

# Evaluating EQUIP with offenders who have intellectual and developmental disabilities

<b>Submission date</b> 30/06/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/06/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/08/2013	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
8206

## Study information

**Scientific Title**  
An evaluation of EQUIP with offenders who have intellectual and developmental disabilities: a single centre non-randomised interventional treatment study

**Study objectives**

This study is a pragmatic single case series examining a group based psychological intervention for men with intellectual and developmental disabilities who have been detained in hospital because of problematic illegal behaviour.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Cambridgeshire 4 NHS Research Ethics Committee approved on the 10th December 2009 (ref: 09/H0305/103)

**Study design**

Single centre non-randomised interventional treatment trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Topic: Mental Health Research Network; Subtopic: Learning difficulties development disorders;  
Disease: Learning difficulties

**Interventions**

The intervention that we are piloting is referred to as EQUIP, and is delivered in a group format. This is not an acronym, and refers to the idea that the treatment is meant to equip offenders with the skills and abilities they need in order to avoid re-offending. The treatment draws on theoretical models from developmental psychology, namely, moral reasoning theory.

Group therapy duration: hourly sessions spread over four days in the week, for 14 weeks.

Follow-up length: 2 months

Study entry: registration only

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Moral Reasoning, measured pre- and post-treatment

**Key secondary outcome(s)**

1. Anger, measured pre- and post-treatment
2. Behavioural observations, measured pre- and post-treatment
3. Problem solving ability, measured pre- and post-treatment

**Completion date**

31/01/2010

# Eligibility

## Key inclusion criteria

1. Male, lower age limit of 17 years
2. Diagnosis of an intellectual disability (intelligence quotient [IQ] less than 70) or developmental disability
3. Detention under the Mental Health Act
4. A patient on our ward

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Sex

Male

## Key exclusion criteria

1. Patients who are acutely mentally ill such that they are judged to be unlikely to have capacity to give consent to take part, or are unlikely to be able to actively participate in the group
2. Patients who lack capacity
3. Patients who decline participation within the clinical intervention

## Date of first enrolment

15/01/2010

## Date of final enrolment

31/01/2010

# Locations

## Countries of recruitment

United Kingdom

England

## Study participating centre

### School of Medicine

Norwich

United Kingdom

NR4 7TJ

# Sponsor information

## Organisation

University of Kent (UK)

## ROR

<https://ror.org/00xkeyj56>

# Funder(s)

## Funder type

Government

## Funder Name

National Institute for Health Research (NIHR) (UK) - National Coordinating Centre for Research Capacity Development (NCCRCD) fellowship

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2013		Yes	No