# Impact of azithromycin and clarithromycin therapy on pharyngeal carriage of macrolideresistant streptococci among healthy volunteers: a randomised, double-blind, placebo-controlled trial

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
18/07/2006		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
04/09/2006		[X] Results		
Last Edited	Condition category	Individual participant data		
25/09/2009	Infections and Infestations			

# Plain English summary of protocol

Not provided at time of registration

## Contact information

# Type(s)

Scientific

#### Contact name

Prof Herman Goossens

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

## ClinicalTrials.gov number

## Secondary identifying numbers

N/A

# Study information

### Scientific Title

## **Study objectives**

To assess the direct impact of antibiotic use at the individual level.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved by the Medical Ethics Committee at the University Hospital of Antwerp, Belgium (reference: 2/29/106).

## Study design

Randomised double-blind placebo-controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

# Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Pharyngeal carriage of macrolide-resistant streptococci

#### **Interventions**

Volunteers were administered either azithromycin (500 mg) once daily for three days, clarithromycin (500 mg) twice daily for seven days, or a placebo.

## Intervention Type

Drug

## Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Azithromycin and clarithromycin

## Primary outcome measure

Changes in proportions of Macrolide-Resistant Streptococcal (MRS) carriage in the oropharynx.

## Secondary outcome measures

Variations in the oropharyngeal carriage of macrolide-resistance genes due to macrolide exposure.

## Overall study start date

01/07/2002

## Completion date

30/10/2003

# **Eligibility**

## Key inclusion criteria

Healthy adults (18 years of age or older, non-pregnant, free of any respiratory tract infection and not having been administered any antibiotic at least in the past three months) were recruited after informed consent.

## Participant type(s)

Patient

## Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

## Target number of participants

203

## Key exclusion criteria

- 1. Less than 18 years
- 2. Having a respiratory infection
- 3. Having taken an antibiotic course in the previous three months

## Date of first enrolment

01/07/2002

### Date of final enrolment

30/10/2003

# **Locations**

## Countries of recruitment

Belgium

Study participating centre Dept. of Medical Microbiology

Antwerp Belgium B-2610

# Sponsor information

## Organisation

Abbott Pharmaceuticals (Belgium)

## Sponsor details

ABBOTT s.a./n.v. Parc Scientifique Rue du Bosquet 2 Ottignies Louvain-La-Neuve Belgium B-1348

## Sponsor type

Industry

## **ROR**

https://ror.org/04x0p4p48

# Funder(s)

# Funder type

Industry

## **Funder Name**

Abbott Pharmaceuticals (Belgium)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	10/02/2007		Yes	No