# Evaluating EQUIP with offenders who have intellectual and developmental disabilities

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>	
30/06/2010		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
30/06/2010	Completed	[X] Results	
Last Edited	Condition category	Individual participant data	
30/08/2013	Mental and Behavioural Disorders		

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

#### Type(s)

Scientific

#### Contact name

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## Additional identifiers

Protocol serial number 8206

# Study information

#### Scientific Title

An evaulation of EQUIP with offenders who have intellectual and developmental disabilities: a single centre non-randomised interventional treatment study

#### Study objectives

This study is a pragmatic single case series examining a group based psychological intervention for men with intellectual and developmental disabilities who have been detained in hospital because of problematic illegal behaviour.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Cambridgeshire 4 NHS Research Ethics Committee approved on the 10th December 2009 (ref: 09 /H0305/103)

#### Study design

Single centre non-randomised interventional treatment trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Topic: Mental Health Research Network; Subtopic: Learning difficulties development disorders; Disease: Learning difficulties

#### **Interventions**

The intervention that we are piloting is referred to as EQUIP, and is delivered in a group format. This is not an acronym, and refers to the idea that the treatment is meant to equip offenders with the skills and abilities they need in order to avoid re-offending. The treatment draws on theoretical models from developmental psychology, namely, moral reasoning theory.

Group therapy duration: hourly sessions spread over four days in the week, for 14 weeks.

Follow-up length: 2 months Study entry: registration only

#### **Intervention Type**

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Moral Reasoning, measured pre- and post-treatment

#### Key secondary outcome(s))

- 1. Anger, measured pre- and post-treatment
- 2. Behavioural observations, measured pre- and post-treatment
- 3. Problem solving ability, measured pre- and post-treatment

#### Completion date

31/01/2010

# **Eligibility**

#### Key inclusion criteria

- 1. Male, lower age limit of 17 years
- 2. Diagnosis of an intellectual disability (intelligence quotient [IQ] less than 70) or developmental disability
- 3. Detention under the Mental Health Act
- 4. A patient on our ward

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

Male

#### Key exclusion criteria

- 1. Patients who are acutely mentally ill such that they are judged to be unlikely to have capacity to give consent to take part, or are unlikely to be able to actively participate in the group
- 2. Patients who lack capacity
- 3. Patients who decline participation within the clinical intervention

#### Date of first enrolment

15/01/2010

#### Date of final enrolment

31/01/2010

# Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre School of Medicine

Norwich United Kingdom NR4 7TJ

# Sponsor information

#### Organisation

University of Kent (UK)

#### ROR

https://ror.org/00xkeyj56

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Institute for Health Research (NIHR) (UK) - National Coordinating Centre for Research Capacity Development (NCCRCD) fellowship

# **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2013	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	i No	Yes