

# Learning to Improve the Management of Back pain In the Community

<b>Submission date</b> 29/04/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 21/07/2016	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
5011

## Study information

**Scientific Title**  
Learning to Improve the Management of Back pain In the Community: a non-randomised interventional and observational cohort study

**Acronym**  
LIMBIC

## **Study objectives**

This study used a mixed method design which included a quantitative and qualitative component. The quantitative element of the project is the evaluation of patient outcomes (high level evaluation) and this data was collected from each of the participating 9 practices prior to commencement of the 8 workshops in 2008 and again following the workshops. Each practice attended the workshops as a team which were then evaluated in terms of their own learning and changes in their delivery of care around back pain.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Somerset Research Ethics Committee approved on the 9 August 2007 (ref: 07/H0205/36)

## **Study design**

Non-randomised interventional and observational cohort study

## **Primary study design**

Observational

## **Study type(s)**

Not Specified

## **Health condition(s) or problem(s) studied**

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

## **Interventions**

Nine practice team took part in eight workshops and these were evaluated using focus group interviews with the team. The intervention was eight half day interprofessional educational workshops over a nine month period.

## **Intervention Type**

Other

## **Phase**

Not Applicable

## **Primary outcome(s)**

Improved patient outcomes of treatment of low back pain

## **Key secondary outcome(s)**

Not provided at time of registration

## **Completion date**

31/03/2010

## **Eligibility**

### **Key inclusion criteria**

1. A general practice in Wiltshire or Bournemouth and Poole PCT willing to agree to participate in the study, send a team to the workshops and undertake the required data collection, including two focus group sessions
2. Patients aged 18 - 65 (either sex) presenting to their GP with acute low back pain for less than 12 weeks duration
3. All patients seeking primary care treatment for back pain of any kind

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Not Specified

**Key exclusion criteria**

1. Unable to commit to the project, send a team to workshops, or undertake the data collection requirements
2. Duration greater than 12 weeks
3. Under 18 or older than 65 years
4. Serious spinal pathology
5. Trauma

**Date of first enrolment**

01/10/2007

**Date of final enrolment**

31/03/2010

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Royal London House

Bournemouth

United Kingdom

BH1 3LT

# Sponsor information

## Organisation

Bournemouth University (UK)

## ROR

<https://ror.org/05wwcw481>

# Funder(s)

## Funder type

Charity

## Funder Name

The Health Foundation (UK) (ref: 5107/4566)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results:	15/07/2012		Yes	No
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes