

# Can Dynamic Contrast Enhanced Computed Tomography (DCE-CT) scans aid in the diagnosis of early stage lung cancer and are they cost effective?

<b>Submission date</b> 28/05/2012	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 30/05/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 16/03/2022	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<http://www.cancerresearchuk.org/cancer-help/trials/a-study-looking-at-2-different-ways-to-diagnose-lung-cancer-sputnik>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number  
NCT02013063

## Secondary identifying numbers

HTA: 09/22/117

# Study information

## Scientific Title

Accuracy and cost-Effectiveness of Dynamic Contrast Enhanced Computed Tomography in the characterisation of solitary pulmonary nodules

## Acronym

SPutNik

## Study objectives

A DCE-CT scan, either alone or in conjunction with fluorodeoxyglucose positron emission tomography (FDG-PET)/CT scan, can aid in the early diagnosis of lung cancer in patients where a single pulmonary nodule has been detected by conventional CT scan and that this is more cost effective than monitoring with conventional CT scans for up to two years.

More details can be found at <http://www.hta.ac.uk/project/2790.asp>

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Prospective observational study

## Primary study design

Observational

## Secondary study design

Other

## Study setting(s)

Hospital

## Study type(s)

Diagnostic

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Diagnosis of early stage lung cancer in a population that have a single pulmonary nodule detected by conventional CT scan

## Interventions

This is a diagnostic study involving the addition of a single DCE-CT scan, performed on the same day or within 2 weeks of a FDG-PET/CT scan which is standard NHS care for patients presenting with an SPN on conventional CT scan.

Patients will be followed up for a period of two years or until diagnosis under standard NHS care.

Outcomes of early stage lung cancer or not will be compared to scan data from DCE-CT scans  $\pm$  FDG-PET/CT scans to assess accuracy of diagnosis and cost effectiveness of DCE-CT scans.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

1. Diagnostic test characteristics of sensitivity, specificity and accuracy for both FDG-PET/CT and DCE-CT scans in relation to a subsequent clinical diagnosis of lung cancer.
2. Economic model will include accuracy, estimated life expectancy, and quality adjusted life years (QALYs)
3. Costs will be estimated from an NHS perspective. Incremental cost-effectiveness ratios will compare management strategies with DCE-CT to strategies without DCE-CT.

### **Secondary outcome measures**

1. Diagnostic test characteristics for FDG-PET/CT with incorporation of CT appearances and combined DCE-CT/FDG-PET scans.
2. Incidence of incidental extra-thoracic findings on FDG-PET/CT and subsequent investigations and costs will also be determined.

### **Overall study start date**

01/09/2012

### **Completion date**

30/04/2019

## **Eligibility**

### **Key inclusion criteria**

1. A soft tissue solitary dominant pulmonary nodule of  $\geq 8\text{mm}$  and  $\leq 30\text{mm}$  on axial plane, measured on lung window using conventional CT scan with no other ancillary evidence strongly indicative of malignancy (e.g. distant metastases) or unequivocal local invasion.
2. 18 years of age or over at time of providing consent
3. Able and willing to consent to study

### **Participant type(s)**

Patient

### **Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

375

**Total final enrolment**

355

**Key exclusion criteria**

1. Pregnancy
2. History of malignancy within the past 2 years
3. Confirmed aetiology of the nodule
4. Biopsy of nodule prior to DCE-CT scan
5. Contra-indication to potential radiotherapy or surgery
6. Contra indication to scans (assessed by local procedures)

**Date of first enrolment**

01/09/2012

**Date of final enrolment**

16/12/2016

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Mailpoint 805**

Southampton

United Kingdom

SO16 6YD

**Sponsor information****Organisation**

University Hospital Southampton NHS Foundation Trust (UK)

**Sponsor details**

Research and Development  
SGH - Level E  
Laboratory and Pathology Block  
SCBR - MP 138  
Southampton General Hospital  
Southampton  
England  
United Kingdom  
SO16 6YD

**Sponsor type**

Hospital/treatment centre

**ROR**

<https://ror.org/0485axj58>

## Funder(s)

**Funder type**

Government

**Funder Name**

NIHR Health Technology Assessment (HTA) (UK) (ref: 09/22/117)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan**

Not provided at time of registration

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2020	03/11/2020	Yes	No
<a href="#">Protocol article</a>	protocol	14/10/2016	17/12/2020	Yes	No
<a href="#">Results article</a>	Health Technology Assessment programme results publication	01/03/2022	16/03/2022	Yes	No

