

# The MOVE-trial: monocryl versus vicryl rapide for skin repair of episiotomies: a randomised controlled trial

<b>Submission date</b> 15/04/2016	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 20/04/2016	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 19/05/2023	<b>Condition category</b> Pregnancy and Childbirth	<input checked="" type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims:

Sometimes during childbirth, an episiotomy may have to be performed to help with the delivery of the baby. An episiotomy is a cut that is made in the women's perineum (the area between the vagina and the anus). This cut makes the vagina opening wider, allowing easier delivery of the baby.

Once the child has been born, the cut is stitched together (sutured) using dissolvable stitches. Three layers of tissue have to be sutured: the vaginal wall, the muscles and the skin. In the months after the birth, some women experience pain during intercourse or even when they are going about their daily lives. Studies in the past have shown that different suture materials and different suture techniques may affect the recovery from a episiotomy. The aim of this study is to compare two often used suture materials, Monocryl and Vicryl rapide, for the suturing of the skin in women with an episiotomy after their first delivery. The patients will be asked about their experiences of pain and assessed for complications in the healing process and comparisons made to see which material is best.

### Who can participate

Women over 18 years old who have an episiotomy while giving birth to their first baby.

### What does the study involve?

After birth, the vaginal wall and the muscles are sutured in exactly the same way for all participants. They are then randomly allocated to one of two groups. For those in group 1, the skin is sutured using the material Monocryl. For those in group 2, the skin is sutured using Vicryl rapide. They are all asked to fill in questionnaires after 24 hours, 10 days, 6 weeks and 3 months. The results are compared after all questionnaires have been returned.

### What are the possible benefits or risks of participants:

Both suture materials are often used for the suturing of the skin. No risks are associated with the participation.

Where is the study run from:  
Ikazia Hospital, Rotterdam (Netherlands)

When is the study starting and how long is it expected to run  
October 2010 to July 2013

Who is funding the trial  
Department of Gynaecology, Ikazia hospital, Rotterdam (Netherlands)

Who is the main contact?  
Mr R.G.D.Odijk, MD

## Contact information

**Type(s)**  
Public

**Contact name**  
Mr Roeland Odijk

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## Additional identifiers

**Protocol serial number**  
ABR 28922

## Study information

**Scientific Title**  
Suturing of the skin using Monocryl verses suturing of the skin using Vicryl rapide in women with an uncomplicated mediolateral episiotomy after their first delivery

**Acronym**  
MOVE

**Study objectives**  
Deliveries are often complicated by perineal trauma. Different suture materials may give differences in complaints when used for suturing. In this trial Monocryl and Vicryl rapide were compared for complaints of pain and dyspareunia and complications such as infections and dehiscence after use for skin repair in episiotomies.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethical Review Committee Scientific Research Rotterdam, 07/10/2010, ref: NL28922.101.10

**Study design**

Single centre single blinded randomized controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Episiotomy

**Interventions**

In both arms the episiotomy was sutured as follows:

The vaginal wall was sutured continuously using Vicryl rapide 2-0 from the apex to the hymen. The bulbocavernosus and superficial perineal muscles and subcutaneous tissue were sutured with interrupted stitches using Vicryl 0.

The skin was sutured intracutaneously using Monocryl 3-0 SH in one arm of the trial and using Vicryl rapide 3-0 SH in the other arm of the trial. The first knot was tied in the subcutaneous tissue at the distal end of the episiotomy. From here a continuous intracutaneous suture to the fourchette was made where a knot was tied.

**Intervention Type**

Procedure/Surgery

**Primary outcome(s)**

Pain scores as measured by a Visual Analogous Scale (VAS) when in sitting position at 10 days post partum

**Key secondary outcome(s)**

1. Pain, when walking and supine position, using VAS scores at 6 weeks, 3 months
2. Dyspareunia, using the VAS score, measured after 6 weeks, 3 months
3. Wound infections, measured at 10 days, 6 weeks, 3 months
4. Wound dehiscence 10 days, 6 weeks, 3 months
5. Percentage of patients using analgesics, measured at 24 hours, 10 days, 6 weeks, 3 months
6. Percentage of patients that have suture material removed, measured at 10 days, 6 weeks, 3 months
7. Percentage of patients resuming intercourse, measured at 6 weeks, 3 months

**Completion date**

19/07/2013

# Eligibility

## Key inclusion criteria

1. Episiotomy
2. Primiparous
3. Informed consent
4. Suturing occurs on the delivery room
5. Age > 18 years

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

## Sex

Female

## Total final enrolment

250

## Key exclusion criteria

1. Immune compromised patient
2. Coagulopathy or thrombocytopenia
3. Existence of ruptures other than ipsilateral vaginal wall rupture that require suturing and may cause additional complaints of pain
4. Haemorrhage requiring fast intervention
5. Inadequate understanding of the Dutch language

## Date of first enrolment

15/11/2010

## Date of final enrolment

19/07/2013

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

**Ikazia Hospital**  
Montessoriweg 1  
Rotterdam  
Netherlands  
3083 AN

## Sponsor information

### Organisation

Ikazia Hospital, Department of Obstetrics and Gynaecology

### ROR

<https://ror.org/01abkkw91>

## Funder(s)

### Funder type

Not defined

### Funder Name

Ikazia Hospital, Department of Obstetrics and Gynaecology

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not expected to be made available

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	16/10/2017	30/11/2020	Yes	No
<a href="#">Dataset</a>		16/10/2017	19/05/2023	No	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes