# Early enteral supply of Intestamin® in severe sepsis and its influence on organ dysfunction

Prospectively registered Submission date Recruitment status 01/12/2005 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 02/06/2006 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 23/02/2010 Infections and Infestations

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr Richard Beale

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** N-IS1-10-UK

# Study information

#### Scientific Title

### **Study objectives**

To confirm that early enteral supply of Intestamin® to critically ill, septic patients results in a significantly faster reduction of daily total Sequential Organ Failure Assessment (SOFA) scores (organ dysfunction) during the first 5 treatment days compared to placebo (control supplement)

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

St Thomas' Hospital Research Ethics Committee

### Study design

Randomised, prospective, double-blind, placebo-controlled, monocentric, isoenergetic

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

# Health condition(s) or problem(s) studied

Sepsis

#### **Interventions**

Intestamin® versus placebo

### Intervention Type

Drug

#### Phase

**Not Specified** 

### Drug/device/biological/vaccine name(s)

Intestamin

### Primary outcome measure

Organ dysfunction assessed by daily total SOFA score and by the delta daily total SOFA score (significant reduction).

Variables for organ dysfunction (worst parameter per day):

- 1. Pulmonary: pO2/FiO2
- 2. Cardiovascular: hypotension
- 3. Renal: creatinine
- 4. Hepatic: bilirubin
- 5. Coagulation: thrombocytes
- 6. Central nervous system (CNS): Glasgow coma score

### Secondary outcome measures

- 1. Mortality (28-day, ICU and hospital, six-months)
- 2. Infectious complications (e.g. pneumonia, wound infection, abscesses)
- 3. APACHE II
- 4. Organ failure-free days
- 5. LOS in ICU
- 6. LOS in hospital (intervention until discharge)
- 7. Duration of antibiotic treatment (antibiotics days)
- 8. Duration of ventilation (ventilator days)
- 9. Duration of renal support

### Overall study start date

01/01/2006

### Completion date

01/01/2008

# **Eligibility**

### Key inclusion criteria

Major entry criteria (suspected or proven infection, presence of a systemic response to the infection within the 48-hour period immediately preceding enrolment into the study, have or have had one or more sepsis-induced organ failures within the 48-hour period immediately preceding enrolment into the study).

- 1. Age ≥18 years
- 2. Acute Physiology and Chronic Health Evaluation II (APACHE II) score ≥10
- 3. Precipitating injury (surgery, trauma, hypovolemia, episode of infection or sepsis) occurred within the last 48 hours before intensive care unit (ICU) entry
- 4. Expected length of stay (LOS) in the ICU >3 days
- 5. Indication for enteral nutrition for 5-10 days
- 6. Start of nutritional therapy with Intestamin or control supplement within 24 hours after inclusion criteria are fulfilled

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

Sex

### Target number of participants

52

### Key exclusion criteria

- 1. Age <18, for both sexes
- 2. Body weight <50 kg or >130 kg (estimated)
- 3. Pregnant and lactating women, women of child-bearing age. Pregnancy in women of child-bearing age should be ruled out with a pregnancy test.
- 4. Gastrointestinal obstructions, high output enterocutaneous fistulae
- 5. Severe diarrhoea unresponsive to codeine or loperamide
- 6. Biopsy proven cirrhosis and documented portal hypertension; episodes of past upper gastrointestinal bleeding attributed to portal hypertension; prior episodes of hepatic failure, encephalopathy or coma
- 7. Human immunodeficiency virus (HIV)-positive patients with an aquired immune deficiency syndrome (AIDS)-defining process, such as Pneumocystis carnii pneumonia, Kaposis sarcoma, progressive multifocal leukoncephalopathy (PML), Mycobacterium avium disease, Epstein-Barr virus (EBV) infection, or lymphoma, or a known CD4 count <200 cells/µl
- 8. Simultaneous participation in another clinical study

# Date of first enrolment

01/01/2006

### Date of final enrolment

01/01/2008

# Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre Adult Intensive Care Unit London United Kingdom SE1 7EH

# Sponsor information

#### Organisation

Fresenius Kabi Deutschland GmbH (Germany)

# Sponsor details

Kabi Strategic Business Center Clinical Affairs Enteral Nutrition Bad Homburg Germany D-61352

### Sponsor type

Industry

### **ROR**

https://ror.org/01v376g59

# Funder(s)

### Funder type

Industry

### **Funder Name**

Fresenius Kabi GmbH (Germany)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2008		Yes	No