# A randomised controlled trial of intra-muscular Lorazepam versus intra-muscular Haloperidol and Promethazine in the management of psychotic agitations and aggression

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
29/04/2002		☐ Protocol		
Registration date 29/04/2002	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 02/10/2007	Condition category  Mental and Behavioural Disorders	[] Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr Prathap Tharyan

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

#### Secondary identifying numbers

N/A

# Study information

#### Scientific Title

#### **Acronym**

TREC-INDIA (Tranquilizacao Rapida-Ensaio Clinico; translated from Portuguese - 'Rapid Tranquillisation-Clinical Trial')

#### **Study objectives**

To compare interventions commonly used for controlling agitation or violence in people with serious psychiatric disorders.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Serious mental illnesses combined with overt aggression or agitation

#### **Interventions**

- 1. Haloperidol (up to 10 mg IM) with promethazine (up to 50 mg IM)
- 2. Lorazepam (4 mg IM)

Doses are not fixed and are at the discretion of the attending doctors.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Lorazepam, Haloperidol, Promethazine

#### Primary outcome measure

- 1. Tranquil or asleep by 4 hours
- 2. The time of onset of tranquillisation and/or sleep

Participants were considered to be tranquil when they were calm and not exhibiting agitated, aggressive or dangerous behaviour. Patients were considered to be asleep if, on inspection, they appeared to be sound asleep and were not aroused by ambient disturbances.

#### Secondary outcome measures

These assessments were conducted only on participants who were awake, as extrapyramidal symptoms are usually not apparent during sleep or, in the case of dystonia or akathisia, are likely to prevent sleep:

- 1. Clinical Global Impression Severity (CGIS) scale at entry
- 2. CGIImprovement (CGII) scale with respect to aggression and violence
- 3. SimpsonAngus extrapyramidal side-effects rating scale
- 4. Barnes Akathisia Scale
- 5. Any other clinically important adverse effects, especially dystonia

Other outcomes within the first 4 hours were:

- 6. The use of additional medication for control of agitated or aggressive behaviour
- 7. The use of physical restraints
- 8. The need for further medical attention and numbers absconding

Participants were also followed up 2 weeks later to check for adverse effects or adverse outcomes and compliance with oral medication.

#### Overall study start date

01/01/2002

#### Completion date

31/12/2002

# **Eligibility**

#### Key inclusion criteria

Patients need acute intramuscular sedation because of disturbed and dangerous behaviour as decided by the attending physician.

# Participant type(s)

Patient

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

200

#### Key exclusion criteria

- 1. The clinician believes that one of the two treatments represents an additional risk for the patient
- 2. Feels that one of the two treatments is definitely indicated for a given patient

#### Date of first enrolment

01/01/2002

#### Date of final enrolment

31/12/2002

# Locations

#### Countries of recruitment

India

# Study participating centre Department of Psychiatry Unit II

Bagayam Vellore India 632 002

# Sponsor information

#### Organisation

Christian Medical College and Hospital (India)

#### Sponsor details

Bagayam Vellore India 632002

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.cmch-vellore.edu/

#### **ROR**

https://ror.org/00c7kvd80

# Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

Christian Medical College and Hospital (India) - Fluid Research Grant

#### **Funder Name**

The Cochrane Schizophrenia Group (CSG) (UK) - supported with funding for sundries

#### Funder Name

The doctors and nurses of Vellore freely gave support, enthusiasm and skill.

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/07/2004		Yes	No