

A national evaluation of the effectiveness of the Incredible Years parent training programme

Submission date 12/05/2009	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 30/06/2009	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
Last Edited 09/08/2013	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title
A randomised controlled trial to evaluate the effectiveness of the Incredible Years BASIC parent training programme

Study objectives

1. Compared to baseline, there will be a significant reduction of child behavioural deviancy and an increase in prosocial behaviour
2. Compared to baseline, there will be a significant increase in positive parenting and a significant reduction in harsh parenting. A significant improvement in self-reported parenting competence and a reduction in parent distress is also hypothesised.

Ethics approval required

Old ethics approval format

Ethics approval(s)

National University of Ireland, Maynooth Ethics Committee, approved on 05/11/2007 (ref: 190907)

Study design

Pragmatic randomised controlled trial

Primary study design

Interventional

Study type(s)

Other

Health condition(s) or problem(s) studied

Emotional and behavioural/conduct problems in childhood, parent-child relationships

Interventions

Participants will be randomly assigned, at a 2:1 ratio, to an intervention or control (waiting list) group.

IY Basic parent programme

12 weekly group sessions (2.5 hours) will be held. There will be approximately 9 groups with 12 participants in each group.

The intervention promotes positive parenting by increasing positive child behaviour through praise and incentives. Parent-child relationships are improved through the promotion of child-directed play. The intervention provides parents with non-aversive tactics for dealing with problem behaviour. A collaborative approach using role play, modelling, group discussions and analysis of video material is used and parents are helped to identify social learning principles.

Contact details for patient information sheet:

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Incredible Years Ireland Study

Logic Annex 2

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Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Eyberg Child Behaviour Inventory, assessed at baseline and at 6- and 12-months follow-up.

Key secondary outcome(s)

1. Beck Depression Inventory (BDI)
2. Parenting Stress Index - Short form (PSI - SF)
3. O'Leary Porter Overt Hostility Scale (OPOHS)
4. Strengths and Difficulties Questionnaire (SDQ)
5. Conners Abbreviated Parent Rating Scale (CAPTRS)
6. Social Competence Parent Scale (SCS - P)
7. Dyadic parent child interactive coding system - revised (DPICS)

All of the above will be assessed at baseline and at 6- and 12-months follow-up.

Completion date

31/05/2010

Eligibility**Key inclusion criteria**

1. The parent has one child aged 3-6 who scores above the clinical threshold on the Eyberg scale completed by the parent. Both mothers and fathers are eligible for the trial. However, data are only collected from one parent of a given child.
2. The parent lives in a low-income household
3. The parent is interested in participating in the programme
4. The parent is willing to be placed on a waiting list for a period of 6 months

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. The parent intends to take up another form of parent training during this period
2. The child receives child training during this period

Date of first enrolment

01/07/2008

Date of final enrolment

31/05/2010

Locations

Countries of recruitment

Ireland

Study participating centre

Department of Psychology

Maynooth

Ireland

Co. Kildare

Sponsor information

Organisation

Archways (Ireland)

Funder(s)

Funder type

Government

Funder Name

Archways (Ireland)

Funder Name

Atlantic Philanthropies (Ireland)

Alternative Name(s)

The Atlantic Philanthropies, atlanticphil, Atlantic, The Atlantic Philanthropies (Bermuda) Limited, AP

Funding Body Type

Private sector organisation

Funding Body Subtype

International organizations

Location
Bermuda

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes