phase**

Not Applicable

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/04/2010

## **Eligibility**

**Key inclusion criteria**

Phase I:

1. 20 adult patients and 20 informal carers aged 18 years or older, either sex
2. A diagnosis of an advanced progressive malignancy
3. Under care of KCH acute inpatient palliative care/GSTT home palliative care
4. Sufficient spoken English to engage in a qualitative interview

Patient and carer dyads are not necessary.

Phase II:

1. 30 adult patients aged 18 years or older, either sex
2. A diagnosis of an advanced progressive malignancy
3. Sufficient ability to speak and read English to utilise the intervention and engage in research interviews

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Aged under 18 years
2. Insufficient Spoken/written English

**Date of first enrolment**

10/08/2009

**Date of final enrolment**

30/04/2010

## Locations

### Countries of recruitment

United Kingdom

England

### Study participating centre

Department of Palliative Care

London

United Kingdom

SE5 9RJ

## Sponsor information

### Organisation

King's College Hospital NHS Foundation Trust (UK)

### ROR

<https://ror.org/01n0k5m85>

## Funder(s)

### Funder type

Charity

### Funder Name

Dimbleby Cancer Care (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes