# Can Dynamic Contrast Enhanced Computed Tomography (DCE-CT) scans aid in the diagnosis of early stage lung cancer and are they cost effective?

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
28/05/2012		[X] Protocol		
Registration date 30/05/2012	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
16/03/2022	Cancer			

# Plain English summary of protocol

http://www.cancerresearchuk.org/cancer-help/trials/a-study-looking-at-2-different-ways-to-diagnose-lung-cancer-sputnik

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

ClinicalTrials.gov (NCT)

NCT02013063

## Protocol serial number

HTA: 09/22/117

# Study information

#### Scientific Title

Accuracy and cost-Effectiveness of Dynamic Contrast Enhanced Computed Tomography in the characterisation of solitary pulmonary nodules

## Acronym

**SPutNIk** 

# **Study objectives**

A DCE-CT scan, either alone or in conjunction with fluorodeoxyglucose positron emission tomography (FDG-PET)/CT scan, can aid in the early diagnosis of lung cancer in patients where a single pulmonary nodule has been detected by conventional CT scan and that this is more cost effective than monitoring with conventional CT scans for up to two years.

More details can be found at http://www.hta.ac.uk/project/2790.asp

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Prospective observational study

# Primary study design

Observational

# Study type(s)

Diagnostic

# Health condition(s) or problem(s) studied

Diagnosis of early stage lung cancer in a population that have a single pulmonary nodule detected by conventional CT scan

#### Interventions

This is a diagnostic study involving the addition of a single DCE-CT scan, performed on the same day or within 2 weeks of a FDG-PET/CT scan which is standard NHS care for patients presenting with an SPN on conventional CT scan.

Patients will be followed up for a period of two years or until diagnosis under standard NHS care.

Outcomes of early stage lung cancer or not will be compared to scan data from DCE-CT scans ± FDG-PET/CT scans to assess accuracy of diagnosis and cost effectiveness of DCE-CT scans.

# **Intervention Type**

Other

# **Phase**

# Primary outcome(s)

- 1. Diagnostic test characteristics of sensitivity, specificity and accuracy for both FDG-PET/CT and DCE-CT scans in relation to a subsequent clinical diagnosis of lung cancer.
- 2. Economic model will include accuracy, estimated life expectancy, and quality adjusted life years (QALYs)
- 3. Costs will be estimated from an NHS perspective. Incremental cost-effectiveness ratios will compare management strategies with DCE-CT to strategies without DCE-CT.

# Key secondary outcome(s))

- 1. Diagnostic test characteristics for FDG-PET/CT with incorporation of CT appearances and combined DCE-CT/FDG-PET scans.
- 2. Incidence of incidental extra-thoracic findings on FDG-PET/CT and subsequent investigations and costs will also be determined.

# Completion date

30/04/2019

# Eligibility

## Key inclusion criteria

- 1. A soft tissue solitary dominant pulmonary nodule of  $\geq 8$ mm and  $\leq 30$ mm on axial plane, measured on lung window using conventional CT scan with no other ancillary evidence strongly indicative of malignancy (e.g. distant metastases) or unequivocal local invasion.
- 2. 18 years of age or over at time of providing consent
- 3. Able and willing to consent to study

# Participant type(s)

Patient

# Healthy volunteers allowed

No

### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Total final enrolment

355

## Key exclusion criteria

- 1. Pregnancy
- 2. History of malignancy within the past 2 years
- 3. Confirmed aetiology of the nodule

- 4. Biopsy of nodule prior to DCE-CT scan
- 5. Contra-indication to potential radiotherapy or surgery
- 6. Contra indication to scans (assessed by local procedures)

## Date of first enrolment

01/09/2012

## Date of final enrolment

16/12/2016

# Locations

#### Countries of recruitment

**United Kingdom** 

England

# Study participating centre

Mailpoint 805

Southampton United Kingdom SO16 6YD

# Sponsor information

# Organisation

University Hospital Southampton NHS Foundation Trust (UK)

#### **ROR**

https://ror.org/0485axj58

# Funder(s)

# Funder type

Government

#### Funder Name

NIHR Health Technology Assessment (HTA) (UK) (ref: 09/22/117)

# **Results and Publications**

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	results	01/11 /2020	03/11 /2020	Yes	No
Results article	Health Technology Assessment programme results publication	01/03 /2022	16/03 /2022	Yes	No
Protocol article	protocol	14/10 /2016	17/12 /2020	Yes	No
Participant information sheet	Participant information sheet	11/11 /2025	11/11 /2025	No	Yes