

# Impact of azithromycin and clarithromycin therapy on pharyngeal carriage of macrolide-resistant streptococci among healthy volunteers: a randomised, double-blind, placebo-controlled trial

**Submission date**

18/07/2006

**Recruitment status**

No longer recruiting

Prospectively registered

Protocol

**Registration date**

04/09/2006

**Overall study status**

Completed

Statistical analysis plan

Results

**Last Edited**

25/09/2009

**Condition category**

Infections and Infestations

Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

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**Contact details**

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N/A

## **Study information**

**Scientific Title**

**Study objectives**

To assess the direct impact of antibiotic use at the individual level.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approved by the Medical Ethics Committee at the University Hospital of Antwerp, Belgium (reference: 2/29/106).

**Study design**

Randomised double-blind placebo-controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Pharyngeal carriage of macrolide-resistant streptococci

**Interventions**

Volunteers were administered either azithromycin (500 mg) once daily for three days, clarithromycin (500 mg) twice daily for seven days, or a placebo.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Azithromycin and clarithromycin

**Primary outcome measure**

Changes in proportions of Macrolide-Resistant Streptococcal (MRS) carriage in the oropharynx.

**Secondary outcome measures**

Variations in the oropharyngeal carriage of macrolide-resistance genes due to macrolide exposure.

**Overall study start date**

01/07/2002

**Completion date**

30/10/2003

**Eligibility****Key inclusion criteria**

Healthy adults (18 years of age or older, non-pregnant, free of any respiratory tract infection and not having been administered any antibiotic at least in the past three months) were recruited after informed consent.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

203

**Key exclusion criteria**

1. Less than 18 years
2. Having a respiratory infection
3. Having taken an antibiotic course in the previous three months

**Date of first enrolment**

01/07/2002

**Date of final enrolment**

30/10/2003

# Locations

## Countries of recruitment

Belgium

## Study participating centre

Dept. of Medical Microbiology

Antwerp

Belgium

B-2610

# Sponsor information

## Organisation

Abbott Pharmaceuticals (Belgium)

## Sponsor details

ABBOTT s.a./n.v.

Parc Scientifique

Rue du Bosquet 2

Ottignies

Louvain-La-Neuve

Belgium

B-1348

## Sponsor type

Industry

## ROR

<https://ror.org/04x0p4p48>

# Funder(s)

## Funder type

Industry

## Funder Name

Abbott Pharmaceuticals (Belgium)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	10/02/2007		Yes	No