

# Influence of laparoscopy and/or fast-track multimodal management on gastrointestinal motility in comparison to open surgery and/or standard care

<b>Submission date</b> 20/12/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 20/12/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 18/11/2008	<b>Condition category</b> Cancer	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

NTR276

# Study information

## Scientific Title

## Acronym

TRANSIT-study

## Study objectives

That minimal invasive laparoscopic surgery and/or multimodal patient care (fast-track) can prevent post-operative ileus and/or improve post-surgical gastrointestinal motility compared to open surgery and/or conventional patient care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Received from the local medical ethics committee

## Study design

Randomised, double-blind, active controlled, parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Colorectal cancer

## Interventions

Laparoscopic surgery and fast-track peri-operative care. At the start and at the end of the surgical procedure peritoneal lavage fluid and blood samples are collected. Cytokine levels in these samples will be determined and cells will be isolated. 24 hours post-operative a labeled test-meal will be administered orally. Abdominal scans will be made 2, 24 and 48 hours after intake of the test-meal.

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Gastrointestinal transit

**Secondary outcome measures**

1. Clinical evaluation (passage of first stool, passage of first flatus, time till normal oral food-intake, time till discharge)
2. Intra-abdominal inflammatory status

**Overall study start date**

01/09/2005

**Completion date**

01/07/2007

**Eligibility**

**Key inclusion criteria**

1. Aged between 40 and 80 years
2. Colorectal cancer including colon and rectosigmoid cancers
3. Informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

1. Prior midline laparotomy
2. American Society of Anaesthesiologists (ASA) grade IV
3. Laparoscopic surgeon not available
4. Prior upper and/or lower midline laparotomy
5. Emergency colectomy
6. Contraindications for epidural (coagulation disorders)
7. Planned stoma

**Date of first enrolment**

01/09/2005

**Date of final enrolment**

01/07/2007

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre****Academic Medical Centre**

Amsterdam

Netherlands

1100 DD

## **Sponsor information**

**Organisation**

Academic Medical Centre (AMC) (Netherlands)

**Sponsor details**

Meibergdreef 9

Amsterdam

Netherlands

1105 AZ

**Sponsor type**

University/education

**Website**

<http://www.amc.uva.nl/>

**ROR**

<https://ror.org/03t4gr691>

## **Funder(s)**

**Funder type**

Other

**Funder Name**

Internal funding

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration