

A national evaluation of the effectiveness of the Incredible Years parent training programme

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| Submission date 12/05/2009 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| | | <input type="checkbox"/> Protocol |
| Registration date 30/06/2009 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan |
| | | <input type="checkbox"/> Results |
| Last Edited 09/08/2013 | Condition category Mental and Behavioural Disorders | <input type="checkbox"/> Individual participant data |
| | | <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol
Not provided at time of registration

Study website
<http://www.iyirelandstudy.ie>

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

A randomised controlled trial to evaluate the effectiveness of the Incredible Years BASIC parent training programme

Study objectives

1. Compared to baseline, there will be a significant reduction of child behavioural deviancy and an increase in prosocial behaviour
2. Compared to baseline, there will be a significant increase in positive parenting and a significant reduction in harsh parenting. A significant improvement in self-reported parenting competence and a reduction in parent distress is also hypothesised.

Ethics approval required

Old ethics approval format

Ethics approval(s)

National University of Ireland, Maynooth Ethics Committee, approved on 05/11/2007 (ref: 190907)

Study design

Pragmatic randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Other

Participant information sheet

Not available in web format, please use the contact details provided in the Interventions field to request a patient information sheet

Health condition(s) or problem(s) studied

Emotional and behavioural/conduct problems in childhood, parent-child relationships

Interventions

Participants will be randomly assigned, at a 2:1 ratio, to an intervention or control (waiting list) group.

IY Basic parent programme

12 weekly group sessions (2.5 hours) will be held. There will be approximately 9 groups with 12 participants in each group.

The intervention promotes positive parenting by increasing positive child behaviour through praise and incentives. Parent-child relationships are improved through the promotion of child-directed play. The intervention provides parents with non-aversive tactics for dealing with problem behaviour. A collaborative approach using role play, modelling, group discussions and analysis of video material is used and parents are helped to identify social learning principles.

Contact details for patient information sheet:

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Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Eyberg Child Behaviour Inventory, assessed at baseline and at 6- and 12-months follow-up.

Secondary outcome measures

1. Beck Depression Inventory (BDI)
2. Parenting Stress Index - Short form (PSI - SF)
3. O'Leary Porter Overt Hostility Scale (OPOHS)
4. Strengths and Difficulties Questionnaire (SDQ)
5. Conners Abbreviated Parent Rating Scale (CAPTRS)
6. Social Competence Parent Scale (SCS - P)
7. Dyadic parent child interactive coding system - revised (DPICS)

All of the above will be assessed at baseline and at 6- and 12-months follow-up.

Overall study start date

01/07/2008

Completion date

31/05/2010

Eligibility

Key inclusion criteria

1. The parent has one child aged 3-6 who scores above the clinical threshold on the Eyberg scale completed by the parent. Both mothers and fathers are eligible for the trial. However, data are only collected from one parent of a given child.

2. The parent lives in a low-income household
3. The parent is interested in participating in the programme
4. The parent is willing to be placed on a waiting list for a period of 6 months

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

160

Key exclusion criteria

1. The parent intends to take up another form of parent training during this period
2. The child receives child training during this period

Date of first enrolment

01/07/2008

Date of final enrolment

31/05/2010

Locations**Countries of recruitment**

Ireland

Study participating centre

Department of Psychology

Maynooth

Ireland

Co. Kildare

Sponsor information**Organisation**

Archways (Ireland)

Sponsor details

Camac House

Oakfield

Clondalkin
Dublin 22
Ireland
-

Sponsor type
Government

Website
<http://www.archways.ie>

Funder(s)

Funder type
Government

Funder Name
Archways (Ireland)

Funder Name
Atlantic Philanthropies (Ireland)

Alternative Name(s)
The Atlantic Philanthropies, atlanticphil, Atlantic, The Atlantic Philanthropies (Bermuda) Limited, AP

Funding Body Type
Private sector organisation

Funding Body Subtype
International organizations

Location
Bermuda

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration