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# Investigation of the Hospital Elder Life Program to prevent delirium

| Submission date | Recruitment status | [_] Prospectively registered |
|---|---|---|
| 25/05/2010 | No longer recruiting | [_] Protocol |
| **Registration date** | **Overall study status** | [_] Statistical analysis plan |
| 30/06/2010 | Completed | [X] Results |
| **Last Edited** | **Condition category** | [_] Individual participant data |
| 28/10/2022 | Signs and Symptoms | |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**
8401

# Study information

## Scientific Title
An investigation of the Hospital Elder Life Program (HELP) system of care to prevent delirium: a qualitative case study

## Study objectives
Design:
Case studies in three hospitals

Objectives:
1. Review and adapt the Hospital Elder Life Program (HELP) for use in the UK
2. Identify strategies to support the implementation of HELP
3. Determine the optimum methods to deliver HELP in routine care

## Ethics approval required
Old ethics approval format

## Ethics approval(s)
Bradford Research Ethics Committee, 26/01/2010, ref: 09/H1302/117

## Study design
Observational qualitative case study

## Primary study design
Observational

## Secondary study design
Case-control study

## Study setting(s)
Hospital

## Study type(s)
Prevention

## Participant information sheet
Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied
Topic: Generic Health Relevance and Cross Cutting Themes; Subtopic: Generic Health Relevance (all Subtopics); Disease: Health Services Research

## Interventions
Qualitative investigation with NHS staff, hospital volunteers, patient and carer representatives including three, two-hour facilitated workshops in three hospital sites, individual interviews and focus groups. Three workshops in each of the three hospital sites will be undertaken over 12 - 18 months.

### Intervention Type
Other

### Phase
Not Applicable

### Primary outcome measure
Qualitative investigation

### Secondary outcome measures
No secondary outcome measures

### Overall study start date
01/12/2009

### Completion date
30/11/2012

## Eligibility

### Key inclusion criteria
Participants in the study will be NHS staff, hospital volunteers, and patient and/or carer representatives. Following discussion with relevant managers and clinicians, HELP development teams will be set up in three hospitals. Eight to ten staff and others having a potential interest /role in the programme (e.g. senior manager, senior doctor, matron, nurse consultant and/or specialist nurse, staff nurse, therapist, manager of the volunteer service, volunteer, patient representative, care assistant and ward clerk) will be approached for participation. Additionally, a number of other clinical staff and volunteers will be approached for interview and focus group participation.

Target Gender: Male and female
Lower Age Limit: 18 years

### Participant type(s)
Patient

### Age group
Adult

### Lower age limit
18 Years

### Sex
Both

### Target number of participants
Planned sample size: 90; UK sample size: 90

### Key exclusion criteria
Does not meet inclusion criteria

**Date of first enrolment**
01/12/2009

**Date of final enrolment**
30/11/2012

# Locations

**Countries of recruitment**
England

United Kingdom

**Study participating centre**
**Academic Unit for Elderly Care and Rehabilitation**
Bradford
United Kingdom
BD9 6RJ

# Sponsor information

**Organisation**
Bradford Royal Infirmary (UK)

**Sponsor details**
Duckworth Lane
Bradford
England
United Kingdom
BD9 6RJ

**Sponsor type**
Hospital/treatment centre

**Website**
http://www.bradfordhospitals.nhs.uk/

**ROR**
https://ror.org/01ck0pr88

# Funder(s)

**Funder type**

Government

### Funder Name
National Insititute for Health Research (NIHR) (UK) - Programme Grant for Applied Research (PGfAR)

# Results and Publications

### Publication and dissemination plan
Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan
Not provided at time of registration

### IPD sharing plan summary
Not provided at time of registration

### Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|---|---|---|---|---|
| Results article | | 01/03/2021 | 28/10/2022 | Yes | No |