# Impact of surgeon's experience on operative outcomes of surgical prostate tissue removal.

| Submission date   | Recruitment status No longer recruiting | Prospectively registered    |  |  |
|-------------------|---|-----------------------------|--|--|
| 16/12/2018        |   | ☐ Protocol                  |  |  |
| Registration date | Overall study status                    | Statistical analysis plan   |  |  |
| 06/03/2019        | Completed                               | [X] Results                 |  |  |
| Last Edited       | Condition category                      | Individual participant data |  |  |
| 20/09/2021        | Urological and Genital Diseases         |                             |  |  |

#### Plain English summary of protocol

Background and study aims

The number of cases needed to become proficient in Green Light endoscopic enucleation of the prostate (GreenLEP) is the subject of continuous debate. The aim of this study is to investigate the effect of surgical experience (EXP) on perioperative outcomes of GreenLEP.

Who can participate?

Men aged over 18 years who have lower urinary tract symptoms due to Benign prostatic obstruction.

What does the study involve?

This is a retrospective review of patients diagnosed with lower urinary tract symptoms due to Benign prostatic obstruction and management with Green Light endoscopic enucleation between 2013 and 2018. The researchers gathered data about the surgery, the demographic characteristic of patients and their follow up. This is done to assess the surgical outcomes to this procedure.

What are the possible benefits and risks of participating? There are no benefits or risks with participating.

Where is the study run from? Rennes University Hospital.

When is the study starting and how long is it expected to run for? January 2013 to July 2018.

Who is funding the study? The University of Rennes.

Who is the main contact?
Dr Zine-Eddine Khene
Zineddine.khene@gmail.com

# Study website

# N/A

## Contact information

#### Type(s)

Scientific

#### Contact name

Dr Zine-Eddine Khene

#### **ORCID ID**

http://orcid.org/0000-0002-4124-789X

#### Contact details

Department of Urology Rennes France 35000

## Additional identifiers

# **EudraCT/CTIS number** N/A

**IRAS** number

ClinicalTrials.gov number N/A

**Secondary identifying numbers** 2210559

# Study information

#### Scientific Title

The surgical learning curve for green light endoscopic enucleation of the prostate: an international multicenter study

#### **Acronym**

N/A

#### Study objectives

The aim of this study was to define the surgical learning curve for GreenLEP using a large, multiinstitutional dataset of patients treated by surgeons with extensive experience in transurethral resection of the prostate and open simple prostatectomy but none of them had any previous experience with the enucleation procedure. Our hypothesis proposed an initial learning phase, where clinical outcomes are heavily affected by surgical experience followed by a later plateau phase, where the impact of experience is negligible.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 17/10/2018, CNIL, ref: 2210559.

#### Study design

Retrospective, observational cohort study

#### Primary study design

Observational

#### Secondary study design

Cohort study

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

No participant information sheet available

#### Health condition(s) or problem(s) studied

Benign prostatic obstruction

#### Interventions

Medical records of patients diagnosed with lower urinary tract symptoms due to Benign prostatic obstruction and management with GreenLEP procedure (technical surgery of BPO) with a standardized technique between 2013 and 2018 was assessed. The perioperative results of Surgeons were evaluated and modelling to assess their learning curve.

A prospectively maintained database of patients diagnosed with lower urinary tract symptoms due to BPO and management with GreenLEP procedure with a standardized technique between 2013 and 2018 at five tertiary care referral European Centres was assessed. Multivariable linear and logistic regression models were fitted to evaluate the effect of EXP on total operative time (OT), the probability of at least one intraoperative complication (IOC), and the probability of Pentafecta achievement.

#### Intervention Type

Procedure/Surgery

#### Primary outcome measure

To be taken from the surgical reports:

- 1. The total operative time is measured using the data from the cases.
- 2. The probability of at least one complication during the surgery. Complications include:
- 1.1. Capsule perforation.

- 1.2. Bladder wall injury.
- 1.3. Intraoperative bleeding requiring conversion to TURP or open simple prostatectomy or leading to a failed morcellation.

#### Secondary outcome measures

- 1. Achievement of optimum outcomes in prostate enucleation will be measured using Pentafecta achievement (defined as a combination of complete enucleation and morcellation within <90 min without any conversion to standard TURP, no postoperative complications and no stress urinary incontinence) at 3 months
- 2. Three-month postoperative symptom score reduction will be measured using the IPSS questionnaire.

#### Overall study start date

01/05/2018

#### Completion date

15/11/2018

# Eligibility

#### Key inclusion criteria

- 1. Diagnosed with lower urinary tract symptoms due to benign prostatic obstruction (BPO)
- 2. Being treated with GreenLEP procedure

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Male

### Target number of participants

900

#### Total final enrolment

922

#### Key exclusion criteria

N/A

#### Date of first enrolment

10/05/2018

#### Date of final enrolment

28/07/2018

### Locations

#### Countries of recruitment

France

Italy

Spain

# Study participating centre Department of Urology

Rennes France 35000

# Study participating centre Department of Urology- Clinique Pasteur

Toulouse France 31000

# Study participating centre Department of Urology,

Hospital Quiron Barcelona Barcelona Spain 08000

# Study participating centre Department of Urology,

Hesperia Hospital Modena Italy 41121

# Study participating centre Department of Urology,

ICUA-Clinica CEMTRO Madrid Spain 28000

# Sponsor information

#### Organisation

Rennes University Hospital, department of Urologie

#### Sponsor details

Rennes

Rennes

France

35000

#### Sponsor type

Hospital/treatment centre

#### ROR

https://ror.org/015m7wh34

# Funder(s)

#### Funder type

University/education

#### **Funder Name**

Université de Rennes 1

#### Alternative Name(s)

University of Rennes 1

#### Funding Body Type

Government organisation

#### **Funding Body Subtype**

Local government

#### Location

France

# **Results and Publications**

#### Publication and dissemination plan

Planned publication in a high-impact peer-reviewed journal.

#### Intention to publish date

#### 31/12/2019

### Individual participant data (IPD) sharing plan

The data sharing plans for the current study are unknown and will be made available at a later date.

#### IPD sharing plan summary

Data sharing statement to be made available at a later date

### **Study outputs**

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article |         | 17/09/2019   | 20/09/2021 | Yes            | No              |