# Learning to Improve the Management of Back pain In the Community

Submission date Recruitment status [ ] Prospectively registered 29/04/2010 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 29/04/2010 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 21/07/2016 Musculoskeletal Diseases

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

#### Type(s)

Scientific

#### Contact name

Ms Louise Worswick

#### Contact details

Royal London House Christchurch Road Bournemouth United Kingdom BH1 3LT

# Additional identifiers

#### Protocol serial number

5011

# Study information

#### Scientific Title

Learning to Improve the Management of Back pain In the Community: a non-randomised interventional and observational cohort study

#### **Acronym**

**LIMBIC** 

#### **Study objectives**

This study used a mixed method design which included a quantitative and qualitative component. The quantitative element of the project is the evaluation of patient outcomes (high level evaluation) and this data was collected from each of the participating 9 practices prior to commencement of the 8 workshops in 2008 and again following the workshops. Each practice attended the workshops as a team which were then evaluated in terms of their own learning and changes in their delivery of care around back pain.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Somerset Research Ethics Committee approved on the 9 August 2007 (ref: 07/H0205/36)

#### Study design

Non-randomised interventional and observational cohort study

#### Primary study design

Observational

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

#### **Interventions**

Nine practice team tool part in eight workshops and these were evaluated using focus group interviews with the team. The intervention was eight half day interprofessional educational workshops over a nine month period.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Improved patient outcomes of treatment of low back pain

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

31/03/2010

# Eligibility

## Key inclusion criteria

- 1. A general practice in Wiltshire or Bournemouth and Poole PCT willing to agree to participate in the study, send a team to the workshops and undertake the required data collection, including two focus group sessions
- 2. Patients aged 18 65 (either sex) presenting to their GP with acute low back pain for less than 12 weeks duration
- 3. All patients seeking primary care treatment for back pain of any kind

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

**Not Specified** 

#### Key exclusion criteria

- 1. Unable to commit to the project, send a team to workshops, or undertake the data collection requirements
- 2. Duration greater than 12 weeks
- 3. Under 18 or older than 65 years
- 4. Serious spinal pathology
- 5. Trauma

#### Date of first enrolment

01/10/2007

#### Date of final enrolment

31/03/2010

## Locations

#### Countries of recruitment

United Kingdom

England

### Study participating centre Royal London House

Bournemouth United Kingdom BH1 3LT

# Sponsor information

Organisation

Bournemouth University (UK)

ROR

https://ror.org/05wwcw481

# Funder(s)

Funder type

Charity

Funder Name

The Health Foundation (UK) (ref: 5107/4566)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results:	15/07/2012		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes