

# Healthcare Evaluation and Assessment of Patients with Chronic Fatigue Syndrome (CFS)

<b>Submission date</b> 07/07/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 14/07/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 16/09/2009	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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United Kingdom  
CF10 3AS

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N/A

## Study information

**Scientific Title**

**Study objectives**

To assess the efficacy of MultiConvergent Therapy in the treatment of CFS

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet****Health condition(s) or problem(s) studied**

Chronic Fatigue Syndrome

**Interventions**

MultiConvergent Therapy (MCT) versus relaxation

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Performance scores of 80% or above

**Secondary outcome measures**

1. Patient satisfaction with treatment
2. Reduced fatigue
3. Reduced disability
4. Overall improvement

**Overall study start date**

01/10/2000

**Completion date**

01/07/2003

## Eligibility

**Key inclusion criteria**

Centers for Disease Control and Prevention (CDC) Criteria for CFS. Performance score of 70% or less

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

60

**Key exclusion criteria**

1. Performance scores above 70%
2. Not able to attend all assessment/therapy sessions

**Date of first enrolment**

01/10/2000

**Date of final enrolment**

01/07/2003

## Locations

**Countries of recruitment**

United Kingdom

Wales

**Study participating centre**

63 Park Place

Cardiff

United Kingdom

CF10 3AS

# Sponsor information

## Organisation

The Gatsby Foundation (UK)

## Sponsor details

Sainsbury Family Charitable Trusts  
1st Floor Allington House  
150 Victoria Street  
London  
United Kingdom  
SW1E 5AE  
contact@gatsby.org.uk

## Sponsor type

Charity

## ROR

<https://ror.org/0290hax27>

# Funder(s)

## Funder type

Charity

## Funder Name

The Gatsby Foundation (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
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[Results article](#)  
[Results article](#)

17/02/2007  
01/03/2008

Yes  
Yes

No  
No