Measuring blood vessel function using diffuse optical tomography

Submission date	Recruitment status	[X] Prospectively registered
20/07/2015	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
20/08/2015	Completed	Results
Last Edited	Condition category	Individual participant data
20/08/2015	Circulatory System	Record updated in last year

Plain English summary of protocol

Background and study aims

Atherosclerosis is a serious disease where fatty substances, called plaques, build up in the arteries. The plaques can cause hardening and narrowing of the arteries, which leads to reduced flow of blood through the blood vessels. Factors which increase the risk of a person developing atherosclerosis, such as smoking, as well as conditions such as diabetes, are also thought to increase a persons' risk of developing microvascular disease (MVD). MVD is a disease where the small arteries in the heart become narrowed because of plaque. Therefore when the body's demand for oxygen is increased by stress or exercise, the vessels can't expand to increase the blood supply to the coronary arteries, which can lead to a heart attack. The usual test plaque in the arteries of the heart is coronary angiography, which uses a dye and special x-rays to show how blood is moving through the coronary arteries. The aim of this study is to find out whether using a technique called diffuse optical tomography (DOT), which painlessly shines light into the arm and measures the reflections, would be able to more accurately assess microvascular function than existing tests.

Who can participate?

Adult suffering from diabetes, or who have had a heart attack, or who are awaiting coronary angiography

What does the study involve?

All participants undergo DOT, which involves having near-infrared light shone through their arm in order to test how well the blood is flowing in the main artery in the upper arm (brachial artery). This will show if the blood flow is restricted in any way due to plaque build-up. For the participants who are having a coronary angiogram, the results of this are compared to the results of the DOT test, to see if there is a link.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from? Sheffield Teaching Hospitals NHS Foundation Trust (UK) When is the study starting and how long is it expected to run for? August 2015 to July 2018

Who is funding the study? University of Sheffield (UK)

Who is the main contact? Dr Timothy Chico t.j.chico@sheffield.ac.uk

Contact information

Type(s)

Scientific

Contact name

Dr Timothy Chico

Contact details

Department of Cardiovascular Science University of Sheffield Medical School Beech Hill Road Sheffield United Kingdom S10 2RX +44 (0)114 222 2396 t.i.chico@sheffield.ac.uk

Additional identifiers

Protocol serial number

STH18992

Study information

Scientific Title

Quantitative assessment and characterization of microvascular function using diffuse optical tomography

Study objectives

We hypothesise that diffuse optical tomography can detect differences in vascular function between healthy participants and people with diabetes or previous heart attack, or between people with and without coronary artery disease on angiography.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Study design

Observational

Primary study design

Observational

Study type(s)

Diagnostic

Health condition(s) or problem(s) studied

Cardiovascular disease and diabetes

Interventions

Measurement of vascular function in the forearm by diffuse optical tomography during reactive hyperaemia response after brachial artery occlusion

Intervention Type

Device

Primary outcome(s)

Vascular function parameters measured by diffuse optical tomography after 5min brachial artery occlusion

Key secondary outcome(s))

Feasibility and reproducibility of vascular function measurement by diffuse optical tomography

Completion date

31/07/2018

Eligibility

Key inclusion criteria

Healthy volunteers

- 1. Aged between 18-80 years
- 2. Ability to read and speak English to a level allowing understanding of the patient information and to give consent to participate

Diabetics:

- 1. Aged between 18-80 years
- 2. Ability to read and speak English to a level allowing understanding of the patient information and to give consent to participate
- 3. Diagnosed as type 1 or 2 diabetic for at least 12 months

Prior myocardial infarction:

- 1. Aged between 18-80 years
- 2. Ability to read and speak English to a level allowing understanding of the patient information and to give consent to participate
- 3. Suffered a myocardial infarction at least 1 month previously

Patients awaiting coronary angiography:

- 1. Aged between 18-80 years
- 2. Ability to read and speak English to a level allowing understanding of the patient information and to give consent to participate
- 3. Awaiting an invasive or CT coronary angiogram for clinical reasons

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

80 years

Sex

Αll

Key exclusion criteria

Healthy volunteers:

- 1. No history of diabetes, myocardial infarction, or major cardiovascular disease
- 2. No painful arms or health problems preventing blood pressure cuff inflation
- 3. No lymphoedema of the arm

Diabetics:

- 1. No painful arms or health problems preventing blood pressure cuff inflation
- 2. No lymphoedema of the arm

Prior myocardial infarction:

- 4. No painful arms or health problems preventing blood pressure cuff inflation
- 5. No lymphoedema of the arm

Patients awaiting coronary angiography:

- 1. No painful arms or health problems preventing blood pressure cuff inflation
- 2. No lymphoedema of the arm
- 3. Not diabetic or known to have suffered a myocardial infarction in the past

Date of first enrolment

01/09/2015

Date of final enrolment

30/08/2018

Locations

Countries of recruitment

United Kingdom

England

Study participating centre
Sheffield Teaching Hospitals NHS Foundation Trust
Sheffield
United Kingdom
S10 2TN

Sponsor information

Organisation

Sheffield Teaching Hospitals NHS Foundation Trust

ROR

https://ror.org/018hjpz25

Funder(s)

Funder type

University/education

Funder Name

University of Sheffield

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not expected to be made available

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Yes

Participant information sheet

Participant information sheet 11/11/2025 11/11/2025 No