# Treatment strategy in patients with recurrent vasovagal syncope

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
20/12/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
20/12/2005	Completed	Results
Last Edited	Condition category	Individual participant data
18/11/2008	Signs and Symptoms	Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

### Contact information

### Type(s)

Scientific

### Contact name

Dr W. Wieling

#### Contact details

Academic Medical Centre
Department of Internal Medicine
Amsterdam
Netherlands
1105 AZ
+31 (0)20 566 9111
w.wieling@amc.uva.nl

# Additional identifiers

### Protocol serial number

NHS 2003B156; NTR143

# Study information

Scientific Title

**Acronym** 

### STAND (Syncope Treatment Association Netherlands Danmark)

### **Study objectives**

- 1. In patients with recurrent vasovagal syncope, current conventional therapy will fail in 40%, after 1 year follow-up
- 2. In patients with recurrent vasovagal syncope, treated with conventional therapy and training in physical counter pressure manoeuvres, failure rate will be reduced to 20% (50% reduction) and quality of life will improve significantly
- 3. In the subgroup of patients with recurrent vasovagal syncope, refractory to training in physical counter pressure manoeuvres, Midodrine therapy will lead to a recurrence rate of less than 20% and will improve quality of life significantly

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Received from the local medical ethics committee

### Study design

Multicentre, randomised, single-blind, active controlled, crossover trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Vasovagal syncope

#### **Interventions**

- 1. Physical counterpressure manoeuvres for all patients
- 2. Midodrine crossover therapy

Double-blind randomisation is used to decide whether patients first receive midodrine or placebo.

### **Intervention Type**

Other

#### Phase

**Not Specified** 

### Primary outcome(s)

- 1. Syncope recurrences during an entire treatment protocol including both physical counterpressure manoeuvres and the use of medication (midodrine)
- 2. The number of patients with recurrences during treatment with midodrine after recurrent failure of using the manoeuvres

### Key secondary outcome(s))

- 1. Time to first recurrence syncope and presyncope
- 2. Presyncope burden
- 3. Quality of life

### Completion date

02/01/2008

# **Eligibility**

### Key inclusion criteria

- 1. Clinical diagnosis of classical neurally-mediated reflex syncope, based on the medical history or non-classical diagnosis of neurally-mediated reflex syncope and a positive tilt-table test
- 2. Three syncope episodes in the last year
- 3. Recognisable prodromal symptoms
- 4. Aged 18 70 years

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

All

### Key exclusion criteria

- 1. Suspected or certain heart disease and high likelihood of cardiac syncope
- 2. Orthostatic hypotension
- 3. Episodes of loss of consciousness different from syncope (e.g. epilepsy, psychiatric, metabolic, drop-attack, transient ischaemic attack [TIA], intoxication, cataplexy)
- 4. Steal syndrome
- 5. Psychologically or physically (due to any other illness) or cognitively unfit for participation in the study according to the opinion of the investigator
- 6. Patient compliance doubtful
- 7. Patient geographically or otherwise inaccessible for follow-up
- 8. Patient unwilling or unable to give informed consent
- 9. Pregnancy
- 10. Life expectancy less than 1 year

#### Date of first enrolment

02/01/2005

#### Date of final enrolment

### Locations

### Countries of recruitment

Netherlands

Study participating centre Academic Medical Centre Amsterdam Netherlands 1105 AZ

# Sponsor information

### Organisation

Academic Medical Centre (AMC) (Netherlands)

### **ROR**

https://ror.org/03t4gr691

# Funder(s)

# Funder type

Research organisation

### **Funder Name**

Netherlands Heart Foundation (Nederlandse Hartstichting) (The Netherlands)

# **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration