

# How effective is hand massage in stress relief for patients waiting for coronary angiography?

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 04/09/2015	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0205139800

## Study information

**Scientific Title**  
How effective is hand massage in stress relief for patients waiting for coronary angiography?

**Study objectives**

The project aims to identify the stress levels for patients waiting for coronary angiography, and whether these can be modified with the use of massage therapy.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Signs and Symptoms: Stress

**Interventions**

The study takes the form of a randomised control trial.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

A recognised tool for measurement of stress will be used called the state-trait anxiety score. Clients will also be asked to complete questionnaires regarding massage.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/09/2004

## **Eligibility**

**Key inclusion criteria**

The study aims to identify 60 patients to recruit.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

20/01/2004

**Date of final enrolment**

30/09/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

The Royal London Hospital

London

United Kingdom

E1 1BB

**Sponsor information****Organisation**

Department of Health

**Funder(s)****Funder type**

Government

**Funder Name**

Barts and The London NHS Trust

# Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary  
Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes