# Adjunctive heparin in moderate to severe ulcerative colitis: a randomised multicentre controlled trial

Submission date 23/01/2004	Recruitment status	Prospectively registered
23/01/2004	Stopped	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Stopped	Results
Last Edited	Condition category	☐ Individual participant data
24/04/2009	Digestive System	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Prof Roger Barton

#### Contact details

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# Additional identifiers

**Protocol serial number** B1034 R&D BARTON

# Study information

Scientific Title

## **Study objectives**

Ulcerative colitis (US) is characterised by a relapsing and remitting course. The mainstay of therapy for relapses is steroids, with non-responders needing immunosuppressants or surgery. Recently heparin has been used with encouraging results but has not been subjected to a randomised controlled trial. There are sound theoretical reasons why heparin might work, and if this is so, will not only lead to improved treatment for this lifelong disease, but also to further avenues of investigation of the aetiology of inflammatory bowel disease. The objectives are to test whether heparin given in combination with corticosteroids to patients presenting with moderate to severe ulcerative colitis will increase the proportion of patients responding to treatment when compared with patients receiving corticosteroids alone. This inaugural study for the Group would launch the study group, and would further stimulate enthusiasm for research, forming the basis for future collaborations between researchers in the Northern and Yorkshire regions and with the Northern and Yorkshire Clinical Trials and Research Unit.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Inflammatory bowel disease

#### **Interventions**

Heparin with corticosteroids versus corticosteroids alone.

TRIAL HALTED DUE TO POOR RECRUITMENT.

#### Intervention Type

Drug

### **Phase**

Not Applicable

## Drug/device/biological/vaccine name(s)

Heparin, corticosteroids

## Primary outcome(s)

The trial aims to assess the time to clinical response, the time to relapse, the health related quality of life of patients and the safety of the two treatment regimens.

## Key secondary outcome(s))

Not provided at time of registration

## Completion date

04/01/2001

# Reason abandoned (if study stopped)

TRIAL HALTED DUE TO POOR RECRUITMENT.

# **Eligibility**

## Key inclusion criteria

Patients presenting with moderate to severe ulcerative colitis

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

**Not Specified** 

#### Sex

**Not Specified** 

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

06/01/1998

## Date of final enrolment

04/01/2001

# Locations

## Countries of recruitment

**United Kingdom** 

England

## Study participating centre North Tyneside Hospital

Newcastle United Kingdom NE29 8NH

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive Northern and Yorkshire (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration