# A randomised controlled trial comparing the Gonadotrophin Releasing Hormone agonist long regimen versus the Gonadotrophin Releasing Hormone agonist short regimen versus the Gonadotrophin Releasing Hormone antagonist regimen in poor responders undergoing in vitro fertilisation treatment

<b>Submission date</b> 01/09/2006	<b>Recruitment status</b> No longer recruiting	<ul><li>[X] Prospectively registered</li><li>Protocol</li></ul>
Registration date 27/10/2006	Overall study status Completed	<ul><li>Statistical analysis plan</li><li>[X] Results</li></ul>
<b>Last Edited</b> 05/11/2013	<b>Condition category</b> Pregnancy and Childbirth	[] Individual participant data

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

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# Additional identifiers

## **EudraCT/CTIS** number

2006-004460-31

**IRAS** number

ClinicalTrials.gov number

# Secondary identifying numbers

EudraCT No 2006-004460-31

# Study information

Scientific Title

## **Acronym**

PRINT (Poor Responders INtervention Trial)

## **Study objectives**

Different interventions have been proposed to improve response to ovarian stimulation in poor responders. These include various interventions for downregulation, ovarian stimulation and adjuvant therapies. Following review and analysis of existing evidence for downregulation regimens we were not able to ascertain which the best down regulation regimen is for poor responders in In Vitro Fertilisation (IVF) treatment. We, therefore, propose a randomised trial to answer this question.

There is however lack of evidence to show that any one intervention improves outcome significantly. The purpose of this study is to compare the three most commonly used regimens in IVF treatment and find out whether any one regimen is significantly better.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Ethics approval pending as of 27/10/2006.

# Study design

Prospective, concealed, single-blind, three-arm randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

## Study setting(s)

Other

# Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Poor ovarian response in In Vitro Fertilisation (IVF)

#### **Interventions**

Each intervention group will be receiving one of the following treatments:

- 1. The Gonadotrophin Releasing Hormone (GnRH) agonist long regimen
- 2. The GnRH agonist short regimen
- 3. The GnRH antagonist regimen

## **Intervention Type**

Drug

#### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Gonadotrophin Releasing Hormone (GnRH) agonist long regimen, GnRH agonist short regimen and GnRH antagonist regimen.

## Primary outcome measure

Number of oocytes retrieved at egg collection

## Secondary outcome measures

- 1. Total FSH dose used for ovarian stimulation
- 2. Number of mature oocytes retrieved
- 3. Number of embryos available for transfer
- 4. Clinical pregnancies (ultrasound evidence of foetal heart at eight weeks gestation)

## Overall study start date

01/11/2006

## Completion date

01/05/2008

# Eligibility

### Key inclusion criteria

Any woman undergoing an IVF treatment cycle with or without Intra Cytoplasmic Sperm Injection (ICSI) who is considered to be a "poor responder" is eligible to participate in the trial.

For this study a "poor responder" is defined as a woman who had a previous IVF treatment cycle in which she was stimulated with a daily dose of Follicle Stimulating Hormone (FSH) of 300 IU or more for at least nine days and:

- 1. Produced an inadequate number of mature follicles (three or less follicles measuring more than or equal to 17 mm, or
- 2. Had three or less oocytes retrieved at oocyte retrieval

## Participant type(s)

**Patient** 

## Age group

Adult

## Sex

Female

## Target number of participants

34 participants in each arm giving a total of 102 participants

## Key exclusion criteria

- 1. Women aged more than 40 years
- 2. Women with a single ovary

## Date of first enrolment

01/11/2006

## Date of final enrolment

01/05/2008

# Locations

# Countries of recruitment

England

**United Kingdom** 

## Study participating centre Assisted Conception Unit

London United Kingdom SE1 9RT

# Sponsor information

## Organisation

Guy's and St Thomas' NHS Foundation Trust and King's College London (UK)

# Sponsor details

Guy's Hospital St Thomas' Street London England United Kingdom SE1 9RT

## Sponsor type

Hospital/treatment centre

## Website

http://www.guysandstthomas.nhs.uk/home.aspx

#### **ROR**

https://ror.org/00j161312

# Funder(s)

## Funder type

Hospital/treatment centre

### **Funder Name**

Assisted Conception Unit, Guy's and St Thomas' NHS Foundation Trust (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	28/12/2007		Yes	No