# Acupuncture for irritable bowel syndrome: a pilot for a randomised controlled trial

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
22/06/2006		☐ Protocol		
Registration date 04/10/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
24/04/2009	Digestive System			

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Hugh MacPherson

#### Contact details

Department of Health Sciences Seebohm Rowntree Area 3 Heslington York United Kingdom YO10 5DD +44 (0)1904 321394 hm18@york.ac.uk

## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

#### **Study objectives**

That a randomised controlled trial is feasible and the design can be optimised on the basis of the pilot.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Solihull Local Research Ethics Committee approved on the 28th June 2006 (ref: 06/Q2706/3)

#### Study design

Randomised controlled trial pilot study

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

## Health condition(s) or problem(s) studied

Irritable bowel syndrome

#### **Interventions**

Group one: acupuncture plus usual General Practitioner (GP) care

Group two: usual GP care alone

## Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

IBS Symptom Severity and Global Impact Score

#### Secondary outcome measures

- 1. Quality of life
- 2. Anxiety and depression
- 3. Euro-QOL (EQ-5D) instrument
- 4. Medication and service use

#### Overall study start date

22/06/2006

#### Completion date

30/06/2008

## Eligibility

#### Key inclusion criteria

- 1. Consulted in primary care in the previous two years
- 2. Diagnosed with Irritable Bowel Syndrome (IBS) which meets the Rome II criteria
- 3. Aged over 18 years

#### Participant type(s)

**Patient** 

#### Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

30

#### Key exclusion criteria

- 1. Not currently having acupuncture
- 2. No haemophilia
- 3. Not diagnosed with cancer
- 4. No major abdominal surgery in the previous six months
- 5. Sufficient English to complete documentation

#### Date of first enrolment

22/06/2006

#### Date of final enrolment

30/06/2008

## Locations

#### Countries of recruitment

## England

**United Kingdom** 

Study participating centre
Department of Health Sciences
York
United Kingdom
YO10 5DD

# Sponsor information

## Organisation

University of York (UK)

## Sponsor details

Research Support Office Heslington York England United Kingdom YO10 5DD smf3@york.ac.uk

## Sponsor type

University/education

#### Website

http://www.york.ac.uk/research

#### **ROR**

https://ror.org/04m01e293

# Funder(s)

## Funder type

University/education

#### **Funder Name**

University of York (UK) - Innovation and Research Priming Fund Award

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2008		Yes	No