Healthcare Evaluation and Assessment of Patients with Chronic Fatigue Syndrome (CFS)

| Submission date | Recruitment status | Prospectively registered |
|-------------------|----------------------------------|-----------------------------|
| 07/07/2005 | No longer recruiting | ☐ Protocol |
| Registration date | Overall study status | Statistical analysis plan |
| 14/07/2005 | Completed | [X] Results |
| Last Edited | Condition category | Individual participant data |
| 16/09/2009 | Mental and Behavioural Disorders | |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Andrew Smith

Contact details

63 Park Place Cardiff United Kingdom CF10 3AS

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N/A

Study information

Scientific Title

Study objectives

To assess the efficacy of MultiConvergent Therapy in the treatment of CFS

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Chronic Fatigue Syndrome

Interventions

MultiConvergent Therapy (MCT) versus relaxation

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Performance scores of 80% or above

Secondary outcome measures

- 1. Patient satisfaction with treatment
- 2. Reduced fatique
- 3. Reduced disability
- 4. Overall improvement

Overall study start date

Completion date

01/07/2003

Eligibility

Key inclusion criteria

Centers for Disease Control and Prevention (CDC) Criteria for CFS. Performance score of 70% or less

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

60

Key exclusion criteria

- 1. Performance scores above 70%
- 2. Not able to attend all assessment/therapy sessions

Date of first enrolment

01/10/2000

Date of final enrolment

01/07/2003

Locations

Countries of recruitment

United Kingdom

Wales

Study participating centre

63 Park Place

Cardiff United Kingdom CF10 3AS

Sponsor information

Organisation

The Gatsby Foundation (UK)

Sponsor details

Sainsbury Family Charitable Trusts
1st Floor Allington House
150 Victoria Street
London
United Kingdom
SW1E 5AE
contact@gatsby.org.uk

Sponsor type

Charity

ROR

https://ror.org/0290hax27

Funder(s)

Funder type

Charity

Funder Name

The Gatsby Foundation (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Results article
Results article

17/02/2007 01/03/2008 Yes Yes No No