

Healthcare Evaluation and Assessment of Patients with Chronic Fatigue Syndrome (CFS)

Submission date
07/07/2005

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
14/07/2005

Overall study status
Completed

☐ Statistical analysis plan

☒ Results

Last Edited
16/09/2009

Condition category
Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Andrew Smith

Contact details
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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Study objectives
To assess the efficacy of MultiConvergent Therapy in the treatment of CFS

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Chronic Fatigue Syndrome

Interventions

MultiConvergent Therapy (MCT) versus relaxation

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Performance scores of 80% or above

Key secondary outcome(s)

1. Patient satisfaction with treatment
2. Reduced fatigue
3. Reduced disability
4. Overall improvement

Completion date

01/07/2003

Eligibility

Key inclusion criteria

Centers for Disease Control and Prevention (CDC) Criteria for CFS. Performance score of 70% or less

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Performance scores above 70%
2. Not able to attend all assessment/therapy sessions

Date of first enrolment

01/10/2000

Date of final enrolment

01/07/2003

Locations**Countries of recruitment**

United Kingdom

Wales

Study participating centre

63 Park Place

Cardiff

United Kingdom

CF10 3AS

Sponsor information**Organisation**

The Gatsby Foundation (UK)

ROR

<https://ror.org/0290hax27>

Funder(s)**Funder type**

Charity

Funder Name

The Gatsby Foundation (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		17/02/2007		Yes	No
Results article		01/03/2008		Yes	No