# Hypnosis and self-hypnosis, administered and taught by nurses, for the reduction of chronic pain: a controlled clinical trial

Recruitment status No longer recruiting	Prospectively registered		
	[X] Protocol		
Overall study status	Statistical analysis plan		
Completed  Condition category	☐ Results		
	Individual participant data		
Signs and Symptoms	Record updated in last year		
	Overall study status Completed Condition category		

# Plain English summary of protocol

Not provided at time of registration

## Contact information

#### Type(s)

Scientific

#### Contact name

Dr Bernard Burnand

#### Contact details

IUMSP Bugnon 17 Lausanne Switzerland CH-1010

# Additional identifiers

**Protocol serial number** N/A

# Study information

Scientific Title

**Study objectives** 

Hypnosis and auto-hypnosis do not reduce pain in patients with chronic pain

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Various conditions engendering chronic pain

#### **Interventions**

Hypnosis and auto-hypnosis administered and taught by trained nurses

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Level of pain (VAS)

#### Key secondary outcome(s))

- 1. Physical activity (tridimensional accelerometer)
- 2. Health related quality of life (SF-36)

#### Completion date

31/12/1994

# **Eligibility**

#### Key inclusion criteria

- 1. To be referred (including occasional self-referral) for the management of chronic pain
- 2. To live within manageable distances from the hospital
- 3. To be aged 18 or above
- 4. To understand and speak French adequately
- 5. To be able to see, hear and communicate (i.e. no alteration of consciousness)
- 6. To have no diagnosis of mental illness (e.g. psychosis)
- 7. To give informed consent

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

Patients were excluded from the study whenever they wished and/or when no conventional treatment could be proposed.

#### Date of first enrolment

01/05/1993

#### Date of final enrolment

31/12/1994

# **Locations**

#### Countries of recruitment

Switzerland

# Study participating centre IUMSP

Lausanne Switzerland CH-1010

# Sponsor information

#### Organisation

Hospital of Morges (Switzerland)

#### **ROR**

https://ror.org/026qe1m81

# Funder(s)

#### Funder type

Government

#### Funder Name

Swiss National Science Foundation (Switzerland) (SNF 4034-35883)

#### Alternative Name(s)

Schweizerischer Nationalfonds, Swiss National Science Foundation, Fonds National Suisse de la Recherche Scientifique, Fondo Nazionale Svizzero per la Ricerca Scientifica, Fonds National Suisse, Fondo Nazionale Svizzero, Schweizerische Nationalfonds, The Swiss National Science Foundation (SNSF), SNF, SNSF, FNS

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

Switzerland

### **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	01/08/1994		Yes	No