

# Predicting outcomes following intervention for tricuspid regurgitation

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<b>Registration date</b> 03/04/2025	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 20/05/2025	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

This study focuses on a heart condition called tricuspid valve regurgitation (TR), where blood flows backward across the heart's tricuspid valve. This is a common issue, especially in patients who are at high risk for surgery and have had no treatment options until now. Severe TR is linked to higher death rates. Recently, new keyhole treatments have been developed that can fix the heart valve without surgery. These treatments include tricuspid transcatheter edge-to-edge repair (T-TEER) and tricuspid valve replacement (TTVR), collectively known as transcatheter tricuspid valve intervention (TTVI). The study aims to understand how patients respond to these treatments and to identify which patients might benefit the most.

### Who can participate?

Patients with severe or greater tricuspid regurgitation who are considered suitable for transcatheter tricuspid valve intervention after a discussion with a multidisciplinary team can participate in this study.

### What does the study involve?

Participants will undergo transcatheter tricuspid valve interventions for severe tricuspid regurgitation. They will have additional functional and quality-of-life assessments at the start of the study and during follow-up visits. The study will also involve invasive physiology assessments before and after treatment to understand how the treatment affects heart function. Researchers will look at the relationship between changes in heart function and changes in quality of life and physical ability.

### What are the possible benefits and risks of participating?

The possible benefits include receiving a new treatment that could improve heart function and quality of life. However, there are risks, such as the potential for the heart to worsen suddenly if the leak is completely fixed, causing pressure overload. The study aims to identify markers that predict how well patients will respond to treatment.

### Where is the study run from?

King's College London (UK)

When is the study starting and how long is it expected to run for?  
December 2024 to March 2028.

Who is funding the study?  
Edwards Lifesciences (USA)

Who is the main contact?  
Dr Benedict McDonaugh, [benedict.mcdonaugh@gstt.nhs.uk](mailto:benedict.mcdonaugh@gstt.nhs.uk)

## Contact information

### Type(s)

Public, Scientific, Principal Investigator

### Contact name

Dr Benedict McDonaugh

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## Additional identifiers

### EudraCT/CTIS number

Nil known

### IRAS number

340256

### ClinicalTrials.gov number

Nil known

### Secondary identifying numbers

CPMS 61262

## Study information

### Scientific Title

Predicting functional and clinical outcomes following transcatheter tricuspid valve intervention for severe tricuspid regurgitation

### Acronym

### **Study objectives**

1. Baseline invasively measured contractility and ventricle-arterial coupling will predict functional response to Transcatheter Tricuspid valve intervention.
2. Atrial secondary tricuspid regurgitation (A-STR) will show an improvement in cardiac output over Ventricular secondary (V-STR) post-TTVI.

### **Ethics approval required**

Ethics approval required

### **Ethics approval(s)**

Submitted 16/12/2024, West London Research Ethics Committee (Health Research Authority, 2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 207 104 8098; westlondon.rec@hra.nhs.uk), ref: Reference number not provided

### **Study design**

Multicentre observational cohort study

### **Primary study design**

Observational

### **Secondary study design**

Cohort study

### **Study setting(s)**

Hospital

### **Study type(s)**

Quality of life, Treatment, Efficacy

### **Participant information sheet**

Not available in web format, please use the contact details to request a participant information sheet

### **Health condition(s) or problem(s) studied**

Tricuspid regurgitation, heart failure

### **Interventions**

We will observe patients undergoing Transcatheter Tricuspid valve interventions for severe tricuspid regurgitation. We will perform some additional functional and quality-of-life assessment at baseline and at follow-up to try and understand which patients yield the greatest benefit from treatment. We will perform invasive physiology assessment before and after treatment to understand how the treatment affects cardiovascular physiology. We will assess the correlation between changes in invasive physiology and changes in quality-of-life and functional capacity. The overall aim of the study is to assess which baseline clinical, imaging and physiology characteristics correlate with treatment response to refine patient selection for tricuspid interventions.

### **Intervention Type**

Other

**Primary outcome measure**

1. Cardiac output measured invasively immediately before and after tricuspid intervention procedure.
2. Cardiac output measured non-invasively at baseline, the day of and <48hrs after tricuspid intervention procedure, at 12 weeks follow-up

**Secondary outcome measures**

1. Change in cardiac contractility measured invasively: measured immediately before and after tricuspid intervention procedure.
2. Change in cardiac function (ejection fraction and cardiac output) measured with non-invasive cardiac imaging: measured at baseline, the day of and <48hrs after tricuspid intervention procedure, at 12 weeks follow-up
3. Change in symptoms measured with the Kansas City Cardiomyopathy Questionnaire (KCCQ): measured at baseline and at 12 weeks follow-up
4. Change in exercise capacity measured with 6-minute walk test (6MWT) and average daily step count measured with wearable activity monitors: measured at baseline and at 12 weeks follow-up

**Overall study start date**

16/12/2024

**Completion date**

01/03/2028

**Eligibility****Key inclusion criteria**

Patients with severe or greater tricuspid regurgitation and deemed suitable for Transcatheter tricuspid valve intervention after multidisciplinary team discussion.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

72

**Key exclusion criteria**

1. Anatomical or haemodynamic exclusion for TTVI
2. Pregnancy
3. Age <18 years

4. Congenital heart disease requiring intervention/surgery
5. Significant (>moderate in severity) non-tricuspid valvular disease
6. Another indication for cardiac surgery
7. Enrolment in other studies that may lead to deviation from either protocol

**Date of first enrolment**

01/03/2025

**Date of final enrolment**

01/03/2028

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre****Guy's and St Thomas' Hospitals**

Trust Offices

Guy's Hospital

Great Maze Pond

London

United Kingdom

SE1 9RT

**Study participating centre****Royal Brompton Hospital**

Sydney Street

London

United Kingdom

SW3 6NP

**Study participating centre****John Radcliffe Hospital**

Headley Way

Headington

Oxford

United Kingdom

OX3 9DU

## **Sponsor information**

**Organisation**

King's College London

**Sponsor details**

St Thomas' Hospital  
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London  
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SE1 9RT  
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rgo@kcl.ac.uk

**Sponsor type**

University/education

**Website**

<http://www.kcl.ac.uk/index.aspx>

**ROR**

<https://ror.org/0220mzb33>

**Funder(s)****Funder type**

Industry

**Funder Name**

Edwards Lifesciences

**Alternative Name(s)**

Edwards, Edwards Lifesciences Corporation, Edwards Lifesciences Corp., Edwards Lifesciences LLC, ELC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

For-profit companies (industry)

**Location**

United States of America

# Results and Publications

## **Publication and dissemination plan**

Data will be published in peer-reviewed journals and via conference presentations. Lay summary of results will be made available via study website.

## **Intention to publish date**

01/03/2029

## **Individual participant data (IPD) sharing plan**

The datasets generated and analysed during the current study will be available upon written request from the research team - contactable via Dr Tiffany Patterson, Consultant Cardiologist, St Thomas' Hospital, Westminster Bridge Road, London, SE1 9RT.

## **IPD sharing plan summary**

Available on request