# Reducing childhood illness - fostering growth: an integrated home-based intervention package (IHIP) improving indoor-air pollution, drinking water quality and child nutrition

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>	
04/02/2010		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
14/04/2010	Completed	[X] Results	
Last Edited	Condition category	Individual participant data	
08/11/2016	Respiratory		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

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#### Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

**Secondary identifying numbers** N/A

# Study information

#### Scientific Title

Integrated environmental home-based intervention package for child survival: a community randomised trial

#### Acronym

Peru-IHIP

# **Study objectives**

An immediate and massive reduction of household burden of disease in childhood (acute respiratory infection [ARI], diarrhoea, nutrition-related illness/factors) will have a measurable impact on rural livelihoods and home economies.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

- 1. Institutio Nacional de Salud (Peruvian Ministry of Health), 12/03/2008
- 2. Comite Etica Investigation of the Instituto de Investigation Nutritional (IIN), 20/08/2008
- 3. Ethics Committee of Basel, Switzerland (EKBB), 15/09/2008

# Study design

Community randomised trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Community

## Study type(s)

Quality of life

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Diarrhoea, acute lower respiratory infection (ALRI), pneumonia

#### **Interventions**

Intervention arm: improved stoves, kitchen sink and hygiene, solar drinking water disinfection Control arm: early childhood psychomotoric stimulation

The improved stoves and kitchen sink and water treatment hardware was built and introduced in the households of the intervention arm together with the hygiene component from October 2008 to January 2009. Solar water disinfection treatment was introduced January 2009. Reinforcement of the intervention messages was continuously every 2 - 3 weeks during the follow up period. Anthropometric measurements were taken monthly.

In the control arm, the psychomotoric stimulation package was explained and first delivery of the early stimulation toys was provided according to the child's age in December 2008 - January 2009. Subsequent deliveries of the psychomotoric stimulation tools and toys were according to the development level of the individual child (assessed two-monthly) during follow up.

The follow up period for data collection and monitoring lasted over 12 months from February 2009 to January 2010.

#### Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

- 1. Diarrhoea incidence, longitudinal prevalence from daily diarrhoeal illness assessments, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 2. Child growth parameters, taken monthly during the follow up

#### Secondary outcome measures

- 1. Compliance to use interventions, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 2. Bacterial load reduction in drinking water and kitchen cloths exposed to sunlight, recorded by field investigators during weekly home visit for the entire 12 months follow-up period
- 3. Acceptability of the intervention and uptake in the control group after study end Individual psychomotoric child development indicators are assessed every two months during home visit for the entire 12 months follow-up period.

#### Overall study start date

#### Completion date

31/12/2010

# **Eligibility**

#### Key inclusion criteria

- 1. Youngest child of household between 6 36 months of age, either sex
- 2. Living permanently in each of the 653 households in 54 communities of the study area identified during a population census
- 3. The child has no chronic disease or congenital malformation

## Participant type(s)

Other

#### Age group

Mixed

#### Sex

Both

# Target number of participants

650 households and about 2000 families

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/06/2008

#### Date of final enrolment

31/12/2010

# Locations

#### Countries of recruitment

Peru

# Study participating centre Instituto de Investigación Nutricional

Lima

Peru

Lima-12

# Sponsor information

## Organisation

Instituto de Investigación Nutricional (IIN) (Peru)

#### Sponsor details

Av. La Molina 1885 La Molina Lima Peru Lima-12

#### Sponsor type

Research organisation

#### Website

http://www.iin.sld.pe/

# Organisation

Swiss Tropical & Public Health Institute (Swiss TPH) (Switzerland)

# Sponsor details

Socinstrasse 57 Basel Switzerland CH-4002

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#### Sponsor type

Research organisation

#### Organisation

Instituto de Investigación Nutricional

## Sponsor details

#### Sponsor type

Not defined

#### Website

http://www.iin.sld.pe/

#### **ROR**

https://ror.org/05by4rq81

# Funder(s)

# Funder type

Industry

#### Funder Name

Private Swiss Foundation (Switzerland)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type		Date created Date added	Peer reviewed?	Patient-facing?
Other publications	rationale, trial design and baseline findings	01/11/2011	Yes	No
Results article	results	01/12/2016	Yes	No
Results article	results	01/03/2017	Yes	No