

# Diffuse noxious inhibitory controls in chronic cough

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| <b>Submission date</b><br>20/12/2010   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol                       |
| <b>Registration date</b><br>07/04/2011 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input type="checkbox"/> Results                       |
| <b>Last Edited</b><br>13/02/2017       | <b>Condition category</b><br>Respiratory          | <input type="checkbox"/> Individual participant data<br><input type="checkbox"/> Record updated in last year |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
DNIC1; G0900449

# Study information

## Scientific Title

Diffuse Noxious Inhibitory Controls in chronic cough: a randomised, four-way cross-over study of 20 healthy subjects and 20 patients with chronic cough

## Acronym

DNIC

## Study objectives

1. Inhibitory mechanisms control coughing in healthy subjects, but not in patients with chronic cough
2. Females have less effective inhibitory mechanisms compared to males

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

North West 6 Research Ethics Committee - Greater Manchester South, 14/12/2010, ref: 10/H1003/104

## Study design

Randomised four-way cross-over study

## Primary study design

Interventional

## Secondary study design

Randomised cross over trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Chronic cough

## Interventions

Basal conditions:

During both blocks of capsaicin inhalation (block 1 and block 2) participants will not place their hand in a water bath and will be instructed to cough freely.

Control conditions:

During both blocks of capsaicin inhalation (block 1 and block 2) participants will place their hand in a non-painful warm water bath (37°C) and will be instructed to cough freely.

Cold water conditions:

During one of the blocks of capsaicin inhalation (block 1 or 2) participants will place their hand in a painful cold water bath (10°C). During the other block participants will place their hand in a non-painful warm water bath (37°C). The order of the blocks is randomised. Participants will cough freely throughout.

Conscious cough suppression conditions:

During one of the blocks (block 1 or 2) participants will place their hand in a non-painful warm water bath (37°C) and will be asked to "try not to cough". During the other block participants will place their hand in a non-painful warm water bath (37°C) and will be instructed to cough freely. The order of the blocks is randomised.

The duration of this clinical trial will range from 2 - 5 weeks.

## **Intervention Type**

Other

## **Primary outcome measure**

Effect of painful cold water bath on cough response, recorded following each of the four randomised interventions. Each intervention will take place at least 48 hours apart.

## **Secondary outcome measures**

1. Effect of conscious cough suppression on cough response
2. Comparison of effects by group and gender

The primary and secondary outcome measures will be recorded following each of the four randomised interventions. Each intervention will take place at least 48 hours apart.

## **Overall study start date**

04/01/2011

## **Completion date**

04/01/2012

# **Eligibility**

## **Key inclusion criteria**

Healthy volunteers:

1. Aged over 18 years old, either sex
2. Normal lung function
3. No current or past history of chronic cough or chronic respiratory illness
4. No current or past history of chronic pain, irritable bowel syndrome or chronic headaches
5. No current or past history of psychiatric illness
6. No current history of reflux disease or post-nasal drip syndrome

Chronic cough patients:

1. Aged over 18 years old, either sex

2. Chronic cough, defined as a cough lasting longer than 8 weeks despite investigation and/or treatment trials for cough variant asthma, post-nasal drip and gastro-oesophageal reflux disease
3. Normal chest x-ray
4. Normal lung function
5. Can safely omit long-acting bronchodilators (if taking)

**Participant type(s)**

Mixed

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

40 (20 healthy volunteers and 20 chronic cough patients)

**Key exclusion criteria**

1. Recent upper respiratory tract infection (less than 4 weeks)
2. Pregnancy or breastfeeding
3. Use of angiotensin converting enzyme (ACE) inhibitors
4. Any centrally acting medication which could alter the sensitivity of the cough reflex
5. History of drug or alcohol abuse
6. Current smoker or ex-smoker with greater than 10 pack year smoking history

**Date of first enrolment**

04/01/2011

**Date of final enrolment**

04/01/2012

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

University Hospitals South Manchester

Manchester

United Kingdom

M23 9LT

# Sponsor information

## Organisation

University Hospitals of South Manchester NHS Foundation Trust (UK)

## Sponsor details

c/o Dr Andrew Maines  
Ground Floor, Education & Research Centre  
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## Sponsor type

Hospital/treatment centre

## Website

<http://www.uhsm.nhs.uk/Pages/default.aspx>

## ROR

<https://ror.org/00he80998>

# Funder(s)

## Funder type

Research council

## Funder Name

Medical Research Council (MRC) (UK) (ref: G0900449)

## Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

## Funding Body Type

Government organisation

## Funding Body Subtype

National government

## Location

United Kingdom

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration