

# How effective is hand massage in stress relief for patients waiting for coronary angiography?

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 04/09/2015	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Miss Zoe Duke

**Contact details**  
Cotton Ward, 3rd Floor East Wing  
The Royal London Hospital  
London  
United Kingdom  
E1 1BB  
+44 (0)20 7377 7000  
abc@email.com

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0205139800

# Study information

## Scientific Title

How effective is hand massage in stress relief for patients waiting for coronary angiography?

## Study objectives

The project aims to identify the stress levels for patients waiting for coronary angiography, and whether these can be modified with the use of massage therapy.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Signs and Symptoms: Stress

## Interventions

The study takes the form of a randomised control trial.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

A recognised tool for measurement of stress will be used called the state-trait anxiety score. Clients will also be asked to complete questionnaires regarding massage.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

20/01/2004

**Completion date**

30/09/2004

## Eligibility

**Key inclusion criteria**

The study aims to identify 60 patients to recruit.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

60

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

20/01/2004

**Date of final enrolment**

30/09/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

The Royal London Hospital

London

United Kingdom

E1 1BB

# Sponsor information

## Organisation

Department of Health

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Government

## Funder Name

Barts and The London NHS Trust

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration