# Videofluoroscopic evaluation of the therapeutic effect of Tabasco® sauce in dysphagic patients

Submission date	Recruitment status	Prospectively registered
20/10/2010	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
25/11/2010	Completed	Results
Last Edited	Condition category	Individual participant data
25/11/2010	Signs and Symptoms	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Pere Clavé

#### Contact details

Hospital de Mataró Carretera Cirera s/n Planta -2 porta 64 Mataró Spain 08304

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** CAPS-01

# Study information

#### Scientific Title

Videofluoroscopic evaluation of the therapeutic effect of Tabasco® sauce in dysphagic patients: An open-label, non-randomised controlled trial

# **Study objectives**

# Background:

Oropharyngeal dysphagia is the difficulty to form or to move the alimentary bolus from the mouth to the oesophagus. It is a highly prevalent symptom in neurological and older patients and causes malnutrition and aspiration pneumonia. There are no pharmacological strategies for dysphagic patients and most are treated by changes in bolus viscosity.

## Hypothesis:

Capsaicin from Tabasco sauce acts on the oropharyngeal transient receptor potential cation channel (TRPV1), increasing sensory input and the release of substance P. These actions may accelerate the oropharyngeal swallow response, improving the swallowing in dysphagic patients.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

The local ethics committee (Comitè Ètic d'Invstigació Clínica de l'Hospital de Mataró, Consorci Sanitari del Maresme) approved on the 24th of September 2008

# Study design

Single centre open label non-randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Non randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please contact Dr Pere Clavé [pclave@teleline.es] to request a patient information sheet

# Health condition(s) or problem(s) studied

Oropharyngeal dysphagia

#### **Interventions**

All participants will undergo a clinical study of swallowing by a questionnaire and clinical examination by the volume-viscosity swallow test (V-VST)

Dysphagic patients will be randomised to either the experimental or control group. Healthy volunteers will enter the control group.

- 1. Control group:
- 1.1. Videofluoroscopic control study during bolus swallow of 5, 10 and 20 mL of control substance, to describe biomechanical abnormalities (videofluoroscopic signs) that lead to the pathophysiology of dysphagia in each patient
- 2. Experimental group:
- 2.1. Oropharyngeal sensitization by swallowing nectar bolus of 5 mL supplemented with capsaicin
- 2.2. Two videofluroscopic studies during bolus intake of 5, 10 and 20 mL of experimental substance
- 2.3. Determination of the degree of acceptability of the experimental substance and comparison with the control substance by hedonic scale

All participants will be monitored for adverse effects by a phone call within 48 hours of the study.

# Intervention Type

Other

#### Phase

Phase IV

#### Primary outcome measure

- 1. Efficacy signs:
- 1.1. Lip closure
- 1.2. Capacity to form the bolus
- 1.3. Tongue propulsion
- 1.4. Presence of oral and pharyngeal residue
- 1.5. Impaired upper oesophageal sphincter opening
- 2. Safety signs:
- 2.1. Glosopalatal seal
- 2.2. Laryngeal vestibule closure
- 2.3. Local cords closure
- 3. Timing of oropharyngeal swallow response: Timing of opening and closing of
- 3.1. Glosopalatal junction
- 3.2. Velopharyngeal junction
- 3.3. Laryngeal vestibule
- 3.4. Upper oesophageal sphincter

#### Secondary outcome measures

- 1. Hvoid movement:
- 1.1. Maximal vertical and anterior extension
- 1.2. General profile
- 2. Mechanics and kinematics:
- 2.1. Bolus propulsion force
- 2.2. Mean and maximal bolus velocity
- 2.3. Kinetic energy

# Overall study start date

25/09/2008

# Completion date

14/07/2010

# Eligibility

# Key inclusion criteria

- 1. Age >18
- 2. History of swallowing difficulties associated with aging and/or neurological diseases (neurodegenerative or non-progressive neurological diseases)
- 3. Study explained and written subject information given
- 4. Informed consent signed

## Participant type(s)

**Patient** 

#### Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

# Target number of participants

8 healthy volunteers; 33 dysphagic patients with Tabasco treatment; 33 dysphagic patients with thickener treatment

## Key exclusion criteria

- 1. Patients suffering idiosyncratic phenomena or who are allergic to any medication, especially iodinated contrast media
- 2. Patients suffering major respiratory disease or undergoing any type of surgery in the three months prior to the study
- 3. Patients with a background of alcohol dependence or other drug dependence
- 4. Currently participating or having participated in another clinical trial during the last 4 weeks prior to the beginning of the study

#### Date of first enrolment

25/09/2008

#### Date of final enrolment

14/07/2010

# Locations

#### Countries of recruitment

Spain

# Study participating centre Hospital de Mataró Mataró Spain 08304

# Sponsor information

# Organisation

Hospital de Mataró (Spain)

#### Sponsor details

c/o Pere Clavé Carretera Cirera s/n Planta -2 porta 64 Mataró Spain 08304

# Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/04cy4z909

# Funder(s)

#### Funder type

University/education

#### **Funder Name**

Ministry of Science and Innovation (Ministerio de Ciencia e Inovación) (Spain) - Collegial Scholarship 2009/2010, Official Pharmaceutical College of Barcelona FIS Project (ref: PS09 /01012) (Beca Collegial 2009/2010, Collegi Oficial de Farmacèutics de Barcelona

# **Funder Name**

Proyecto FIS)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration