# Investigation into patient characteristics and treatment factors associated with short-term and medium-term outcome following Anterior Cruciate Ligament Reconstruction

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ll study status $\Box$	Statistical analysis plan
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tion category	Individual participant data
	Record updated in last year
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## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Mr Fares S Haddad

#### Contact details

Department of Trauma & Orthopaedics University College Hospital 235 Euston Road London United Kingdom NW1 2BU

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

Investigation into patient characteristics and treatment factors associated with short-term and medium-term outcome following Anterior Cruciate Ligament Reconstruction

#### **Study objectives**

What are the factors pre-operatively, intra-operatively and post-operative and related to patient characteristics that have the most influence on outcomes of ACL reconstruction? Particular focus on post operative/rehabilitation factors (knee swelling and initial rehabilitation) and patient psychological factors (adherence to rehabilitation, motivation and sense of control).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Added 28/08/09:

Joint UCL/UCLH Committees on the Ethics of Human Research (Committee A), Research & Development Directorate, 1st Floor Maple House, 149 Tottenham Court Road, London W1P 9LL. REC reference number: 05/Q0505/120. Meeting date 26th January 2006, approval letter dated 9th February 2006.

#### Study design

Randomised controlled trial

## Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Please contact Bruce.Paton@uclh.nhs.uk or Bruce Paton, Extended Scope Practitioner, Physiotherapy Dept., University College Hospital, 235 Euston Road, London NW1 2BU.

#### Health condition(s) or problem(s) studied

Surgery: Anterior cruciate ligament reconstruction

#### **Interventions**

Randomised between 2 groups: normal management vs measures to reduce swelling

#### Intervention Type

#### Procedure/Surgery

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Questionnaire - International Knee Documentation committee (IKDC) form

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/04/2006

#### Completion date

01/03/2010

# **Eligibility**

#### Key inclusion criteria

100 patients recruited from UCLH Foundation Trust, in need of Arthroscopic anterior cruciate ligament reconstruction (ACL) for uncomplicated ACL reconstruction.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

## Target number of participants

100

#### Key exclusion criteria

- 1. Concurrent surgery (meniscus repair, posterior cruciate ligament reconstruction, other ligament injuries)
- 2. Patients with gross pre-operative swelling/inflammation, pre-operative loss of normal movement (esp. leg straightening), heavy manual/impact type of work, compulsory return to work before 4 weeks post op).

#### Date of first enrolment

01/04/2006

#### Date of final enrolment

01/03/2010

## Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Department of Trauma & Orthopaedics
London
United Kingdom
NW1 2BU

# Sponsor information

#### Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

#### Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

### Funder type

Government

#### **Funder Name**

UCL Hospitals NHS Foundation Trust (UK), NHS R&D Support Funding

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration