

A randomised controlled trial of smoking cessation advice and nicotine replacement therapy delivered by dental hygienists in a dental setting

Submission date 07/12/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/12/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 19/09/2007	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title**Study objectives**

To determine the feasibility and efficacy of a smoking cessation intervention, delivered by dental hygienists in a cohort of periodontal patients attending an outpatient hospital department.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Glasgow Dental Hospital and School Area Dental Ethics Committee in January 2001.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet**Health condition(s) or problem(s) studied**

Smoking addiction

Interventions

Intervention arm: smoking cessation advice based on the 5As (Ask, Advise, Assess, Assist, Arrange) and Nicotine Replacement Therapy (NRT)

Control arm: usual care (very brief advice)

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Self -reported quit rates validated by Carbon Monoxide (CO) and salivary cotinine

Secondary outcome measures

1. Changes in smoking behaviour including reduction in number of cigarettes (and change in cotinine levels), and increase in numbers of quit attempts

Overall study start date

01/04/2001

Completion date

01/04/2004

Eligibility

Key inclusion criteria

1. Adult (more than 16 years) smokers of at least ten cigarettes
2. Informed consent

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

120

Key exclusion criteria

1. Adult (more than 16 years) smokers of less than ten cigarettes
2. Currently receiving smoking cessation therapy elsewhere

Date of first enrolment

01/04/2001

Date of final enrolment

01/04/2004

Locations

Countries of recruitment

Scotland

United Kingdom

Study participating centre
Level 8
Glasgow
United Kingdom
G2 3JZ

Sponsor information

Organisation
University of Glasgow (UK)

Sponsor details
University Avenue
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Scotland
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Sponsor type
University/education

Website
<http://www.gla.ac.uk/>

ROR
<https://ror.org/00vtgdb53>

Funder(s)

Funder type
University/education

Funder Name
The University of Glasgow (UK) - covering the cost of cotinine analysis

Funder Name
Smoking Concerns (UK) - local NHS Stop smoking body, donating NRT

Funder Name

All other costs were covered internally by NHS departments taking part in the trial

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	02/05/2007		Yes	No