

How effective is hand massage in stress relief for patients waiting for coronary angiography?

Submission date	Recruitment status	<input type="checkbox"/> Prospectively registered
30/09/2004	No longer recruiting	<input type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
30/09/2004	Completed	<input type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
04/09/2015	Signs and Symptoms	<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0205139800

Study information

Scientific Title

How effective is hand massage in stress relief for patients waiting for coronary angiography?

Study objectives

The project aims to identify the stress levels for patients waiting for coronary angiography, and whether these can be modified with the use of massage therapy.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Signs and Symptoms: Stress

Interventions

The study takes the form of a randomised control trial.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

A recognised tool for measurement of stress will be used called the state-trait anxiety score. Clients will also be asked to complete questionnaires regarding massage.

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/09/2004

Eligibility

Key inclusion criteria

The study aims to identify 60 patients to recruit.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
20/01/2004

Date of final enrolment
30/09/2004

Locations

Countries of recruitment
United Kingdom
England

Study participating centre
The Royal London Hospital
London
United Kingdom
E1 1BB

Sponsor information

Organisation
Department of Health

Funder(s)

Funder type
Government

Funder Name
Barts and The London NHS Trust

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes