# Evaluating EQUIP with offenders who have intellectual and developmental disabilities

Submission date	Recruitment status  No longer recruiting	Prospectively registered	
30/06/2010		☐ Protocol	
Registration date	Overall study status Completed Condition category	Statistical analysis plan	
30/06/2010		[X] Results	
Last Edited		Individual participant data	
30/08/2013	Mental and Behavioural Disorders		

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

8206

# Study information

#### Scientific Title

An evaulation of EQUIP with offenders who have intellectual and developmental disabilities: a single centre non-randomised interventional treatment study

#### Study objectives

This study is a pragmatic single case series examining a group based psychological intervention for men with intellectual and developmental disabilities who have been detained in hospital because of problematic illegal behaviour.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Cambridgeshire 4 NHS Research Ethics Committee approved on the 10th December 2009 (ref: 09 /H0305/103)

#### Study design

Single centre non-randomised interventional treatment trial

## Primary study design

Interventional

#### Secondary study design

Non randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Topic: Mental Health Research Network; Subtopic: Learning difficulties development disorders; Disease: Learning difficulties

#### Interventions

The intervention that we are piloting is referred to as EQUIP, and is delivered in a group format. This is not an acronym, and refers to the idea that the treatment is meant to equip offenders with the skills and abilities they need in order to avoid re-offending. The treatment draws on theoretical models from developmental psychology, namely, moral reasoning theory.

Group therapy duration: hourly sessions spread over four days in the week, for 14 weeks.

Follow-up length: 2 months Study entry: registration only

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Moral Reasoning, measured pre- and post-treatment

#### Secondary outcome measures

- 1. Anger, measured pre- and post-treatment
- 2. Behavioural observations, measured pre- and post-treatment
- 3. Problem solving ability, measured pre- and post-treatment

#### Overall study start date

15/01/2010

#### Completion date

31/01/2010

# **Eligibility**

#### Key inclusion criteria

- 1. Male, lower age limit of 17 years
- 2. Diagnosis of an intellectual disability (intelligence quotient [IQ] less than 70) or developmental disability
- 3. Detention under the Mental Health Act
- 4. A patient on our ward

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Male

#### Target number of participants

Planned sample size: 8; UK sample size: 8

#### Key exclusion criteria

- 1. Patients who are acutely mentally ill such that they are judged to be unlikely to have capacity to give consent to take part, or are unlikely to be able to actively participate in the group
- 2. Patients who lack capacity
- 3. Patients who decline participation within the clinical intervention

#### Date of first enrolment

15/01/2010

## Date of final enrolment

31/01/2010

## Locations

## Countries of recruitment

England

**United Kingdom** 

## Study participating centre School of Medicine

Norwich United Kingdom NR4 7TJ

# Sponsor information

## Organisation

University of Kent (UK)

## Sponsor details

Tizard Centre Canterbury England United Kingdom CT2 7NP

## Sponsor type

University/education

#### Website

http://www.kent.ac.uk/

## **ROR**

https://ror.org/00xkeyj56

# Funder(s)

## Funder type

Government

#### Funder Name

National Institute for Health Research (NIHR) (UK) - National Coordinating Centre for Research Capacity Development (NCCRCD) fellowship

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2013		Yes	No