

# Protected Engagement Time (PET) for people with Dementia

<b>Submission date</b> 16/10/2013	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 13/02/2014	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 13/03/2020	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Protected engagement time (PET) is an initiative adopted in some dementia wards in England. It is in response to feedback that ward staff may be able to spend enough time with people suffering from dementia. The aim is to help ward staff to be able to prioritise this by reorganising ward routines so they can engage with patients individually or in groups. It is expected that, as a result, patients service users will experience less distress and require less psychiatric medication. The aim of this study is to examine whether the quality of life of patients is increased on wards where PET is implemented and whether it has any impact on other aspects of how patients and staff experience being on the wards.

### Who can participate?

Patients who have been inpatients on the participating dementia wards for fourteen or more days will be eligible to take part. Relatives and staff will also be invited to take part.

### What does the study involve?

There are a number of parts to the study. We will carry out a national telephone survey of all the dementia inpatient wards in England to find out where and how PET is being implemented. Ten wards over the three sites selected for the study have agreed to take part in providing information about life on the ward. Five of these wards offer PET whilst the other five do not. Measures will be taken from patients, relatives and staff on these participating wards through recognised questionnaires. We will also be speaking with and interviewing a number of patients, staff and relatives from PET wards to get more in-depth information about their views of PET. Finally we will devise a fidelity measure (to which extent the initiative is delivered as intended) from all the data collected from the other parts of the study.

### What are the possible benefits and risks of participating?

Benefits include patients, staff and relatives having their views and experiences taken into consideration, helping to shape service developments. We do not anticipate many risks to taking part in the study but participants may become distressed during questioning. Researcher will be well trained to manage such situations should they occur. Participants will be able to complete the questionnaires and interviews in stages if required.

Where is the study run from?

The University of the West of England, Bristol is running the study. There are three participating sites: Avon and Wiltshire Mental Health Partnership NHS Trust, Norfolk and Suffolk Foundation Trust and Camden and Islington Foundation Trust (UK).

When is the study starting and how long is it expected to run for?

June 2013 to April 2015

Who is funding the study?

National Institute for Health Research (NIHR) (UK)

Who is the main contact?

Prof Richard Gray, Chief Investigator

Miss Emily Dodd, Trial Manager, emily3.dodd@uwe.ac.uk

## Contact information

### Type(s)

Scientific

### Contact name

Miss Emily Dodd

### Contact details

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## Additional identifiers

### Protocol serial number

14879

## Study information

### Scientific Title

A preliminary comparison of wards for people with dementia using patient Protected Engagement Time (PET), with other wards delivering standard care alone

### Acronym

PET-Dementia

### Study objectives

We wish to examine whether the quality of life of patients is increased on wards where PET is implemented and whether it has any impact on other aspects of how patients and staff experience being on the wards.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

London - Camden and Islington NRES Ethics Committee, 25/03/2013, ref: 13/LO/0191

### **Study design**

Non-randomised mixed methodology design observational study single time point

### **Primary study design**

Observational

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Dementia

### **Interventions**

1. National telephone survey of all dementia inpatient wards in England to gather a detailed picture of the implementation of PET across the country
2. Administration of questionnaires to staff, patients and relatives on ten participating wards over three sites; five wards where PET is implemented (PET wards) and five wards (non-PET wards) delivering standard care alone

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome(s)**

1. Quality of Life (DEMQOL) which measures health-related quality of life of people with dementia; Timepoint(s): Single observation at trial entry
2. Qualitative interviews with a sample of staff, patients and relatives from participating PET wards

### **Key secondary outcome(s)**

1. Patients:
  - 1.1. Client satisfaction questionnaire
  - 1.2. Camden Content of Care questionnaire
  - 1.3. EuroQol EQ-5D
2. Staff:
  - 2.1. Maslach Burnout Inventory

2.1. Ward Atmosphere Scale

3. Relatives:

3.1. Carer burden

Patients and staff on PET wards will also be asked specific questions about their experience of PET. All measures are taken once. There is no follow up.

**Completion date**

31/05/2015

## Eligibility

**Key inclusion criteria**

1. All patients with dementia who have been in hospital for fourteen days or more will be eligible to be included in this study as this will allow an adequate period in which to have experienced life on the ward.

2. Target Gender: Male & Female

3. Lower Age Limit 65 years

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Senior

**Sex**

All

**Key exclusion criteria**

There are no exclusions listed.

**Date of first enrolment**

26/07/2013

**Date of final enrolment**

31/05/2015

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**University of the West of England (UWE)**  
Bristol  
United Kingdom  
BS16 1DD

## Sponsor information

### Organisation

Norfolk and Waveney Mental Health NHS Foundation Trust (UK)

### ROR

<https://ror.org/03400ft78>

## Funder(s)

### Funder type

Government

### Funder Name

National Institute for Health Research (NIHR) (UK) - CCF; Grant Codes: PB-PG-0110-21023

### Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2018		Yes	No
<a href="#">Protocol article</a>	protocol	29/01/2016		Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No