Comparative evaluation of bone grafting using rhBMP-2 versus autogenous bone graft in patients with cleft lip and palate

Submission date 26/05/2025	Recruitment status No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
27/05/2025	Completed	Results
Last Edited	Condition category	Individual participant data
27/05/2025	Oral Health	[X] Record updated in last year

Plain English summary of protocol

Background and study aims

Secondary alveolar bone grafting is an important surgical procedure used to repair the alveolar cleft in patients with cleft lip and palate. This procedure helps to restore the bone in the affected area, improving dental stability and facial structure. The study aims to compare the effectiveness of using human bone morphogenetic protein-2 (BMP-2) versus traditional autogenous bone grafts for secondary alveolar bone grafting, focusing on bone volume formation, healing outcomes, and patient satisfaction.

Who can participate?

Children aged 8 to 11 years with complete unilateral alveolar cleft type (A), class III, who are classified as ASA I or II and have good oral hygiene. Participation requires written informed consent from the legal quardian.

What does the study involve?

Eligible participants will undergo secondary alveolar bone grafting. Patients will be randomly assigned to receive either BMP-2 treatment or an autogenous bone graft. The volume of newly formed bone will be measured using multi-slice computed tomography (MSCT) before surgery and six months after. Healing, complications, and patient satisfaction will be monitored at regular intervals up to six months post-surgery.

What are the possible benefits and risks of participating?

Participants may benefit from improved bone formation and facial function. Risks include potential surgical complications and mild postoperative discomfort. All procedures will be performed under general anesthesia by experienced surgeons, and patients will be closely monitored during recovery.

Where is the study run from?

National Hospital and Children's Hospital, Mazzeh Highway, Damascus, Syria.

When is the study starting and how long is it expected to run for? January 2023 to January 2025

Who is funding the study? Damascus University, Syria.

Who is the main contact? Dr. Khaled Zain kaledzain156@gmail.com

Contact information

Type(s)

Public, Scientific, Principal investigator

Contact name

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

A randomized clinical trial to evaluate secondary alveolar bone grafting using recombinant human bone morphogenetic protein-2 (rhBMP-2) versus autogenous bone in patients with unilateral cleft lip and palate

Study objectives

We hypothesize that secondary alveolar bone grafting using rhBMP-2 provides comparable or superior clinical and radiographic outcomes compared to autogenous bone grafts in patients with unilateral cleft lip and palate.

Ethics approval required

Ethics approval required

Ethics approval(s)

approved 01/02/2023, Biomedical Research Ethical Committee of Damascus University (Almazeh, Damascus, -, Syria; +963 (0)113341864; manager@hcsr.gov.sy), ref: 22749

Study design

Interventional randomized controlled trial

Primary study design

Interventional

Study type(s)

Quality of life, Treatment

Health condition(s) or problem(s) studied

Cleft lip and palate

Interventions

Informed consent will be obtained from all participants prior to enrollment. Eligible patients with unilateral cleft lip and palate will be clinically and radiographically assessed to ensure they meet the inclusion criteria. Each participant will be randomly assigned to one of two treatment groups using a computer-generated randomization sequence.

On the day of surgery, all procedures will be performed under general anesthesia following standard preoperative protocols. In the autogenous graft group, alveolar bone grafting will be performed using particulate cancellous bone harvested from the anterior iliac crest. In the rhBMP-2 group, bone grafting will be performed using an absorbable collagen sponge (ACS) impregnated with recombinant human bone morphogenetic protein-2 (rhBMP-2), placed within the alveolar cleft defect.

All surgical procedures will be performed by the same surgical team to ensure standardization. Postoperative care, including antibiotics, analgesics, and oral hygiene instructions, will be standardized across both groups.

Intervention Type

Procedure/Surgery

Primary outcome(s)

The volume of newly formed bone within the alveolar cleft, assessed using multislice computed tomography (MSCT). Preoperative cleft volume will be calculated from the initial MSCT scans. Six months postoperatively, the residual defect volume will be measured using the same imaging modality. The volume of newly formed bone will be determined by subtracting the postoperative residual cleft volume from the preoperative cleft volume. This volumetric analysis will be performed using specialized radiographic software to ensure precise measurement and consistency.

Key secondary outcome(s))

1. Radiographic Bone Density Assessment
Radiographic bone density of the newly formed bone will be measured six months

postoperatively using multislice computed tomography (MSCT). Measurements will be limited to

the internal portion of the grafted defect, excluding adjacent cortical bone. Hounsfield Units (HU) will be used as the measurement scale. Five consecutive 1-mm-thick axial slices will be analyzed, and the mean of these five slices will represent the final bone density value.

2. Fistula Presence Evaluation

The presence or absence of postoperative oronasal fistula will be assessed clinically and through patient inquiry at 10 days, 1 month, and 6 months after surgery.

3. Bone Graft Healing Complications

Complications related to bone graft healing will be evaluated using the Sanz-Martin criteria one month postoperatively. Parameters include wound dehiscence and presence or absence of infection.

4. Soft Tissue Healing

Early soft tissue healing will be assessed weekly during the first postoperative month using the Early Healing Index (EHI).

5. Postoperative Edema

Postoperative facial edema will be evaluated using the Chaudhary edema scoring system on days 3, 5, and 7 following surgery.

6. Hospital Stay Duration

The number of days each patient remains hospitalized postoperatively will be recorded for both groups.

7. Patient Satisfaction with the Surgical Procedure

One month postoperatively, patient satisfaction regarding the surgical procedure itself will be assessed using a visual analog scale (VAS) ranging from 0 to 100.

8. Patient Satisfaction with the Outcome

Six months postoperatively, patient satisfaction with the treatment outcome will be evaluated using a visual analog scale (VAS) ranging from 0 to 100.

- 9. Periodontal Assessment of Adjacent Teeth
- 9.1. Probing Depth: Measured at six sites around each tooth adjacent to the alveolar cleft using a UNC-15 periodontal probe, preoperatively and at 3 months postoperatively.
- 9.2. Bleeding on Probing: Recorded as positive (+) or negative (–) within 15–20 seconds after probing at the same six sites, both before surgery and three months after.
- 9.3. Width of Keratinized Tissue: Measured at the mid-buccal surface from the gingival margin to the mucogingival junction using the periodontal probe, both before surgery and at 3 months postoperatively.

Completion date

05/01/2025

Eligibility

Key inclusion criteria

- 1. Patients with complete unilateral alveolar clefts of type (A), class III according to the LAHS classification, requiring secondary alveolar bone grafting. This type represents an alveolar cleft extending to the nasal floor.
- 2. Age between 8 and 11 years.
- 3. Classified as ASA physical status I or II.
- 4. Good oral hygiene, defined as a plaque index not exceeding 40% based on O'Leary's index.
- 5. Written informed consent obtained from the patient's legal guardian after full explanation of the study purpose and procedures.

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Child

Lower age limit

8 years

Upper age limit

11 years

Sex

Αll

Key exclusion criteria

- 1. Presence of bilateral clefts, or cleft lip without involvement of the palate.
- 2. Presence of additional craniofacial abnormalities or congenital syndromes.
- 3. Patients with systemic conditions that contraindicate general anesthesia or may impair wound and bone healing (ASA class III or IV).
- 4. History of previous infection at the alveolar cleft site.
- 5. Patients who have undergone prior secondary alveolar bone grafting.
- 6. Refusal of participation by the child or legal guardian.

Date of first enrolment

01/06/2023

Date of final enrolment

01/09/2024

Locations

Countries of recruitment

Syria

Study participating centre National Hospital and Children's Hospital

Mazzeh Highway Damascus Syria 0100

Sponsor information

Organisation

Damascus University

ROR

https://ror.org/03m098d13

Funder(s)

Funder type

University/education

Funder Name

Damascus University

Alternative Name(s)

University of Damascus, , DU

Funding Body Type

Government organisation

Funding Body Subtype

Universities (academic only)

Location

Syria

Results and Publications

Individual participant data (IPD) sharing plan

The data to be shared will include summarized statistical results derived from individual participant data.

These data will be made accessible following the publication of the study findings. Informed consent for data sharing will be obtained from all participants or their legal guardians. All shared data will be completely anonymized to ensure participant confidentiality. There are no ethical or legal barriers restricting the sharing of these data

IPD sharing plan summary

Available on request

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet

Participant information sheet

11/11/2025 11/11/2025 No