# Physical activity level as an outcome measure for use in cancer cachexia trials: a feasibility study

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
05/09/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
05/12/2007	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
17/08/2012	Cancer	

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

#### Protocol serial number

Version 1.1

# Study information

#### Scientific Title

#### Study objectives

Patients with lung or upper-gastrointestinal cancer will find the wearing of an activity monitor over one week acceptable. This has been defined as 80% of patients finding the device acceptable, demonstrated by them wearing the monitor 80% of the time.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the Oxfordshire Research Ethics Committee A Study on the 8th March 2007 (ref: 07/Q1604/16).

#### Study design

Non-randomised, unblinded single-group design

#### Primary study design

Interventional

#### Study type(s)

Quality of life

#### Health condition(s) or problem(s) studied

Palliative care in cancer patients

#### **Interventions**

Use of an ActivPAL free-living activity monitor (PAL technologies, Glassgow, UK) to assess free-living activity over one week. There is no control group in this trial, the activity monitors will be used for a period of one-week and, as we are assessing acceptability as a primary endpoint, there is no follow-up beyond this period.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Percentage acceptability of assessing physical activity level with an ActivPAL monitor over one week in patients with lung or upper gastro-intestinal cancer.

#### Key secondary outcome(s))

1. Correlation between the stepping component and the non-stepping component of the activity score

2. Limits of agreement between the measured stepping component of the activity score and an estimate of the stepping component based on step count; step count for each participant multiplied by the mean 'activity per step' calculated from all participants

All secondary endpoints will be assessed retrospectively, after one week, using the data uploaded from the activity monitors.

#### Completion date

01/05/2008

# Eligibility

#### Key inclusion criteria

- 1. Diagnosis of lung or upper-gastrointestinal cancer
- 2. Eastern Cooperative Oncology Group performance status of 0 2
- 3. Adequate understanding of verbal and written English

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

#### Key exclusion criteria

- 1. Currently receiving chemo-radiation therapy
- 2. Less than four weeks post surgery

#### Date of first enrolment

01/08/2007

#### Date of final enrolment

01/05/2008

#### Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre Macmillan Reader in Palliative Medicine and Medical Oncology Nottingham

# Sponsor information

#### Organisation

University of Nottingham (UK)

#### **ROR**

https://ror.org/01ee9ar58

# Funder(s)

#### Funder type

Charity

#### **Funder Name**

Cancer Research UK (UK) (Ref: C18598/A8211)

#### Alternative Name(s)

CR\_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Other non-profit organizations

#### Location

**United Kingdom** 

### **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

**Study outputs** 

Output type Details
Results article results

Date created Date added Peer reviewed? Patient-facing?

01/12/2010

Yes