

# Refining Individual Placement and Support (IPS-LITE)

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
22/12/2009	No longer recruiting	<input type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
06/04/2010	Completed	<input checked="" type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
04/10/2017	Mental and Behavioural Disorders	

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Tom Burns

### Contact details

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## Additional identifiers

### Protocol serial number

Protocol V.2 - 09/10/2009

## Study information

### Scientific Title

Is brief Individual Placement and Support (IPS-LITE) as effective as open-ended Individual Placement and Support (IPS) in obtaining employment for individuals with psychiatric disorders?  
A randomised controlled trial

**Acronym**

IPS-LITE Trial

**Study objectives**

Modified IPS model (IPS-LITE), with its clearer time-frame, will return an equal or greater proportion of patients to employment compared to standard IPS. The primary outcome is return to open employment for at least one day.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

IOW, Portsmouth & SE Hampshire Research Ethics Committee, 22/09/2009, ref: 09/H0501/53

**Study design**

Single-centre randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Clinically established diagnosis of mental illness

**Interventions**

Eligible participants will be identified from a newly established IPS service during the IPS service eligibility assessment. Patients will enter the study in the same time when they enter the service.

After obtaining of the written consent the baseline interview will be administered by research assistant. Recruitment period will last 15 months with follow-up of 18 months and assessments at baseline, 9 months and 18 months. The interviews will consist of appropriate validated and standardised questionnaires. Data will be obtained from patients' medical records. After 18-months of trial the IPS service continues as usual.

After the baseline interview participants will be randomised to either IPS-LITE (intervention group) or IPS standard (control group).

**Control group:**

IPS workers are integrated into the secondary mental health team and have a maximum caseload of 25 clients. Clients usually remain in the care of the MH team and the approach is to ascertain job preferences from motivated clients and, through local knowledge of employers, help them identify and obtain open employment without prolonged preliminary assessment or training. IPS workers continue to support client and employer indefinitely according to need.

**Intervention group:**

IPS-LITE follows exactly the same principles as IPS, including integration with the MH team, maximum caseload and procedures for job search and support. However it restricts the period of engagement. Clients unplaced after 9 months will be discharged back to the MH team who can re-refer if clinical circumstances change (re-referral will be treated as an outcome, not as new

study subjects). Engagement and support will be reduced when clients have been continuously employed for 13 weeks, handing back to the MH team at 16 weeks.

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome(s)**

Worked for at least one day.

All outcomes are measured at 9 months and 18 months after the baseline assessment.

### **Key secondary outcome(s)**

1. Worked for at least 13 weeks
2. Number of days worked
3. Number of hours worked
4. Job tenure (length of longest job)
5. Time to first job
6. Client disengagement from IPS
7. Hospitalisation (Y/N)
8. Number of days hospitalised

All outcomes are measured at 9 months and 18 months after the baseline assessment.

### **Completion date**

31/05/2012

## **Eligibility**

### **Key inclusion criteria**

1. Aged 18 - 60 years, either sex
2. Clinically established diagnosis of mental illness
3. Enhanced care programme approach (CPA)
4. Unemployed for a minimum of six months
5. Declared wish to obtain open employment
6. Written and informed consent

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Incapacity to give informed consent (e.g. advanced dementia or mental disorder too severe to give informed consent)
2. Incapacity to communicate in English

**Date of first enrolment**

01/09/2009

**Date of final enrolment**

31/05/2012

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

University of Oxford

Oxford

United Kingdom

OX3 7JX

## Sponsor information

**Organisation**

Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust (UK)

**ROR**

<https://ror.org/04c8bjx39>

## Funder(s)

**Funder type**

Government

**Funder Name**

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#"><u>Results article</u></a>	results	01/10/2015		Yes	No
<a href="#"><u>Participant information sheet</u></a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes