ISRCTN32329901 https://doi.org/10.1186/ISRCTN32329901

Mechanical Plantar heel pain (MPHP) and its response to a gastrocnemious-stretching programme

Submission date 29/09/2006	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 29/09/2006	**Overall study status** Completed	
Last Edited 21/04/2015	**Condition category** Musculoskeletal Diseases	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Mr S Fieldhouse

Contact details
Wigan Lane
Wigan
United Kingdom
WN1 2NN

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0284168580

Study information

Scientific Title
Mechanical Plantar heel pain (MPHP) and its response to a gastrocnemious-stretching programme

Study objectives
Does the stretching programme reduce the symptoms of MPHP?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Musculoskeletal Diseases: Mechanical plantar heel pain

Interventions
Participants will be taken from outpatient clinic and given a series of stretching exercises then after the 6 week period will be asked to fill in questionnaires.

Participants will be randomly allocated into 2 groups:
Group A: stretching programme
Group B: will be the control and be required to continue as normal for the 6 week duration of the study

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Not provided at time of registration

Secondary outcome measures
Not provided at time of registration

Overall study start date
20/06/2005

Completion date
20/09/2005

Eligibility

Key inclusion criteria
Not provided at time of registration

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
20/06/2005

Date of final enrolment
20/09/2005

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Wigan Lane
Wigan
United Kingdom
WN1 2NN

Sponsor information

Organisation
Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details
The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type
Government

Funder Name
Wrightington, Wigan and Leigh NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration