Reducing childhood illness - fostering growth: an integrated home-based intervention package (IHIP) improving indoor-air pollution, drinking water quality and child nutrition

Submission date	Recruitment status No longer recruiting	Prospectively registered		
04/02/2010		☐ Protocol		
Registration date 14/04/2010	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
08/11/2016	Respiratory			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Integrated environmental home-based intervention package for child survival: a community randomised trial

Acronym

Peru-IHIP

Study objectives

An immediate and massive reduction of household burden of disease in childhood (acute respiratory infection [ARI], diarrhoea, nutrition-related illness/factors) will have a measurable impact on rural livelihoods and home economies.

Ethics approval required

Old ethics approval format

Ethics approval(s)

- 1. Institutio Nacional de Salud (Peruvian Ministry of Health), 12/03/2008
- 2. Comite Etica Investigation of the Instituto de Investigation Nutritional (IIN), 20/08/2008
- 3. Ethics Committee of Basel, Switzerland (EKBB), 15/09/2008

Study design

Community randomised trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Diarrhoea, acute lower respiratory infection (ALRI), pneumonia

Interventions

Intervention arm: improved stoves, kitchen sink and hygiene, solar drinking water disinfection Control arm: early childhood psychomotoric stimulation

The improved stoves and kitchen sink and water treatment hardware was built and introduced in the households of the intervention arm together with the hygiene component from October 2008 to January 2009. Solar water disinfection treatment was introduced January 2009. Reinforcement of the intervention messages was continuously every 2 - 3 weeks during the follow up period. Anthropometric measurements were taken monthly.

In the control arm, the psychomotoric stimulation package was explained and first delivery of the early stimulation toys was provided according to the child's age in December 2008 - January 2009. Subsequent deliveries of the psychomotoric stimulation tools and toys were according to the development level of the individual child (assessed two-monthly) during follow up.

The follow up period for data collection and monitoring lasted over 12 months from February 2009 to January 2010.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

- 1. Diarrhoea incidence, longitudinal prevalence from daily diarrhoeal illness assessments, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 2. Child growth parameters, taken monthly during the follow up

Key secondary outcome(s))

- 1. Compliance to use interventions, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 2. Bacterial load reduction in drinking water and kitchen cloths exposed to sunlight, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 3. Acceptability of the intervention and uptake in the control group after study end Individual psychomotoric child development indicators are assessed every two months during home visit for the entire 12 months follow-up period.

Completion date

31/12/2010

Eligibility

Key inclusion criteria

- 1. Youngest child of household between 6 36 months of age, either sex
- 2. Living permanently in each of the 653 households in 54 communities of the study area identified during a population census
- 3. The child has no chronic disease or congenital malformation

Participant type(s)

Other

Healthy volunteers allowed

Age group

Mixed

Sex

All

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/06/2008

Date of final enrolment

31/12/2010

Locations

Countries of recruitment

Peru

Study participating centre Instituto de Investigación Nutricional

Lima Peru

Lima-12

Sponsor information

Organisation

Instituto de Investigación Nutricional (IIN) (Peru)

Organisation

Swiss Tropical & Public Health Institute (Swiss TPH) (Switzerland)

Organisation

Instituto de Investigación Nutricional

ROR

https://ror.org/05by4rq81

Funder(s)

Funder type

Industry

Funder Name

Private Swiss Foundation (Switzerland)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	results	01/12/2016	5	Yes	No
Results article	results	01/03/2017		Yes	No
Other publications	rationale, trial design and baseline findings	01/11/2011	1	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11 /2025	No	Yes