

Depression and anxiety: Indicated Prevention in homes for the elderly

Submission date 12/10/2006	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input checked="" type="checkbox"/> Protocol
Registration date 12/10/2006	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 28/07/2014	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Acronym

DIP

Study objectives

An indicated, stepped care prevention programme is feasible in homes for the elderly in Amsterdam and reduces the incidence of major disorders of depression and anxiety with 15% compared to care as usual. Total costs of health care use will be lower in the intervention group as compared to care as usual.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committee

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Prevention

Participant information sheet

Health condition(s) or problem(s) studied

Depressive disorders, Anxiety disorders

Interventions

A stepped care programme consisting watchful waiting, biblio-therapy, life review/Problem Solving Treatment (PST) and consultation of a mental health specialist as compared to usual care.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Incidence of depressive and/or anxiety disorders in residents after one year as compared to usual care.

Secondary outcome measures

1. Symptoms of depression and/or anxiety
2. Psychological measures such as life satisfaction and wellbeing
3. Satisfaction with care and treatment costs

Overall study start date

01/11/2006

Completion date

01/11/2010

Eligibility

Key inclusion criteria

1. Residents of homes for the elderly in Amsterdam
2. Aged 75 year and older
3. Scoring for symptoms of depression and anxiety on the screening measurement (Center for Epidemiologic Studies Depression scale [CES-D])
4. Capable of informed consent
5. Sufficient understanding of the Dutch language

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

180

Key exclusion criteria

1. Residents meeting criteria for major depression and/or clinical anxiety according to the Mini-International Neuropsychiatric Interview (MINI)
2. Residents suffering cognitive impairment according to the Mini Mental State Examination (MMSE) are also excluded

Date of first enrolment

01/11/2006

Date of final enrolment

01/11/2010

Locations

Countries of recruitment

Netherlands

Study participating centre

EMGO-Institute/VU medical centre

Amsterdam

Netherlands

1000 SN

Sponsor information

Organisation

VU University Medical Center/EMGO-Institute (The Netherlands)

Sponsor details

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Sponsor type

Hospital/treatment centre

ROR

<https://ror.org/00q6h8f30>

Funder(s)

Funder type

Research organisation

Funder Name

Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Alternative Name(s)

Netherlands Organisation for Health Research and Development

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

Netherlands

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	08/03/2007		Yes	No
Results article	cost-effectiveness results	01/02/2014		Yes	No
Results article	results	01/02/2014		Yes	No