Insulin combination therapy in type 2 diabetes

| Submission date | Recruitment status | Prospectively registered |
|-------------------|-----------------------------------|---|
| 19/07/2006 | No longer recruiting | Protocol |
| Registration date | Overall study status | Statistical analysis plan |
| 19/07/2006 | Completed | Results |
| Last Edited | Condition category | Individual participant data |
| 19/07/2006 | Nutritional, Metabolic, Endocrine | Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Acronym

DIASULIN

Study objectives

Continuing sulfonylurea in patients without good glycaemic control and using insulin and metformin, will diminish insulin secretion of beta-cells, less than discontinuing sulfonylurea in these patients.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled, parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Diabetes mellitus type 2 (DM type II)

Interventions

Continuing sulfonylurea with a combination of metformin and insulin glargine versus discontinuing sulfonylurea with this combination.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Metformin, sulfonylurea, insulin glargine

Primary outcome measure

Difference between the two groups in the remaining insulin secretion of the beta-cells, assessed by differences in Homeostasis Model Assessment (HOMA)-beta and in fasting C-peptide.

Secondary outcome measures

- 1. Difference in mean daily dosage of insulin glargine in order to reach good glycaemic control ($HbA1c \le 7.0\%$)
- 2. Percentage of patients with good glycaemic control after 12 months
- 3. Percentage of patients with good glycaemic control at several intervals within 12 months
- 4. Frequency of serious and of nocturnal hypoglycaemic episodes
- 5. Waist circumference
- 6. Quality of life
- 7. Patients' treatment satisfaction

Overall study start date

01/04/2006

Completion date

01/04/2007

Eligibility

Key inclusion criteria

- 1. Type 2 diabetes patients, male and female, insulin naive, without good glycaemic control for at least three months despite combination of metformin and sulfonylurea therapy and who are referred for insulin therapy by their general practitioner (GP)
- 2. Aged 40-75 years
- 3. Haemoglobin HbA1c (HbA1c) >=7.5%

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

200

Key exclusion criteria

- 1. Type 1 diabetes
- 2. C-peptide <0.50 nmol/l
- 3. Liver (aspartate aminotransferase [AST] or alanine aminotransferase [ALT] >2 times upper limit of normal) and/or kidney (creatinine >135 in male patients, >110 in female patients) problems
- 4. Patients who do not read Dutch well enough to answer questionnaires

- 5. Pregnancy or lactation
- 6. Amputated leg or arm
- 7. Intercurrent disease at the discretion of the investigator
- 8. Short life expectancy
- 9. Contraindications or intolerancy to metformin, sulfonylurea or insulin glargine

Date of first enrolment

01/04/2006

Date of final enrolment

01/04/2007

Locations

Countries of recruitment

Netherlands

Study participating centre University Medical Center Utrecht (UMCU)

Utrecht Netherlands 3508 GA

Sponsor information

Organisation

Stichting Julius Research (The Netherlands)

Sponsor details

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Sponsor type

Research organisation

ROR

https://ror.org/0575yy874

Funder(s)

Funder type Industry

Funder Name Sanofi-Aventis

Results and Publications

Publication and dissemination planNot provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration