Efficacy and safety of agomelatine given orally compared to placebo, in addition to a mood stabiliser in bipolar I patients with a current major depressive episode. An eight week randomised, double-blind, controlled, parallel group study followed by a double-blind extension treatment period up to one year

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>	
31/07/2006		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
24/08/2006	Completed	[X] Results	
Last Edited	Condition category	Individual participant data	
18/04/2018	Mental and Behavioural Disorders		

# Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Michel Bourin

#### Contact details

Centre Hospitalier Universitaire de Nantes 5 Allée de l'Ile Gloriette Nantes France 44093

# Additional identifiers

Clinical Trials Information System (CTIS) 2005-004881-17

#### Protocol serial number

CL3-20098-047

# Study information

#### Scientific Title

Efficacy and safety of agomelatine given orally compared to placebo, in addition to a mood stabiliser in bipolar I patients with a current major depressive episode. An eight week randomised, double-blind, controlled, parallel group study followed by a double-blind extension treatment period up to one year

## **Study objectives**

To assess the efficacy of agomelatine compared to placebo in addition to a mood stabiliser in bipolar I patients with a current major depressive episode.

## Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ramsay Health Ethics Committee, 23/03/2006

### Study design

Randomised double-blind placebo-controlled parallel-group study.

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Major depressive episode

#### Interventions

Agomelatine versus placebo

### Intervention Type

Drug

#### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Agomelatine

#### Primary outcome(s)

Montgomery-Asberg Depression Rating Scale (MADRS) questionnaire

### Key secondary outcome(s))

Safety of agomelatine in addition to a mood stabiliser

### Completion date

31/12/2008

# **Eligibility**

## Key inclusion criteria

- 1. Patients of both genders, over 18 years old
- 2. Fulfilling The Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) criteria for bipolar I disorder with current major depressive episode
- 3. Treated with a mood stabiliser

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

#### Sex

All

## Key exclusion criteria

- 1. Hepatic or renal failure
- 2. Abnormal thyroid function
- 3. Pregnancy
- 4. Other psychiatric conditions according to DSM-IV TR

#### Date of first enrolment

18/07/2006

#### Date of final enrolment

31/12/2008

# Locations

#### Countries of recruitment

France

## Study participating centre Centre Hospitalier Universitaire de Nantes

Nantes

# Sponsor information

## Organisation

Institut de Recherches Internationales Servier (France)

#### **ROR**

https://ror.org/034e7c066

# Funder(s)

## Funder type

Industry

#### **Funder Name**

Institut de Recherches Internationales Servier (France)

# **Results and Publications**

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from https://clinicaltrials.servier.com if a Marketing Authorisation has been granted after 1st January 2014.

# IPD sharing plan summary

Available on request

# **Study outputs**

Output type	Details	Date created Date added Peer reviewed? Patient-facing?		
Results article	results	01/01/2016	Yes	No
Basic results			No	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes