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Advance care planning in advanced cancer - can it be achieved? A patient preference trial of a care planning discussion

Submission date	Recruitment status	[_] Prospectively registered
08/01/2007	No longer recruiting	[_] Protocol
Registration date	Overall study status	[_] Statistical analysis plan
16/02/2007	Completed	[X] Results
Last Edited	Condition category	[_] Individual participant data
29/03/2022	Cancer	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title
Advance care planning in advanced cancer - can it be achieved? A patient preference trial of a care planning discussion

Study objectives
1. What is the acceptability and feasibility of a patient preference randomised controlled trial of an intervention to facilitate planning for end-of-life care?
2. Which outcomes are appropriate and measurable to assess the effectiveness of this intervention?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Royal Free Hospital and Medical School Local Research Ethics Committee. Approved on 17.08.06, ref 06/Q501/93

Study design
Randomised controlled patient preference trial

Primary study design
Interventional

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Cancer

Interventions
The intervention will consist of a one-to-one discussion with a trained mediator using a checklist of topic domains. Discussions will take place usually in participants' homes and last no more than one hour. Participants will be offered up to two further sessions with the mediator, to take place at a time of their choice. Discussions will be audio-taped and transcribed to examine the range and development of topics covered, how these change with time, and to ensure that the advisor has covered each domain as appropriate.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Change in scores on visual analogue scales measuring ability to discuss end-of-life planning with primary and secondary care professionals and close persons/members of the family

Key secondary outcome(s))

1. Completion of an advance directive
2. Psychological status
3. Satisfaction with care

Completion date
07/07/2008

Eligibility

Key inclusion criteria
1. Have completed a primary course of treatment and still have clinically detectable, progressive, active disease
2. Are considered by the referring health professional to be well enough to complete the advance care planning discussion
3. Are over 18 years of age
4. Are able to give informed consent
5. Do not have psychotic illness
6. Speak and understand English (able to complete the questionnaires/interview)

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Sex
Not Specified

Total final enrolment
77

Key exclusion criteria
1. Have not completed a primary course of treatment and still have clinically detectable, progressive, active disease
2. Are not considered by the referring health professional to be well enough to complete the advance care planning discussion
3. Are under 18 years of age
4. Are unable to give informed consent
5. Have psychotic illness
6. Do not speak and understand English (able to complete the questionnaires/interview)

Date of first enrolment
15/01/2007

Date of final enrolment
07/07/2008

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Marie Curie Palliative Care Research Unit
London
United Kingdom
NW3 2PF

Sponsor information

Organisation
University College London (UK)

ROR
https://ror.org/02jx3x895

Funder(s)

Funder type
Charity

Funder Name
Dimbleby Cancer Care (United Kingdom)

Results and Publications

Individual participant data (IPD) sharing plan
Not provided at time of registration

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2011		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Plain English results		20/07/2011	29/03/2022	No	Yes