# Hypnosis and self-hypnosis, administered and taught by nurses, for the reduction of chronic pain: a controlled clinical trial

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
06/09/2005		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
04/10/2005 Last Edited	Completed  Condition category	Results		
		Individual participant data		
10/09/2009	Signs and Symptoms	<ul><li>Record updated in last year</li></ul>		

Plain English summary of protocol

Not provided at time of registration

# Contact information

Type(s)

Scientific

Contact name

Dr Bernard Burnand

Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

# **Study objectives**

Hypnosis and auto-hypnosis do not reduce pain in patients with chronic pain

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Various conditions engendering chronic pain

#### Interventions

Hypnosis and auto-hypnosis administered and taught by trained nurses

# Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome measure

Level of pain (VAS)

# Secondary outcome measures

- 1. Physical activity (tridimensional accelerometer)
- 2. Health related quality of life (SF-36)

# Overall study start date

01/05/1993

# Completion date

31/12/1994

# Eligibility

## Key inclusion criteria

- 1. To be referred (including occasional self-referral) for the management of chronic pain
- 2. To live within manageable distances from the hospital
- 3. To be aged 18 or above
- 4. To understand and speak French adequately
- 5. To be able to see, hear and communicate (i.e. no alteration of consciousness)
- 6. To have no diagnosis of mental illness (e.g. psychosis)
- 7. To give informed consent

# Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

 $2 \times 65 = 130$ 

#### Key exclusion criteria

Patients were excluded from the study whenever they wished and/or when no conventional treatment could be proposed.

#### Date of first enrolment

01/05/1993

#### Date of final enrolment

31/12/1994

# Locations

#### Countries of recruitment

Switzerland

# Study participating centre

#### **IUMSP**

Lausanne Switzerland CH-1010

# Sponsor information

# Organisation

Hospital of Morges (Switzerland)

# Sponsor details

Morges Switzerland CH-1110

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/026qe1m81

# Funder(s)

# Funder type

Government

#### Funder Name

Swiss National Science Foundation (Switzerland) (SNF 4034-35883)

#### Alternative Name(s)

Schweizerischer Nationalfonds, Swiss National Science Foundation, Fonds National Suisse de la Recherche Scientifique, Fondo Nazionale Svizzero per la Ricerca Scientifica, Fonds National Suisse, Fondo Nazionale Svizzero, Schweizerische Nationalfonds, SNF, SNSF, FNS

# Funding Body Type

Private sector organisation

# **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

Switzerland

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	01/08/1994		Yes	No