

Mechanical Plantar heel pain (MPHP) and its response to a gastrocnemious-stretching programme

Submission date
29/09/2006

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
29/09/2006

Overall study status
Completed

☐ Statistical analysis plan

☐ Results

Last Edited
21/04/2015

Condition category
Musculoskeletal Diseases

☐ Individual participant data

☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0284168580

Study information

Scientific Title

Mechanical Plantar heel pain (MPHP) and its response to a gastrocnemious-stretching programme

Study objectives

Does the stretching programme reduce the symptoms of MPHP?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Mechanical plantar heel pain

Interventions

Participants will be taken from outpatient clinic and given a series of stretching exercises then after the 6 week period will be asked to fill in questionnaires.

Participants will be randomly allocated into 2 groups:

Group A: stretching programme

Group B: will be the control and be required to continue as normal for the 6 week duration of the study

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

20/09/2005

Eligibility

Key inclusion criteria

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

20/06/2005

Date of final enrolment

20/09/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Wigan Lane

Wigan

United Kingdom

WN1 2NN

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Wrightington, Wigan and Leigh NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration