

Learning to Improve the Management of Back pain In the Community

Submission date 29/04/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 29/04/2010	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 21/07/2016	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Study website
<http://www.limbic.org.uk>

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
5011

Study information

Scientific Title

Learning to Improve the Management of Back pain In the Community: a non-randomised interventional and observational cohort study

Acronym

LIMBIC

Study objectives

This study used a mixed method design which included a quantitative and qualitative component. The quantitative element of the project is the evaluation of patient outcomes (high level evaluation) and this data was collected from each of the participating 9 practices prior to commencement of the 8 workshops in 2008 and again following the workshops. Each practice attended the workshops as a team which were then evaluated in terms of their own learning and changes in their delivery of care around back pain.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Somerset Research Ethics Committee approved on the 9 August 2007 (ref: 07/H0205/36)

Study design

Non-randomised interventional and observational cohort study

Primary study design

Observational

Secondary study design

Cohort study

Study setting(s)

GP practice

Study type(s)

Not Specified

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

Interventions

Nine practice team took part in eight workshops and these were evaluated using focus group interviews with the team. The intervention was eight half day interprofessional educational workshops over a nine month period.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Improved patient outcomes of treatment of low back pain

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/2007

Completion date

31/03/2010

Eligibility**Key inclusion criteria**

1. A general practice in Wiltshire or Bournemouth and Poole PCT willing to agree to participate in the study, send a team to the workshops and undertake the required data collection, including two focus group sessions
2. Patients aged 18 - 65 (either sex) presenting to their GP with acute low back pain for less than 12 weeks duration
3. All patients seeking primary care treatment for back pain of any kind

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Not Specified

Target number of participants

Planned Sample Size: 1000; UK Sample Size: 1000

Key exclusion criteria

1. Unable to commit to the project, send a team to workshops, or undertake the data collection requirements
2. Duration greater than 12 weeks
3. Under 18 or older than 65 years
4. Serious spinal pathology
5. Trauma

Date of first enrolment

01/10/2007

Date of final enrolment

31/03/2010

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Royal London House

Bournemouth

United Kingdom

BH1 3LT

Sponsor information

Organisation

Bournemouth University (UK)

Sponsor details

Fern Barrow

Dorset

England

United Kingdom

BH12 5BB

Sponsor type

Hospital/treatment centre

Website

<http://www.bournemouth.ac.uk>

ROR

<https://ror.org/05wwcw481>

Funder(s)

Funder type

Charity

Funder Name

The Health Foundation (UK) (ref: 5107/4566)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results:	15/07/2012		Yes	No